

INFO – SHEET

YS-2021-01-ESC "YOUTH4SUSTAINABILITY" 14 activity days + 2 travel days (dates will be confirmed)

Work: MANU / ENVI Participants: 12 Age limits: 18-30 Address of the workcamp: Ganību gatve 3, Bārbele, Bārbeles pagasts, Vecumnieku novads, LV-3905, Latvia Contact person: Renārs Manuilovs (+371 28663569)(as well WhatsApp)

GENERAL OVERVIEW

The project is realized by the youth association Jaunatne smaidam / Youth for Smile. The youth association is a non-profit non-governmental youth organization established in 2005.

The mission of the organisation - a strong and value-based children and youth nongovernmental organization, which purposefully pursues its goals, tasks and basic principles of action, acts as an impetus for strengthening society's growth and civil society principles.

The aims of the organisation are:

- To bring together children and young people with a view to promote their involvement in non-formal learning processes in order to develop a comprehensive capacity and ability to actively participate in community processes at local, national and international level;
- To foster the development of non-formal education, volunteering and peer education as an integral part of it, and to enhance its importance in the development of the local community;
- Promoting a healthy lifestyle for young people.

The tasks of the organisation are:

• To develop and promote youth initiatives, creating favourable conditions for their intellectual and creative development;



- To provide young people with the opportunity to acquire the skills, knowledge and competences necessary for life through non-formal education;
- Provide young people with an opportunity to make good use of their leisure time;
- Provide young people with access to relevant information for their development needs.

Our target group is children and youth in Bauska and Vecumnieki municipalities. Through our activities we actively involve all community.

Website: www.jaunatnesmaidam.lv

Facebook: <u>www.facebook.com/youth4smile</u> Instagram: <u>www.instagram.com/youth4smile</u> Mobile phone: +371 28663569



"YOUTH FOR SMILE" is a member organisation in the ALLIANCE of European Voluntary Service Organisations. The Alliance of European Voluntary Service Organisations (<u>www.alliance-network.eu</u>) promotes intercultural education, understanding and peace through voluntary service. International Voluntary Service (IVS) strives for a fairer world, one that is more sustainable, healthier and with more balanced resources and social justice that will lead toward the development of people, communities, their happiness

and solidarity.

Service

Organisations

As the part of Alliance and part of the IVS movement, we stand for values and ideas such as social inclusion and accessibility, gender equality, sustainability and climate justice, peace, human rights and freedom of movement. In order to take a stand on these stirring issues, we run and support a range of campaigns.



What is the European Solidarity Corps?

The European Solidarity Corps is the new European Union initiative which creates opportunities for

young people to volunteer or work in projects in their own country or abroad that benefit communities and people around Europe.

The European Solidarity Corps brings together young people to build a more inclusive society, supporting vulnerable people and responding to societal challenges. It offers an inspiring and empowering experience for young people who want to help, learn and develop.

These general principles of conduct take into account the great variety of potential participants, organisations and environments in which activities may be performed. They should be adapted to the specific circumstances of each activity.



As a European Solidarity Corps participant, one agrees to uphold the following principles:

- European Solidarity Corps participants embrace the values of solidarity, respect for human dignity and human rights, and believe in the promotion of a fair and equal society in which pluralism, non-discrimination, tolerance, justice, solidarity and equality prevail;
- European Solidarity Corps participants strive to enhance solidarity between people, while respecting their cultures and their traditions, and aim to build a community of shared responsibilities and mutual support;
- European Solidarity Corps participants are willing to make meaningful contributions to society and will show solidarity, cooperation and mutual understanding;
- European Solidarity Corps participants must not act in any way that could put others or themselves at risk of being harmed;
- European Solidarity Corps participants must respect the rules, organisational structure and practices that govern the hosting organisation, bearing in mind also that this frame may be necessary to respect the personal health, safety and dignity of individuals involved in the activity. European Solidarity Corps participants must also abide by the laws in force in the host country;
- joining the European Solidarity Corps must always be the voluntary choice of a young person, and they are free to resign from the initiative. They have the right to refuse to accept any offer of a Corps placement without affecting their chance to receive other offers in the future;
- the participation in the European Solidarity Corps does not involve the payment of any fee;
- at the end of their placement, European Solidarity Corps participants are entitled to receive a European Solidarity Corps certificate, confirming their participation in the activity;
- when accepting a placement for a volunteering activity, European Solidarity Corps participants will sign a Solidarity Contract with the participating organisation, detailing the conditions of their activity, in line with the principles of the European Solidarity Corps Charter. For an occupational activity, the employment contract will serve a similar purpose;
- prior to the start of the activity and during their deployment, European Solidarity Corps participants will receive clear information about the tasks they will carry out and, where appropriate, adequate training and linguistic support.



The aim of the project is to develop the Youth House as a center of community initiatives - a place where it is possible to create, experience and be together. Sustainable development is also an important aspect of this project. During the project, one short-term volunteer work camp will be implemented in the Bārbele parish of Vecumnieki municipality. In order to get involved in youth groups, in the surroundings of Barbele village, as well as in the improvement of Youth houses. We intend to start a community park up to Youth Home. Already, children, young people and families are gathering around the Youth house. Alongside the Youth house, the municipality has set up a children's playground for the youngest people in the village of Barbele. We intend to create common gardens with great herbs and teas, to make the surrounding area more attractive, and to educate on environmental diversity and permaculture. Not only volunteers but also locals will participate in the creation of the community park - creating permaculture beds, planting trees and shrubs, creating paths and various environmental elements.

At the local level, the goal is a well-maintained environment all the way to the Youth House, raising awareness of environmental positive and intercultural education. This project is essential as well as the promotion of civic participation as we want to use the planned activities together and in several communities. Through design, we want to promote the international volunteering camp and encourage young people with fewer opportunities to participate in volunteering activities in the regions and around the world.

LOCATION

Work camp will be organized in Bārbele village, Vecumnieki municipality. The administrative centre of the municipality is Vecumnieki located 50 km from Rīga and 30 km from Bauska. More information about region - https://www.tourism.bauska.lv/en/ . More about Latvia - https://www.latvia.travel/en.

ACCOMMODATION & FOOD

Living conditions are very basic. Volunteers will be accommodated in rural farm. Sleeping will be on the mattresses or beds. There will be two common rooms for sleeping. Toilets and washing facilities will be provided. Cooking will be done by volunteers themselves in the kitchen. Volunteers should bring their sleeping bags. Do not forget some traditional or typical food from your home country for the international evening. **!!!There is no possibility to separate sleeping place!!!**

WHAT TO BRING Please, bring with you:



- sleeping bag;
- your own medicines;
- towels;
- swimsuit;
- mosquito repellent and something for allergies if you have any;
- mask, ear taps (if you are particularly sensitive to dust or loud noise, please, preview in advance your protective materials);
- pictures, photos, videos concerning your country, traditional snacks, food and drinks;
- recipes and spices (hopefully, you can demonstrate cooking simple country cuisine!);
- typical games of your country;
- musical portable instruments you are able to play;
- do not forget your smile!!!

In the place of accommodation it is not possible to lock up personal items such as laptops, iPhones, iPads, cameras, etc. and protect them from the damage or theft. YOUTH FOR SMILE takes no responsibility for the damage or theft of personal items brought to the camp. We therefore advise participants to insure their items or not to bring them to the camp.

INSURANCE

Participants from the EU countries should bring their EU health insurance form.

BASIC INFORMATION ABOUT LATVIA

Latvia, the pearl of the Baltic States, is one of the European Union member states and is situated in the North of Europe – on the shores of the Baltic Sea. Since ancient times Latvia has been at the cross-roads between East and West, North and South. Therefore, Latvia is a multi-cultured state, where the traditions of all these countries have merged, creating a unique environment.

In Latvia one can relax without particular worries or risk both in the country-side and in the cities. If basic safety precautions are taken, travelling in Latvia will be safe and worry-free.

Internet, phone and e-mail. As a developed country of the European Union, all modern communication services are available in Latvia. Communications are developed in Latvia – it has one of the fastest Internet speeds in the world and mobile



connections are available throughout almost the entire territory, there are ATMs in all cities and it is possible to pay by credit card. Since 2014 we use EURO as national currency.

As in every European Union Member State, **safety** in Latvia is ensured by several services that you can call 24-hours a day. You should call 112 (free of charge) in any extreme situation. Calling 112 will connect you with the State Fire-fighting and Rescue Service, where you will be further connected both with the police, the emergency medical service, and fire fighters. The police can be contacted from landlines by calling the number 112; in emergencies please dial calling 113.

Latvian is the official language of Latvia. To feel more comfortable while enjoying your holiday in Latvia, we wish to offer you a number of useful expressions and words in the Latvian language that would certainly make communicating with the people of Latvia easier and the journey even more pleasant!

Around a million and a half people consider Latvian to be their native language, of whom most, or ca. 1.3 million, live in Latvia. Latvian is a rare language; it is part of the Indo-European language family and together with Lithuanian forms the Baltic branch. The Latvian language began to emerge in the seventh century as the languages of the ancient Latvian tribes – the Latgalians, Semigallians and Selonians – fused, incorporating many borrowed words from the language of the Livonians, a Finno-Ugric tribe living in Latvia. Also, borrowings from German, Scandinavian, Old Russian and Latin languages have entered the Latvian language over the course of the centuries.

It is worth remembering that Latvian is related to Lithuanian, yet the languages are not mutually freely intelligible to their speakers. Whereas in the third Baltic country, Estonia, the completely different Estonian language is spoken, which belongs to the Finno-Ugric family.

When travelling in Latvia, some frequently used Latvian phrases may come in handy: Thank you - Paldies Please/you're welcome - Lūdzu Good morning - Labrīt Good day/afternoon - Labdien Good evening - Labvakar Hello/greetings - Sveicināti Good-bye/see you again - Uz redzēšanos Good night - Ar labu nakti

More information about Latvia you can find in:



www.latvia.travel.lv www.latvia.eu