



# INEX-SDA

## WORKCAMPS 2026

### CZECH REPUBLIC



#### ABOUT INEX-SDA

INEX – Association of Voluntary Activities is a non-governmental not-for-profit organization founded in 1991 to carry out and support international voluntary work and intercultural education. We arrange voluntary placements abroad for Czech volunteers and organize voluntary projects in our country for incoming foreign volunteers. Annually we send 300 volunteers abroad to short-term or long-term projects and welcome around 200 volunteers in the Czech Republic.

The mission of INEX-SDA is to:

1. encourage the development of a respectful and open society,
  2. promote an active and responsible approach to the world around us both locally and globally.
- Our tools are international voluntary projects, educational programs and campaigns.

We create space in which especially people can gain new experiences, expand their skills and develop their views of the complexity of the world around them.

### **BASIC GENERAL INFORMATION FOR WORKCAMP PARTICIPANTS**

**Age limit:** Minimum age is 18 years. If not stated differently, there is no maximum age limit. For family workcamps, the age limit for children is 1+.

**Duration of the projects:** 3 - 16 days

**Number of volunteers per project:** 5 - 20 volunteers + 1-2 campleaders

**Project language:** English

**Working hours:** Approximately 6 hours per day with 1-2 free days/week

#### **Insurance:**

INEX-SDA provides basic liability insurance for project participants above 15 years old. INEX-SDA does not provide any travel health insurance or COVID-19 insurance for the workcamp participants. Nevertheless, volunteers cannot stay at the workcamp without this insurance! We strongly advise volunteers to arrange additional travel insurance for the whole duration of the workcamp including travel days. The insurance should cover all the activities listed in the infosheet. Volunteers need to bring all the necessary documents along with them. Volunteers from the EU need to bring their EHIC cards as well.

#### **Study part:**

Excursions, discussions, workshops, guided tours or intercultural evenings for the public are planned as part of each project depending on the local possibilities. In this way, INEX-SDA supports non-formal (intercultural) learning connected to the projects' topics or the location of the workcamp.

#### **Other requirements:**

No special knowledge or skills are required, but enthusiasm and interest in the project are necessary. For ESC projects and projects with children, we ask for a detailed motivation letter, according to the Czech law for projects with children we ask also for a certificate of good conduct and a medical form filled in and signed by a doctor. After acceptance of the volunteer, INEX-SDA will send you a template of these forms. Please note the additional information in the project descriptions.

#### **Participation fee:**

Due to limited outgoing resources of INEX-SDA, we kindly ask participants to contribute 30 EUR (20 EUR/VSTV) towards the costs of general incoming administration of our workcamps. The fee needs to be sent to us by a bank transfer latest one month before the workcamp starts. Please note that this fee does not directly contribute to the workcamp budgets.

For family workcamp we ask participants to contribute with a fee (30 EUR/adult and child from 15 years old, 102 EUR/child from 5 to 14,9 years old) which covers the costs of some free time activities and/or accommodation and food. The fee needs to be sent to us by a bank transfer in advance.

**Cancellation policy:** The fee is non-refundable. In case of cancellation due to force majeure (for example injury, rejected visa etc.), we will ask for proof and solve it on an individual basis.

#### **Campleaders:**

Our workcamps are led by 1-3 campleaders (according to the size of the group) who coordinate the everyday life in the group. They cooperate with the local partners and facilitate decision-making in the group. Our campleaders are required to complete an intensive 3-day training specially designed

to their needs, first aid training and a preparatory visit at the workcamp location with the local partner.

#### **Inclusive volunteers:**

We welcome volunteers with fewer opportunities at our workcamps. Placement to the right project will be based on volunteers' needs and cooperation between all the parties involved. We use A4A tools. The placement of volunteers with fewer opportunities is mainly upon the agreement with our local partners. Do not hesitate to contact us to discuss the possibilities.

### **CLASSIFICATION OF THE INEX-SDA WORKCAMP**

Our workcamps can be classified into four thematic groups:

#### **1. Help the Community (project code starts with 1)**

The projects take place in small rural communities and focus on the sustainable development of the villages and the surrounding countryside (there are also projects in cities). Volunteers support local municipalities and non-governmental organizations by helping with renovation, organization of local festivals and events and preparing activities for children and youth.

#### **2. Help the Landmarks (project code starts with 2)**

The projects focus mainly on the preservation and renovation of historically significant objects such as castles, historical cemeteries, churches and other monuments. The volunteers will get familiar with the history of the Czech Republic. Through their practical work awareness of the importance of preserving historically and culturally important sites is raised.

#### **3. Help the People (project code starts with 3)**

The volunteers support various social projects which offer help to people facing social exclusion, children and youth, the elderly, people with special needs and others. According to the needs of the local partner, the volunteers do manual work (e.g. renovation, maintenance, construction work) or work directly with the projects' clients.

#### **4. Help the Nature (project code starts with 4)**

The projects aim at environmental protection and education towards an environment-friendly lifestyle. The volunteers will do practical environmental work in natural preserves, forests and other environmentally important areas. Most of the work takes place outdoors and can include planting trees, scything protected meadows, reviving springs, etc.

### **OUR CONTACT DETAILS**

#### **Workcamp coordinator (senior supervisor for incoming, outgoing, ESC)**

Jaroslav Kamody – [jaroslav.kamody@inexsda.cz](mailto:jaroslav.kamody@inexsda.cz)

**INCOMING** contact persons:

Klára Johnová – Incoming Coordinator and Campleaders Coordinator , email: [projekty.cr@inexsda.cz](mailto:projekty.cr@inexsda.cz), [campleaders@inexsda.cz](mailto:campleaders@inexsda.cz)

Marine Lecoq – Incoming Placement Officer, email: [incoming@inexsda.cz](mailto:incoming@inexsda.cz)

Alena Cabalka – Inclusion, email: [workcamp@inexsda.cz](mailto:workcamp@inexsda.cz)

Phone (office): +420 222 362 715

Emergency phone (mobile phone): +420 774 736 594

**OUTGOING** contact person:

Alena Cabalka – Outgoing Placement Officer, LTV, inclusion, email: [outgoing@inexsda.cz](mailto:outgoing@inexsda.cz)

Phone (office): +420 222 362 713

Emergency phone (mobile phone): +420 731 163 670

**ESC** – contact person:

Renáta Míchalová, [esc@inexsda.cz](mailto:esc@inexsda.cz)

**Our address:**

**INEX-SDA**

Varsavska 30, 120 00 Praha 2, Czech Republic

[www.inexsda.cz](http://www.inexsda.cz)

## Workcamps 2025

CODE	NAME	DATES	VOLS	FEE	Special Remarks
<b>1. ESC projects</b>					
SDA 26-ESC-A1	ESC Cultivate Rochlov Castle Gardens	6.7.-20.7.2026	8+2	0€	18-30 years
SDA 26-ESC-A2	ESC Centre for All: Adventure Afloat	8.7.-22.7.2026	10+2	0€	18-30 years
SDA 26-ESC-A3	ESC Collect Herbs and Make Tea in Bíle Karpaty	17.7.-31.7.2026	12+2	0€	18-30 years
SDA 26-ESC-A4	ESC Summerland for Children	1.8.-15.8.2026	8+2	0€	18-30 years
SDA 26-ESC-A5	ESC Assist the Elderly in Prague	TBC 2.8.2026-16.8.2026	6+1	0€	18-30 years
SDA 26-ESC-A6	ESC Permaculture in Practice - Learn and Act!	1.8.-15.8.2026	10+2	0€	18-30 years
SDA 26-ESC-A7	ESC Shared life in a diverse community	11.8.-25.8.2026	7+1	0€	18-30 years
<b>2. Community workcamps</b>					
SDA 26-100	Ghosts of the Ore Mountains	6.-12.7.2026	6+1	30€	18+
SDA 26-101	Green Oasis in Odolena Voda	1.8.-16.8.2026	15+2	30€	18+
SDA 26-102	Get creative, paint cabins, drink Mattoni!	17.8.25.8..2026	10+2	30€	18+
<b>3. Renovation/cultural heritage workcamps</b>					
SDA 26-200	Treasures of Jewish Culture in Holesov	14.7.-26.7.2026	6+1	30€	18+
<b>4. Social workcamps</b>					
SDA 26-300	Together for Youth : Inclusion and Community in Usti	12.7.-26.7.2026	10+2	30€	18+
<b>5. Environmental workcamps</b>					
SDA 26-400	Seeds of Beskydy	15.8.-30.8.2026	15+2	30€	18+
SDA 26-401	Guardians of Wildlife for FAMILY workcamps	1.8.-9.8.2026	30+3	30€ for adults and child from 15 yo, 102€ for children from 5-14,9 yo	For Families from the age 1+
SDA 26-402	Back to the Nature Youth	28.8.-12.9.2026	6+2	30€	18+
<b>6. Weekend workcamps</b>					
SDA 26-W01	From Rectory to the Theater in Zubrnice; Společně pro faru v Zubrnících	25.4.-26.4.2026	20+1	30€	17+

SDA 26-W02	Weekend of Open Gardens at Veseli castle	5.-7.6.2026	8+2	30€	18+
SDA 26-W03	Wild & Cosy: Wetlands Glamping Weekend	19.-21.6.2026	6+1	30€	18+

## INEX-SDA WORKCAMPs 2026

### 1. ESC PROJECTS

#### SDA 26-ESC-A1 Cultivate Rochlov Castle Gardens

**Date: 6.7.2026 - 20.7.2026**

REN/FEST/MANU/ENVI

Vols: 8 + 2 campladers

Age: 18-30

Requirements/note: Motivation letter

**Project:** MAS Radbuza is one of 180 local action groups in the Czech Republic, working to protect and develop nature, landscape, cultural heritage, and a healthy environment through cooperation with local actors. The project is organised in cooperation with the castle grounds in Rochlov and focuses on their revitalisation as a cultural and natural site. The main goal is to enhance the castle grounds through landscaping, planting greenery, and introducing new plants and animals to support biodiversity, sustainability, and public use. The project contributes to SDG 11 (Sustainable Cities and Communities) and SDG 15 (Life on Land).

**Work:** The work includes practical tasks linked to the revitalisation of the castle grounds and buildings. Volunteers will help build and prepare animal enclosures (there are sheep, lamas, kangaroos) , paint and maintain fences, and carry out simple interior renovation work inside the castle. They will also assist with preparing outdoor spaces for cultural and community events, including a Baroque festival with music, historical tours in costume, a local market, and a fire show. The work is mildly physically demanding and involves painting, light construction, carrying materials, and basic maintenance. Tools and protective equipment are provided. In case of rain, work moves indoors.

The work is situated at the same place as the accommodation.  
Volunteers will walk the distance and work on the castle grounds.

**Study part:** The programme includes a guided visit to the regional capital Plzeň, known for its beer tradition. Volunteers will be introduced to the city's history, cultural heritage, and urban development, gaining insight into its role as an important regional centre.

**Accommodation/Food:** Accommodation will take place at **Rochlov 1, 330 23 Rochlov, Czechia GPS 49.7313222N, 13.1450836E.**

Volunteers will be accommodated in shared housing with four rooms and will sleep on beds with duvets and pillows. The accommodation includes a washing machine, refrigerator, kitchenette, and Wi-Fi. Sanitary facilities consist of two showers and two toilets, with additional toilets available on site. Volunteers will take part in meal preparation; some meals will be prepared by the group, while others will be provided or prepared with support from the host.

**Leisure time:** Leisure activities include trips to a nearby dam or pond, playing soccer, using a gym suitable for seniors, video games, darts, and spending time in a local pub. The surrounding area also offers pleasant cycling and running trails for active relaxation.

**Location:** Rochlov is a small village in western Bohemia, located close to the regional capital Plzeň. Despite its rural setting, the village offers basic amenities such as a grocery store, restaurant, pedicure salon, and a local coffee roastery. If volunteers need access to a pharmacy or ATM, transport can be arranged. Mobile phone reception is available at the project location.

**Requirements:** Volunteers must bring a towel and insect repellent.

This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual projects; there will be detailed info provided after your acceptance. For more info about ESC visit [https://europa.eu/youth/solidarity\\_en](https://europa.eu/youth/solidarity_en).

**Directions to meeting point:** Rochlov 1, 330 23 Rochlov, Czechia GPS 49.7313222N, 13.1450836E

Nearest airport: Václav Havel Airport Prague 50.1083953N, 14.2621233E

Nearest bus station: Rochlov, rozc. 49.7270356N, 13.1436700E

The journey will last approximately 3h and will need from 2 to 3 changes

We will provide more details in the specific infosheet

**The impact of previous volunteers:** The areas and paddocks for animals are gradually being modified, more animals are arriving, and the exterior and interior of the castle are constantly being improved.

**SDA 26-ESC-A2 ESC Centre for All: Adventure Afloat**

**Date: 8.7.2026 - 22.7.2026**

DISA/SOCI/MANU

Vols: 10 + 2 CL

Age: 18-30

Requirements/note: sleeping bag, pillow, Declaration of non-infectiousness, Medical certificate for working with children, Sworn declaration of no criminal record, Motivation letter

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**Project:** This project is organised with cooperation with the local NGO The Center for All - a family-oriented community center offering inclusive leisure and educational activities for people of all ages and abilities, including children with disabilities. The organization supports

volunteer involvement as a key part of community life, encouraging learning, cooperation, and active participation. The main goal of the project is to provide respite care for families with disabled children through cooperation between Czech and international volunteers. Volunteers gain practical experience in inclusive care, communication, and community support while contributing to improved care practices. The project supports SDG 3 (Good Health and Well-being) and SDG 10 (Reduced Inequalities).

**Work:** During preparatory days, volunteers will help clean the camp premises, organise art materials and games, and prepare activities. Once the day camp starts, volunteers will support Czech staff in working with children and young people (from 6 to 25 years old) with physical and mental disabilities (like Down syndrome, Aspergers, people with cerebral palsy...). Tasks include assisting during activities, providing individual support, helping serve meals, washing dishes, and other daily operational duties. Volunteers often provide hands-on assistance adapted to each child's or youth's needs. The work can be mentally demanding and mildly physically tiring. Activities take place indoors or under shelters, allowing work to continue in all weather conditions. Children will be on-site from the 13th to the 17th of July, and each day they leave at the end of the afternoon. The rest of the time, the volunteers will have their free time and/or help the running staff.

This day camp will be from 13.7.-17.7. And the clients will always leave in the afternoon.

Work: Nádražní 81, 281 51 Velký Osek, Czechia GPS 50.1010322N, 15.1929206E

**Study part:** Volunteers will take part in a lecture on Centrum for All, learning about its mission, values, and approach to volunteering and community support. The session will introduce everyday experiences of people with mental disabilities and explain how to approach, communicate with, and support individual clients in a respectful and sensitive way. The programme could also include guided visits to the local museum, brewery, town centre, and municipal office. These activities offer insight into local institutions, civic life, and community cooperation, while encouraging dialogue and active participation.

**Accommodation/Food:** Volunteers will be accommodated at **the scout centre TORTUGA, Kolínská 282, Nymburk**. The accommodation and the day camp location are about 30 minutes apart by train.

[www.tortuganymburk.cz](http://www.tortuganymburk.cz)

Accommodation Kolínská 282/10, 288 02 Nymburk, Czechia GPS 50.1817981N, 15.0429314E

Volunteers will stay in shared accommodation, either all together in one room or divided into up to four rooms, depending on group preferences. Participants must bring their own sleeping bag and pillow. The accommodation includes a washing machine, refrigerator, kitchenette, and Wi-Fi. There are three toilets and three showers. Volunteers prepare breakfast and dinner on their own or together. During the camp programme, meals are fully provided by the host and eaten together with the children.

(On days spent outside the camp, meals will be organized by volunteers together with their leader, either through provided food supplies or individual purchases as needed. During the camp program, volunteers eat together with the children, and all meals are fully provided

and organized by the host organization.)-> see if it can be added to the PLATO project for the number of character

**Leisure time:** Popular excursion destinations could include Spa town Poděbrady, Prague or Kutná Hora, among the most visited and culturally significant locations in the region. It will depend on the group's decision.

**Location:** Nymburk is a larger town with full civic amenities, including a hospital, shops, educational facilities, and options for leisure and relaxation such as museums, breweries, and a swimming pool. Volunteers can also take day trips to Prague. Velký Osek is a smaller village with basic amenities, where volunteers will stay during the suburban camp, mainly in the Sokolovna complex. An ATM, pharmacy, and reliable mobile phone reception are available nearby. The daily commute to the worksite includes a short walk, a 15-minute train ride, and a brief walk to the destination.

(To go to the worksite, you have a 10 minutes walk to the train, 15 minutes train ride, 1 minute to the destination in the morning and back in the evening.) -> see if it can be added for more details

**Requirements:** Volunteers must bring a towel. Summer weather in the Czech Republic can be changeable, so warmer clothing for cooler days is recommended. Slippers are necessary for indoor use.

This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual projects; there will be detailed info provided after your acceptance. For more info about ESC visit [https://europa.eu/youth/solidarity\\_en](https://europa.eu/youth/solidarity_en).

**Directions to meeting point/accommodation:** Kolínská 282/10, 288 02 Nymburk, Czechia  
GPS 50.1817981N, 15.0429314E

Nearest airport:Václav Havel Airport Prague

Nearest bus station: Nymburk město, 50.1844750N, 15.0334350E

The journey will last approximately 2h and will need from 3 to 4 changes

We will provide more details in the specific infosheet

**What you need to take with you (in the specific infosheet):** Towel, Summer in the Czech Republic may not be particularly warm, so be prepared for cooler weather and bring slippers.

**The impact of previous volunteers:** This year we are celebrating 20 years of our activities and for our contribution we have received the **Nymburský stříbrný lev** (Nymburk Silver Lion) award <https://www.mesto-nymburk.cz/ceny-a-oceneni/ds-1060>.

This award also belongs to INEX and all volunteers, including those from abroad, who have ever lent a hand. We have been organizing summer camps and day camps for children and young people with disabilities throughout this time, and we want to continue doing so with you.

## SDA 26-ESC-A3 ESC Collect Herbs and Make Tea in Bíle Karpaty

Date: 17.7.2026 - 31.7.2026

ENVI/MANU

Vols: 12 + 2 campleaders

Age: 18-30

Requirements/note: sleeping bag, sleeping mat, Motivation letter

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**Project:** This project is organized in cooperation with Nova Lhota, a small Moravian village located in the White Carpathian Mountains on the Slovak border. The village runs an eco-centre and is very active in environmental activities and education. In the village, herbal tea blends from local types of herbs are produced. The project aims to involve volunteers in collecting herbs and fruits, getting to know the local culture and nature, and maintaining the public spaces, greenery and valuable flowery meadows. In this project, you will actively contribute to achieving UN SDG11 Sustainable Cities and Communities and UN SDG15 Life on Land.

**Work:** The work combines outdoor ecological activities with tasks linked to local tea production. Volunteers will maintain the natural garden at the eco-centre, care for planted trees, harvest herbs, and help with cleaning and upkeep of public spaces. A significant part of the work involves processing herbs in the tea workshop, including drying, crushing, filtering, filling tea bags, labeling, and packing products. The work is mildly physically demanding. In case of rain, activities move indoors and may include tea processing, eco-centre maintenance, or environmental and creative activities. Tools and protective equipment are provided; volunteers should bring suitable outdoor work clothing.

The work site is situated here:

- Work 1 Nová Lhota 131, 696 74 Nová Lhota, Czechia GPS 48.8670803N, 17.5957425E
- Work 2 same as accomodation 2

**Study part:** Volunteers will take part in introductory training on local tea production through a short excursion and a hands-on workshop in the natural garden. They will learn about cultivating, harvesting, and processing medicinal herbs and about principles of sustainable small-scale production. Towards the end of the project, participants will visit the White Carpathians Nature House in Veselí nad Moravou to gain broader insight into the region's biodiversity, natural environment, and conservation efforts.

**Accommodation/Food:** Volunteers will be accommodated at

- Accommodation 1: Nová Lhota 1, 696 74 Nová Lhota, Czechia GPS 48.8649194N, 17.5913181E, **Tourist hostel "Na faře" (At the Rectory), Nová Lhota No. 1, 696 75 Nová Lhota.**

<https://www.levneubytovani.net/ubytovani/ubytovna-nova-lhota/>

- Accommodation 2: Salaš Travičná, 696 62 Tvarožná Lhota-Strážnice GPS 48.8601622N, 17.3704361E, **A few days in a cottage-barn or under the open sky at**

**Salaš Travičná, address: Lučina, below the Travičná lookout tower, 696 62  
Tvarožná Lhota**

<https://lucina.tvaroznalhota.cz/salas-travicna>

Accommodation will be provided in several simple options within the village and its surroundings. Volunteers may stay in shared rooms in the local hostel, which offers five rooms suitable for group accommodation. During the workcamp, they will move for two nights to the additional place at Salaš Travičná, where volunteers can stay in a wooden barn or sleep outdoors under the open sky. For these options, participants need to bring their **own sleeping mat and sleeping bag**. Sleeping outdoors near the fire is encouraged for those who enjoy a closer connection to nature.

Basic facilities are available across the accommodation sites, including access to a washing machine, refrigerator, kitchenette, and Wi-Fi. Sanitary facilities consist of three toilets and five showers shared among volunteers.

Volunteers will have to prepare their breakfast, lunch and dinner from provided ingredients.

**Leisure time:** In their free time, volunteers can explore the surrounding White Carpathians through hiking and cultural activities. Options include a walk along the cycle path to the village of Vápenky, a hike to Velká Javořina, the highest peak in the area, and a visit to the historic windmill in Kuželov. It is also possible to arrange a boat trip on the Baťa Canal from Veselí nad Moravou. Social activities include international evenings at the eco-center or a local pub. Depending on timing, volunteers may attend the Horňácké folklore festival, take part in a nature art workshop, visit the lookout tower at Salaš Travičná, or swim in the Lučina reservoir.

**Location:** The project takes place in a small village in the White Carpathians, a region known for its rich biodiversity and rural character. Volunteers travel by train to Veselí nad Moravou and continue by bus to Nová Lhota. The village offers basic amenities, including a grocery store, hostel, pub, playgrounds, school, cultural centre, and church, with good bus connections. Local transport is arranged by municipal car to the Travičná chalet, followed by short walks on site. Mobile phone reception is available.

Volunteers would walk around the buildings (3-10 min), then transfer by municipal car. And then they will be driven to the Travičná chalet by car, then walk around the grounds (1-5 min).

**Requirements:** Proper, sturdy footwear is essential; regular sneakers are not sufficient. Volunteers must bring a sleeping pad and sleeping bag. Clothing suitable for both warm and cold or windy weather is required, as activities take place outdoors.

This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual projects; there will be detailed info provided after your acceptance. For more info about ESC visit [https://europa.eu/youth/solidarity\\_en](https://europa.eu/youth/solidarity_en).

**Directions to meeting point:**

Nearest airport: Václav Havel Airport Prague 50.1083953N, 14.2621233E

Nearest bus station: Nová Lhota, dolní zastávka, 48.8632964N, 17.5910606E

The journey will last approximately 6 hours and will need between 4 to 7 changes depending when you arrive at the airport

We will provide more details in the specific infosheet

**What you need to take with you (in the specific infosheet):** It is ESSENTIAL that participants have proper shoes, as sneakers alone are not sufficient, as well as a sleeping pad, sleeping bag, and clothing for warm and cold/windy weather!

**The impact of previous volunteers:** We have been cooperating with INEX for more than 10 years. In recent years, volunteers have helped, for example, to prepare the facilities for the social and cultural event (Village Day), and they regularly help with the processing of herbal teas from the region and the maintenance of greenery in the village. Their work consists mainly of small steps that contribute to a good impression of the village environment every year.

### SDA 26-ESC-A4 Summerland for Children

**Date: 1.8.2026-15.8.2026**

SOCI/KIDS

Vols: 8 + 2 campleaders

Age: 18-30

Requirements/note: sleeping pad, sleeping bag; Declaration of non-infectiousness, Medical certificate for working with children, Sworn declaration of no criminal record, Motivation letter

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**Project:** The project is organised in cooperation with a local initiative focused on community life, mental well-being, and non-formal education in a rural area of the Czech Republic. The organisation runs cultural and educational events, leisure activities for children and adults, psychotherapeutic counselling, and supports intergenerational networking. The main goal of the project is to offer children direct experience of cultural and linguistic diversity through shared activities with international volunteers, while allowing volunteers to gain insight into everyday life and values in rural Czech communities. The project contributes to SDG 3 (Good Health and Well-being) and SDG 4 (Quality Education).

**Work:** Volunteers will work directly with children aged 4–9 as part of a suburban day camp running from Monday to Friday. They will support and lead prepared daily activities together with the group. The camp theme is *Ferda the Ant and life in the meadow* and focuses on playful, creative, and experiential learning. Activities include artistic, musical, physical, and simple technical elements, with space for volunteers' own ideas. Volunteers will also accompany children on one full-day trip. Activities take place outdoors when possible and indoors if needed. The work is moderately physically demanding and involves no manual or technical labour.

The worksite is situated at the same address as the accommodation, no commute needed. Also, the children will be with the volunteers during the day (day camp) and leave in the afternoon.

**Study part:** Volunteers will be introduced to basic concepts of developmental psychology relevant to working with children aged 4–9. The programme covers different approaches to working with children, including communication and respectful conflict resolution. Volunteers will learn about the mental health prevention programme Zipy's Friends, focused on emotional resilience. Educational films on topics such as lack of freedom, social networks, and the environment will be screened, followed by discussions on children's mental well-being and prevention.

**Accommodation/Food:** Accommodation will take place at **Náves 95, 330 01 Kyšice, Plzeň Region, Czechia GPS 49.7547144N, 13.4851381E, [www.kc-kysice.eu](http://www.kc-kysice.eu).**

Volunteers will stay together in one shared room and sleep on their own sleeping pad and in their own sleeping bag. The accommodation includes a refrigerator, kitchenette, and Wi-Fi. Sanitary facilities are shared and consist of five toilets and two showers. Volunteers will prepare their own breakfast and dinner.

**Leisure time:** Volunteers can relax by the water at nearby sites such as Lake Ejpovice or the Huť swimming pool. A visit to Plzeň is planned, offering opportunities to explore the city's cultural life and landmarks. Community-oriented evenings will be organised with local residents, including singing by the fire and informal gatherings. Volunteers can also enjoy international evenings, board game nights, and full-day trips into the surrounding nature for hiking, relaxation, and exploring the local landscape.

**Location:** The project takes place in a newly built community center in the village centre, equipped with a kitchen, clubhouse, classroom, gym, and garden with a fireplace. The village offers basic amenities such as a grocery store, pub, and post office, as well as sports facilities. A swimming lake with a restaurant and beach volleyball is located about 2 km away. Plzeň is reachable by bus, approximately 6 km away, with hourly connections. The surrounding area is forested and suitable for nature trips. Mobile phone reception is available.

**Requirements:** Volunteers will need a towel.

This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual projects; there will be detailed info provided after your acceptance. For more info about ESC visit [https://europa.eu/youth/solidarity\\_en](https://europa.eu/youth/solidarity_en).

**Directions to meeting point:** Náves 95, 330 01 Kyšice, Plzeň Region, Czechia GPS 49.7547144N, 13.4851381E

Nearest airport: Václav Havel Airport Prague 50.1083953N, 14.2621233E

Nearest train station: Kyšice, 49.7544900N, 13.4846106E

The journey will last approximately 2h30 and will need from 3 to 4 changes

We will provide more details in the specific infosheet

**The impact of previous volunteers:** This will be the third camp for children in a row, and it gives them greater openness. They learn that the unknown is not something to be afraid of. The children practice their language skills, but they also gain experience that will give them an advantage against the xenophobic view of the world that can be reinforced by life in the countryside.

### **SDA 26-ESC-A5 Assist the Elderly in Prague**

**Dates: TBC 2.-16.8.2026**

DISA/SOCI/MAN

Vols: 6+1 campleaders

Age: 18-30

Requirements/note: Declaration of non-infectiousness, Medical certificate for working with elderly , Sworn declaration of no criminal record, Motivation letter

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**Project:** The project takes place in a special care home for seniors with cognitive impairment who require daily support. Volunteers will assist with activation programmes, group activities, and individual interactions such as talking, listening to music, or accompanying clients on short walks, always under the guidance of professional staff. The main goal is to create intergenerational and intercultural encounters that strengthen mutual understanding, reduce isolation, and build empathy. The project supports emotional well-being and inclusion of people with cognitive impairments and contributes to SDG 3 (Good Health and Well-being) and SDG 10 (Reduced Inequalities).

**Work:** The work focuses on preparing and supporting group activity programmes for clients of the care home, as well as minor gardening tasks to maintain and improve the outdoor environment. No specific physical skills are required. In case of rain, volunteers will carry out indoor tasks such as sorting and cleaning storage areas and supporting individual activities with clients, including simple activation exercises.

All activities take place at the care home at **Parmská 390, Prague 15.**

Transport from accommodation to the workplace is provided by public buses (20min ish)

**Study part:** A short introductory talk on **palliative care** will be prepared for volunteers.

The session will explain what palliative care is, why it is important, and how it supports people with serious illness to live with dignity, comfort, and respect.

Special attention will be given to **seniors**, their specific needs, life situations, and the importance of a sensitive, respectful approach in later stages of life.

### **Accommodation/Food:**

Volunteers will be accommodated in university dormitories in Hostivař. They will share a room with 2 or 3 other volunteers.

The accommodation is equipped with beds, pillows, and duvets.

There is a small kitchen where volunteers can prepare their breakfast and dinner using the provided ingredients.

Lunch will be provided at the care home where there is no vegetarian option available.

**Leisure time:** Leisure activities may include visits to the historic centre of Prague, offering opportunities to explore the city's cultural landmarks. Volunteers can also spend free time at the nearby dam and park, which provide a pleasant setting for walks, relaxation, and informal group activities.

**Location:** The project takes place in Prague, in the district of Prague 15 – Horní Měcholupy. The area offers good access to everyday services such as shops, supermarkets, and pharmacies, and is well connected by public transport to the city centre and other parts of Prague. Nearby there is a dam with a surrounding park suitable for walks and relaxation. An ATM is available within walking distance, mobile phone reception is available on site, and a pharmacy is located close to the project site.

**Requirements:** Volunteers must bring a towel. Proper, sturdy footwear is essential; regular sneakers are not sufficient for the activities at the project site.

This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual projects; there will be detailed info provided after your acceptance. For more info about ESC visit [https://europa.eu/youth/solidarity\\_en](https://europa.eu/youth/solidarity_en).

**Directions to meeting point/Transport HUB:** work Parnská 390, 109 00 Prague 15 - Horní Měcholupy, Czechia GPS 50.0414706N, 14.5646522E

Nearest airport: Václav Havel Airport Prague 50.1083953N, 14.2621233E

Nearest bus station: Poliklinika Petrovice, 50.0398981N, 14.5601817E

The journey will last approximately 1h30 and will need from 2 to 3 changes

We will provide more details in the specific infosheet

**The impact of previous volunteers:** Volunteers can bring a new interest in things and the world around them to clients. Volunteers can learn from clients to accept the world more authentically and become more sensitive to people who are disadvantaged in society.

### **SDA 26-ESC-A6 Permaculture in Practice - Learn and Act!**

**Date: 1.8.2026 - 15.8.2026**

ENVI/MANU

Vols: 10 + 2 compleaders

Age: 18-30

Requirements/note: sleeping mat, sleeping bag, Motivation letter

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**Project:** This project organised in cooperation with the Association for Development 3K focuses on education, language learning, international understanding, and permaculture-based land management. For over ten years, the organisation has run a French-language summer camp and has been organising an international permaculture workcamp for the fourth year. The main goal of the project *Living Permaculture – Changed*

*by Nature* is to continue building a permaculture orchard and food forest biocorridor to strengthen biodiversity, ecological resilience, and sustainable food production. Volunteers gain hands-on experience in permaculture while contributing to a long-term community project. The project supports SDG 15 (Life on Land) and SDG 12 (Responsible Consumption and Production).

**Work:** The work focuses on intensive hands-on permaculture and landscape restoration. Volunteers will dig tree pits, remove self-sown trees, mulch soil, shred branches, make compost, mow grass with a scythe, prepare natural fertilisers, clean the stream bed, support water retention, plant honey plants, paint beehives, expand the apiary, and help with small village tasks and waste collection. Volunteers will also learn how to process garden produce by preserving, drying, and storing fruit, herbs, and seeds. Work takes place mostly outdoors in all weather conditions and is physically demanding. Volunteers must be prepared for manual labour; tools and work gloves are provided.

The worksites are situated here: work:

49.90048402963423, 14.94667892937186 Újezdec

49.91886436671577, 14.961644201608571 Horní Kruty

Most of the work takes place on the grounds near the house, around the village, or in the orchard, all of which are within walking distance. If necessary, you can take a car or bus, and we also have several bicycles available for rent.

**Study part:** The educational programme includes lectures and discussions on permaculture principles, edible forests, composting, biodiversity support, and water retention in the landscape. Volunteers explore relationships between people and nature and discuss practical ways to reduce the impacts of climate change in everyday life. The programme also includes practical learning on food sustainability, such as cooking with basic, locally available ingredients suitable for winter storage.

It included a 1-day interactive workshop on participatory cross-media storytelling for sustainability. Learn accessible filming, editing, and storytelling skills to create meaningful digital stories

**Accommodation/Food:** Accommodation will take place at **Újezdec 7 , Horní Kruty, 281 63 - Újezdec, Czechia** GPS 49.9004486N, 14.9466761E

Volunteers will stay in two shared rooms and sleep on their own sleeping mat and in their own sleeping bag. The accommodation includes a washing machine, refrigerator, kitchenette, and Wi-Fi. There are two toilets and two showers. Volunteers prepare their own breakfast, lunch, and dinner using purchased ingredients and produce from the garden. The diet is mainly vegetarian. A fully equipped kitchen is available, with opportunities for outdoor cooking, including a campfire.

**Leisure time:** Leisure time includes a mix of active and relaxed activities. On site, volunteers can play football, pétanque, volleyball, badminton, table tennis, jog, or take part in outdoor exercise such as yoga or using an outdoor gym. Evenings can be spent watching films, sitting by the fire, singing, and enjoying informal group time. In the nearby area, reachable by bus,

volunteers can swim, rent canoes or rafts, borrow bicycles, or go hiking. Depending on interest, half-day or full-day trips can be organised to Prague, Kutná Hora, Sázava, or Kouřim.

**Location:** Újezdec is a small and quiet village in the Kolín district, surrounded by agricultural land and crossed by the Moštický stream. The village has very basic infrastructure and falls under the administration of Horní Kruty, where basic services such as a grocery shop, post office, football field, and playground are available. The workcamp is based in a renovated farmstead from 1936, adapted for energy self-sufficiency. Next to the house, a permaculture garden, ponds, and a developing forest create a growing island of biodiversity. Mobile phone reception is available.

**Requirements:** Volunteers must bring a towel, sleeping bag, sleeping mat, slippers, water bottle, and lunch box for trips. Proper sturdy shoes are essential; regular sneakers are not sufficient. Tick repellent and suitable clothing for forest work, including long sleeves and long trousers, are required.

This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual projects; there will be detailed info provided after your acceptance. For more info about ESC visit [https://europa.eu/youth/solidarity\\_en](https://europa.eu/youth/solidarity_en).

**Directions to meeting point: Újezdec 7 , Horní Kruty, 281 63 - Újezdec, Czechia** GPS 49.9004486N, 14.9466761E

Nearest airport: Václav Havel Airport Prague 50.1083953N, 14.2621233E

Nearest bus station: Horní Kruty, Újezdec, rozcestí - 49.8924636N, 14.9447669E

The journey will last approximately 3h30 and will need from 3 to 4 changes

We will provide more details in the specific infosheet

**The impact of previous volunteers:** Thanks to volunteers, we are able to advance the permaculture orchard and edible forest project every year. Together, we prepared the terrain, planted new trees and plants, expanded the biocorridor, and created conditions for the growth of a bee colony. The project has been running for several years, and volunteers always follow up on each other's work. With volunteers, we have also contributed to the restoration of the school sports field, helped volunteer firefighters, and cleaned up litter in the surrounding area. The work camp thus brings not only concrete results in the landscape, but also new relationships, experiences, and community connections.

**SDA 26-ESC-A7 Shared life in a diverse community**

**Date: 11.8.2026 - 25.8.2026**

DISA/SOCI/MANU

Vols: 7 + 1 campleader

Age: 18-30

Requirements/note: sleeping bag, pillow; Declaration of non-infectiousness, Medical certificate for working with children, Sworn declaration of no criminal record, Motivation letter

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**Project:** Benediktus is a community of people with and without disabilities and a member of L'Arche, an international movement based on Christian principles that supports people with intellectual disabilities through shared community life. Benediktus provides social services, a day-care centre, therapy workshops, sheltered housing, and sheltered jobs such as gardening, fruit drying, organising public events, and restoring historic buildings. The aim of the project is to learn about the daily life and work of people with intellectual disabilities in a community setting and to support inclusion and equal opportunities, contributing to SDG 10: Reduced Inequalities.

**Work:** Volunteers will take part in various finishing, construction, and maintenance tasks, including improving the garden and orchard, painting, raking, cutting, decorating, and helping with cooking. The work is not physically demanding and does not require previous experience. Volunteers will use basic tools such as gloves, safety glasses, shovels, hoes, rakes, wheelbarrows, and drills, with guidance provided on site. In case of rain, indoor activities will take place, including painting or work related to sheltered workshops and their maintenance.

The worksite site is where the accommodation is situated.

**Study part:** Volunteers will receive an introduction to the Benediktus and L'Arche communities, including their history, values, and mission. They will learn through direct participation in daily community life and work alongside people with intellectual disabilities. Volunteers will also have the opportunity to organise a themed workshop, such as cooking food from their home country, and to present their culture and traditions, supporting mutual learning and intercultural exchange.

**Accommodation/Food:** Volunteers will be accommodated at Modletín 7, 583 01 Rušínov - Modletín, Czechia GPS 49.7921836N, 15.7115300E

Volunteers will stay in the Benediktus complex in Modletín, in a former spa building. Accommodation is in one large attic room with a shower and two toilets. Volunteers sleep on mattresses or mats with sheets and must bring their own sleeping bag and pillow. Facilities include a washing machine, refrigerator, kitchenette, and Wi-Fi. All meals are provided by Benediktus, including breakfast, lunch, and dinner. Volunteers are welcome to help prepare Czech or international dishes. The accommodation is located directly at the project site, so no transport is needed.

**Location:** The Benediktus community is located in the village of Modletín, between Horní Bradlo and Rušínov, in the Iron Mountains. The area includes historically significant buildings that are being restored and used for housing, work, and cultural activities, along with an orchard, vegetable garden, and traditional fruit dryer. The village is small and has no ATM, but a pharmacy is available at the project location. Mobile phone reception is reliable throughout the area.

**Leisure time:** Modletín is located in the protected landscape area of the Iron Mountains, offering many leisure options such as hiking, swimming in a nearby dam, mushroom picking,

and sightseeing, including castles, chateaux, historic villages, natural monuments, and geomorphological formations. Volunteers may also attend local cultural events such as concerts, exhibitions, and openings. Sports activities are possible directly in the Benediktus area, and volunteers can also spend their free time together with people with disabilities and their assistants.

**Requirements:** Volunteers must bring a towel and proper, sturdy shoes; regular sneakers are not sufficient. A positive attitude, empathy, and a willingness to work and engage with others are essential.

This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual projects; there will be detailed info provided after your acceptance. For more info about ESC visit [https://europa.eu/youth/solidarity\\_en](https://europa.eu/youth/solidarity_en).

**Directions to meeting point:** Klášterní 60, 583 01 Chotěboř, Czechia 49.7221175N, 15.6699453E

Nearest airport: Václav Havel Airport Prague 50.1083953N, 14.2621233E

Nearest train station: Chotěboř, 49.7117614N, 15.6824656E

The journey will last approximately 5h and will need from 3 to 4 changes

We will provide more details in the specific infosheet

**What you need to take with you (in the specific infosheet):** A towel, it is essential that the participant has “proper” shoes, because “just sneakers” are not enough, a well-tuned heart and a desire to work.

**The impact of previous volunteers:** Volunteers have helped with many constructions and beautification projects. They also have been involved in organizing cultural and spiritual events held by the community.

## 2. COMMUNITY WORKCAMPS

**SDA 26-100 Ghosts of the Ore Mountains\_Hroznětín**

**Date: 6.7.2026-12/7/2026**

MANU/RENO/COM

Vols: 6 + 1 campleader

Age: +18

30 euro fee

Requirements/note:

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**Project:** This project is organised with a Local action group called “MAS Krušné hory” . They are focused on the cooperation with municipalities, non-profits, entrepreneurs, and local partners. It is involved in education, community projects, tourism promotion, and volunteer activities focused on environmental and regional development. The main goal of the workcamp is to introduce volunteers to the cultural heritage and natural environment of the Ore Mountains while raising awareness of local history and community work. Through practical conservation and maintenance activities, volunteers gain hands-on experience in

heritage preservation and environmental stewardship. The project contributes to SDG 11 (Sustainable Cities and Communities) and SDG 15 (Life on Land).

**Work:** Volunteers will take part in hands-on conservation and maintenance activities, including gardening and upkeep of the old cemetery, maintenance and minor repair of historic graves, assistance with archaeological research at the local church, and maintenance of paths along the Hroznětín nature trail. The work is mildly physically demanding and suitable for volunteers of different ages and fitness levels. In case of rain, activities will move indoors or under shelter and may include cleaning the community centre, tool maintenance, and support for conservation or community tasks. All tools and protective equipment are provided.

Work: Jewish cemetery in Hroznětín 50.3140828N, 12.8628944E

**Study part:** The study programme includes an introductory meeting with representatives of the town of Hroznětín, who will present the town's history, cultural heritage, and the significance of the work site. Volunteers will learn about the historical context of the area and how their activities relate to local heritage. The programme also introduces the town's future development plans, including visualisations of planned improvements, helping volunteers understand the wider impact of their work.

**Accommodation/Food:** Volunteers will be accommodated at **Hospůdka Prima Slunce, Krušnohorské náměstí 38, Hroznětín, 362 33**

**accommodation: Restaurant Krušnohorské náměstí 38, Hroznětín, 362 33 GPS 50.3089475N, 12.8712836E**

<https://www.facebook.com/hospudka.prima.slunce>

Volunteers will stay in shared apartments for 2–3 people, each with its own kitchenette and bathroom. Beds are provided with duvets and pillows, so no bedding is needed. The apartments include a refrigerator, kitchenette, and Wi-Fi. Bedrooms do not have curtains, so eye masks may be useful. Volunteers prepare their own breakfast and dinner, while lunch is provided by the host organisation.

**Leisure time:** In Hroznětín and its surroundings, volunteers can enjoy outdoor and cultural activities such as hiking, cycling, and swimming at nearby places like Děpoltovický Pond or the Rolava River, as well as fishing at Velký Pond. Cultural and historical sites in the region include the Jáchymov Royal Mint, Adit No. 1, the Jewish Cemetery, lookout towers, and other natural attractions. These activities offer a balanced mix of recreation, cultural discovery, and exploration of the Ore Mountains' landscape.

**Location:** Hroznětín is a small town in the Karlovy Vary region, located about 9 km north of Karlovy Vary, with a population of around 2,200. The town offers basic amenities, including a health centre, a shop, and a pharmacy in nearby Ostrov. It is active in community life and organises various local events. Sports facilities include a football club and a multipurpose sports field with artificial surface. An ATM is available within walking distance, and mobile phone reception is available at the workcamp location.

To go to the worksite, everything is within walking distance, around 5-10 minutes away.

**Requirements:** Volunteers must bring a towel and proper, sturdy shoes; regular sneakers are not sufficient. As there are no curtains in the rooms, bringing an eye mask is recommended. Due to limited outgoing resources of INEX-SDA, we kindly ask participants to contribute 25 EUR towards the costs of general incoming administration of our workcamps. The fee needs to be sent to us by a bank transfer latest one month before the workcamp starts. Please note that this fee does not directly contribute to the workcamp budgets.

Cancellation policy: The fee is non-refundable. In case of cancellation due to force majeure (for example injury, rejected visa etc.), we will ask for proof and solve it on an individual basis.

**Directions to meeting point: Restaurant Krušnohorské náměstí 38, Hroznětín, 362 33 GPS 50.3089475N, 12.8712836E**

Nearest airport: Václav Havel Airport Prague 50.1083953N, 14.2621233E

Nearest train station: Hroznětín, nám., 50.3095283N, 12.8717022E

The journey will last approximately 3h and will need from 2 to 3 changes

We will provide more details in the specific infosheet

**What you need to take with you (in the specific infosheet):** Towel, ESSENTIAL for participants to have "proper" shoes, as "only sneakers" are not sufficient. There are no curtains in the rooms, so bring an eye mask.

**The impact of previous volunteers:** For the fourth time, a work camp with volunteers from around the world took place in Hroznětín. Volunteers who have been helping since 2021 with the preservation of old graves in the local cemetery and this year also with archaeological research of the Church of St. Peter and Paul, and last but not least, they also participated in the maintenance of the local sports complex.

**SDA 26-101 Green Oasis in Odolena Voda**

**Date: 1.8.2026-16/8/2026**

COMU/MAN/ENVI

Vols: 15 + 2 campleaders

Age: +18

30 euro fee

Requirements/note: sleeping bag, pillow

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**Project:** The workcamp is organised in cooperation with the town of Odolena Voda, a municipality of around 6,600 inhabitants located about 20 km north of Prague. The town actively supports community life, regeneration of public spaces, and environmental protection, guided by the motto "A peaceful and healthy town." The main goal of the workcamp is to support the expansion of a local nature reserve, help develop a new park, and contribute to the creation of a mural that enhances public space and reflects

community values. The project contributes to SDG 11 (Sustainable Cities and Communities) and SDG 15 (Life on Land).

**Work:** The work combines outdoor environmental tasks with creative activities in public spaces. Volunteers will help maintain and expand green areas by cutting bushes and removing branches. They will also participate in designing and creating a mural and in designing benches for public use, contributing to the visual and functional improvement of the town. The work is mildly physically demanding and includes both manual and creative tasks. In case of rain, activities will move indoors and focus on painting cellar spaces. All tools and protective equipment, including saws, rakes, and work gloves, are provided.

The work site is situated here: <https://mapy.com/s/jubedegaka>, Zlatkov, Odolena Voda, Czechia.

The transportation back and from the work site to the accommodation will be done on foot or by bike.

**Study part:** The educational programme includes a lecture focused on the local landscape and nature reserve, explaining its ecological value, protection measures, and role within the town's environment. This is complemented by a guided tour of the local church, linking environmental and cultural heritage.

Also, a 1-day interactive workshop on participatory cross-media storytelling for sustainability. Learn accessible filming, editing, and storytelling skills to create meaningful digital stories.

**Accommodation/Food:** Accommodation will take place at **Vítězslav Hálek Elementary School Odolena Voda School Školní 200, 25070 Odolena Voda, Czechia**

[www.zsodolenavoda.cz](http://www.zsodolenavoda.cz)

Školní 200, 25070 Odolena Voda, Czechia GPS 50.2290036N, 14.4131306E

Volunteers will be accommodated in the local Elementary school. They will share sleeping spaces, with the layout depending on the size and composition of the group. Accommodation may be in one, two, or three rooms. Volunteers will stay in shared sleeping spaces, arranged in one, two, or three rooms depending on the group. They will sleep on gymnastic mattresses or sleeping pads and must bring their own sleeping bag and pillow. The accommodation includes a refrigerator, kitchenette, and Wi-Fi. Sanitary facilities are shared and consist of 20 toilets and 3 showers. Volunteers will prepare their own breakfast, lunch, and dinner from provided ingredients.

**Leisure time:** Leisure-time activities may include beach volleyball, football, and tennis, bouldering, archery, offering opportunities for active relaxation and team play. Volunteers can also swim in a nearby natural lake, providing a refreshing way to unwind and spend time together in a natural environment.

**Location:** Odolena Voda is a town of approximately 6,600 inhabitants with good everyday amenities. Volunteers will find two supermarkets, smaller shops, and restaurants within easy reach of the workcamp. An ATM is available within walking distance, mobile phone reception is available on site, and a pharmacy is located directly in the town.

**Requirements:** Volunteers must bring a towel and proper, sturdy footwear; regular sneakers are not sufficient.

Due to limited outgoing resources of INEX-SDA, we kindly ask participants to contribute 25 EUR towards the costs of general incoming administration of our workcamps. The fee needs to be sent to us by a bank transfer latest one month before the workcamp starts. Please note that this fee does not directly contribute to the workcamp budgets.

Cancellation policy: The fee is non-refundable. In case of cancellation due to force majeure (for example injury, rejected visa etc.), we will ask for proof and solve it on an individual basis.

**Directions to meeting point:** Školní 200, 25070 Odolena Voda, Czechia GPS 50.2290036N, 14.4131306E

Nearest airport: Václav Havel Airport Prague 50.1083953N, 14.2621233E

Nearest train station: Odolena Voda, Komenského, 50.2286378N, 14.4115678E

The journey will last approximately 1h30 and will need from 3 to 4 changes

We will provide more details in the specific infosheet

**The impact of previous volunteers:** the previous volunteers helped with the summer horseback riding at Sokolák, parish lookout point, Čenkov pier.

**SDA 26-102 Get creative, paint cabins, drink Mattoni!**

**Date: 17.8.2026-25/8/2026**

MAN/RENO/COM

Vols: 10 + 2 campleaders

Age: +18

30 euro fee

Requirements/note:

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**Project:** This project is organised with a Local action group called “MAS Krušné hory” . They are focused on the cooperation with municipalities, non-profits, entrepreneurs, and local partners. It is involved in education, community projects, tourism promotion, and volunteer activities focused on environmental and regional development. The workcamp takes place in Kyselka, a municipality in the Karlovy Vary Region known for its natural landscape and active community life. The main goal is to raise volunteers’ awareness of local development activities while introducing them to the cultural heritage, natural environment, and history of the Ore Mountains. Through practical involvement, volunteers support community and environmental work, strengthen local engagement, and contribute to social cohesion. The project supports SDG 11 (Sustainable Cities and Communities) and SDG 15 (Life on Land).

**Work:** The work focuses on renovation and maintenance of cabins in a recreational area which also serves as a community centre for local residents, where community events and activities regularly take place. Volunteers will sand and repaint interior and exterior walls

(excluding roofs), carry out minor wood repairs, and renovate outdoor terraces by removing old floorboards, installing new ones, and applying protective coatings. Tasks may also include basic interior repairs and woodwork. The work is mildly physically demanding and may involve working with raised arms, using ladders, handling materials, and cleaning tools. In light rain, outdoor work continues; in heavy rain, activities move indoors and focus on painting and interior maintenance. Tools, gloves, and protective equipment are provided.

The GPS coordinate of the worksite, which is also the accommodation site is: Radošov 300, 36272 Kyselka - Radošov, Czechia GPS 50.2657117N, 13.0008108E

**Study part:** The study programme includes an introductory meeting with representatives of the municipality of Kyselka, presenting the town's history, development, and role in the region, as well as its vision for future development and planned public space improvements. Volunteers will also interact with the local community through joint activities such as forest cleaning or preparing land for a future park. Informal social moments, including sports activities or an evening by the campfire, support intercultural exchange and mutual learning.

**Accommodation/Food:** Volunteers will be accommodated at **Radošov 300, 36272 Kyselka - Radošov, Czechia GPS 50.2657117N, 13.0008108E**  
[www.obeckyselka.cz/ontario](http://www.obeckyselka.cz/ontario)

Volunteers will stay in simple wooden cabins located in the recreational area. Accommodation is divided into shared rooms. Volunteers sleep on beds with duvets and pillows; no sleeping bag or bedding is needed. The cabins include a refrigerator, kitchenette, and Wi-Fi. Sanitary facilities are shared and consist of four toilets and showers for men and four for women. Volunteers prepare their own breakfast and dinner from provided ingredients. Lunch will be provided by the host.

**Leisure time:** In Kyselka and the surrounding area, volunteers can combine nature exploration with cultural and historical discovery. Leisure options include visiting the Mattoni Mineral Water Bottling Museum, walking the Mattoni Trail to the Bučina lookout tower and Mattoni Waterfall, and exploring natural sites such as Skalky skřítků and Šemnické skály, where swimming is possible on warm days. Volunteers can also visit local heritage sites, including the Radošov wooden bridge and other historical monuments, offering a balanced mix of relaxation, culture, and nature.

**Location:** The workcamp takes place at the Ontario recreation and leisure complex, located northeast of Karlovy Vary above the Ohře River valley near the former Kyselka Spa. The complex lies on the edge of a forest in a scenic landscape at the foothills of the Ore and Doupov Mountains, with views of the historic Bučina lookout tower. Facilities include outdoor sports grounds, a swimming pool, a fireplace, an on-site restaurant, and access to a public playground at a nearby school. Boat trips on the Ohře River can be arranged. Mobile phone reception is available on site.

The worksite is at the accommodation site.

**Requirements:** Volunteers must bring a towel and proper, sturdy footwear; regular sneakers are not sufficient. As the work may involve getting very dirty, old clothes and shoes are

recommended. Both accommodation and work take place in a natural environment, which should be considered also for free-time activities.

Due to limited outgoing resources of INEX-SDA, we kindly ask participants to contribute 25 EUR towards the costs of general incoming administration of our workcamps. The fee needs to be sent to us by a bank transfer latest one month before the workcamp starts. Please note that this fee does not directly contribute to the workcamp budgets.

Cancellation policy: The fee is non-refundable. In case of cancellation due to force majeure (for example injury, rejected visa etc.), we will ask for proof and solve it on an individual basis.

**Directions to meeting point: Radošov 300, 36272 Kyselka - Radošov, Czechia GPS 50.2657117N, 13.0008108E**

Nearest airport: Václav Havel Airport Prague 50.1083953N, 14.2621233E

Nearest bus station: Kyselka, 50.2625733N, 12.9998131E

The journey will last approximately 3h30 and will need from 1 to 2 changes

We will provide more details in the specific infosheet

**What you need to take with you (in the specific infosheet):** Towel, ESSENTIAL for participants to have "proper" shoes, as "only sneakers" are not sufficient. This is work where volunteers may get irretrievably dirty. For this reason, it is advisable to bring old clothes and shoes. Accommodation and work are essentially in nature, so it is necessary to take this into account for your free time as well.

**The impact of previous volunteers:** For the third time, a work camp with volunteers from around the world took place in Kyselka. Volunteers who have been helping since 2023 with the renovation of cabins in the Ontario leisure complex will be able to happily continue with repairs to other cabins.

### 3. RENOVATION/CULTURAL HERITAGE WORKCAMPS

**SDA 26-200 Treasures of Jewish Culture in Holesov**

**Date: 14.7.2026-26/7/2026**

MANU/REN/SOCI/FEST

Vols: 6 + 1 CL

Age: +18

30 euro fee

Requirements/note: sleeping bag, pillow

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**Project:** The workcamp is organised in cooperation with the Jewish community in Brno and the Holešov Municipal Cultural Center, which manages Jewish monuments in Holešov and organises the annual Festival of Jewish Culture. The main goal of the workcamp is to improve

the condition of the Jewish cemetery through practical maintenance and care, while also supporting the organisation of the Festival of Jewish Culture. Volunteers will gain insight into Jewish history, local traditions, and contemporary cultural life, combining hands-on heritage preservation with intercultural exchange. The workcamp contributes to UN Sustainable Development Goal 11: Sustainable Cities and Communities, by protecting cultural heritage, and SDG 16: Peace, Justice and Strong Institutions, by supporting remembrance, tolerance, and respect for cultural diversity.

**Work:** The work takes place mainly at the Jewish cemetery in Holešov and partly at the synagogue in Šachov. Volunteers will help with landscaping and regular cemetery maintenance, including grave care, cleaning paths, weeding, removing overgrown vegetation, raking grass, and general upkeep. Volunteers will also assist with technical preparations for the Festival of Jewish Culture, such as moving, setting up, and dismantling event equipment at different locations in town. The work can be moderately physically demanding and takes place in all weather conditions; in case of severe rain, tasks may move indoors. Tools and protective equipment are provided.

The work site is situated on those coordinates : Jewish cemetery GPS 49.3354428N, 17.5765975E

The workplace is about a 5-minute walk from the accommodation (about 400 m).

**Study part:** Volunteers will take part in the cultural programme of the Festival of Jewish Culture, including concerts, dance performances, and other events. They will receive explanations of the Jewish monuments they work on, learning about their historical and cultural significance. The programme also includes an introduction to basic Jewish traditions such as Shabbat and kosher practices, as well as guided tours of local cultural and historical sites, helping volunteers connect practical work with deeper understanding of Jewish heritage in Holešov.

**Accommodation/Food:** Accommodation will take place at **a farm building next to the castle, located at: nám. F. X. Ríchtra 190, Holešov 76901 Czechia GPS 49.3336106N, 17.5814042E**

Volunteers will stay in simple shared accommodation in two rooms and will sleep on beds using their own sleeping bag and pillow. The accommodation includes access to a washing machine, refrigerator, and kitchenette, but Wi-Fi is not available. Sanitary facilities are shared and consist of two toilets and two showers. Volunteers will prepare their own breakfast, lunch, and dinner throughout the workcamp from provided ingredients.

**Leisure time:** Volunteers can take trips to the surrounding region and visit important cultural and historical sites, including the UNESCO-listed monuments in Kroměříž, the pilgrimage site of Svatý Hostýn, the open-air folk architecture museum in Rymice, and the open-air museum and cultural area in Rožnov pod Radhoštěm.

**Location:** The workcamp takes place in Holešov, a Moravian town known for its historic Jewish community and a rare 16th-century synagogue. Work activities are mainly carried out at the Jewish cemetery, an important site of pilgrimage and cultural heritage. The town also offers a Baroque castle with gardens, a parish church, a swimming pool, and a preserved

historic centre. An ATM is within walking distance, mobile phone reception is available, and a pharmacy is nearby.

**Requirements:** Participants must bring a towel and proper work shoes, as regular sneakers are not sufficient. Suitable work clothing for outdoor activities is required. A cap or hat and sunscreen are recommended for strong sun, as well as a raincoat for rainy weather. Work gloves will be provided by the host organisation.

Due to limited outgoing resources of INEX-SDA, we kindly ask participants to contribute 25 EUR towards the costs of general incoming administration of our workcamps. The fee needs to be sent to us by a bank transfer latest one month before the workcamp starts. Please note that this fee does not directly contribute to the workcamp budgets.

Cancellation policy: The fee is non-refundable. In case of cancellation due to force majeure (for example injury, rejected visa etc.), we will ask for proof and solve it on an individual basis.

**Directions to meeting point: nám. F. X. Ríchtra 190, Holešov 76901 Czechia GPS 49.3336106N, 17.5814042E**

Nearest airport: Václav Havel Airport Prague 50.1083953N, 14.2621233E

Nearest train station: Holešov, 49.3270150N, 17.5708981E

The journey will last approximately 4h30 and will need from 5 to 6 changes

We will provide more details in the specific infosheet

**The impact of previous volunteers:** For more than 25 years, volunteers have been helping to maintain the Jewish cemetery, and thanks to their help, this cultural monument is continuously accessible to the general public (both locals and tourists). The presence of foreign volunteers (and foreigners in general) also leads to increased interest among locals, especially young people, in the cultural monuments of their hometown, as it makes them more aware of their supra-regional significance.

## 4. SOCIAL WORKCAMS

**SDA 26-300 Together for Youth : Inclusion and Community in Usti**

**Date: 12.7.2026-26/7/2026**

DISA/SOCI/KIDS

Vols: 10 + 2 campleaders

Age: +18

30 euro fee

Requirements/note: sleeping mat, sleeping bag, Declaration of non-infectiousness, Medical certificate for working with children, Sworn declaration of no criminal record

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**Project:** People in Need (Člověk v tísni) is a Czech humanitarian and development organisation active in more than 40 countries. It provides assistance in situations of war and natural disasters and supports long-term recovery through community development and education. In the Czech Republic, it focuses on social work, education, and human rights. The main goal of the workcamp is to support low-threshold clubs for children and young people. Volunteers help ensure equal access to services, strengthen social inclusion, and support positive development opportunities for young people. The workcamp contributes to UN Sustainable Development Goal 10: Reduced Inequalities, and UN Sustainable Development Goal 4: Quality Education, through non-formal educational and preventive activities.

**Work:** Volunteers will support children and young people in a low-threshold club through leisure and educational activities such as games, creative workshops, tutoring, and homework support, while helping develop social skills in a safe and inclusive environment. They will also assist with the daily operation of the club, including preparing activities and supporting staff. Part of the work involves revitalising the club's outdoor leisure areas. No special physical skills are required. In bad weather, activities take place indoors and focus on programme delivery and preparation.

This is a day camp which means the children will be with you during the day and leave in the afternoon.

The work sites are:

**Hrbovická 335/60, Ústí nad Labem 40001 GPS 50.6578858N, 13.9957050E**

**Matiční 182/11, 400 07 Ústí nad Labem - Krásné Březno, Czechia 50.6633064N, 14.0791617E**

There will be two work locations, one is in the same place as the accommodation which is **Hrbovická 335/60**, the other is 30 minutes away by bus.

**Study part:** The programme includes a guided tour of Ústí nad Labem, providing volunteers with an introduction to the city's history, urban development, and social context. Volunteers will learn about work in socially excluded communities and the challenges faced by children from socially disadvantaged backgrounds, including experiences of racial discrimination.

The session will be delivered in a sensitive and inclusive way, helping volunteers better understand the broader social context and how to approach and support children with respect and empathy.

**Accommodation/Food:** Accommodation will take place at **Hrbovická 335/60, Ústí nad Labem 40001 GPS 50.6578858N, 13.9957050E**

Volunteers will stay in simple shared accommodation in one room and must bring their own sleeping mat and sleeping bag. The accommodation includes access to a washing machine, refrigerator, kitchenette, and Wi-Fi. Sanitary facilities are shared and consist of two toilets and one shower. Volunteers will prepare their own breakfast, lunch, and dinner.

**Leisure time:** Leisure activities may include a cable car ride to Větruše with panoramic views of the city, a visit to the Ústí nad Labem Zoo, and an excursion to Střekov Castle. Volunteers can also relax and swim at nearby spots such as the Milada and Brná swimming pools, offering opportunities for recreation and informal group activities.

**Location:** The workcamp takes place in Předlice, a socially diverse district of Ústí nad Labem combining an older village core with industrial buildings and apartment blocks. While parts of the area face social challenges, it is well connected to the city by public transport. The location is close to nature, including Střížovický vrch hill and Lake Milada, offering space for walks and outdoor activities. Mobile phone reception is available on site.

**Requirements:** Volunteers will need to bring a towel.

Due to limited outgoing resources of INEX-SDA, we kindly ask participants to contribute 25 EUR towards the costs of general incoming administration of our workcamps. The fee needs to be sent to us by a bank transfer latest one month before the workcamp starts. Please note that this fee does not directly contribute to the workcamp budgets.

Cancellation policy: The fee is non-refundable. In case of cancellation due to force majeure (for example injury, rejected visa etc.), we will ask for proof and solve it on an individual basis.

**Directions to meeting point: Hrbovická 335/60, Ústí nad Labem 40001 GPS 50.6578858N, 13.9957050E**

Nearest airport: Václav Havel Airport Prague 50.1083953N, 14.2621233E

Nearest bus station: U Vozovny, 50.6574822N, 13.9942494E

The journey will last approximately 2h and will need from 1 to 2 changes

We will provide more details in the specific infosheet

## 5. ENVIRONMENTAL WORKCAMPS

**SDA 26-400 Seeds of Beskydy**

**Date: 15.8.2026-30/8/2026**

ENVI/KIDS/MAN

Vols: 15 + 2 campleaders

Age: +18

30 euro fee

Requirements/note: sleeping bag, pillow; Declaration of non-infectiousness, Medical certificate for working with children, Sworn declaration of no criminal record

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**Project:** The workcamp is organised in cooperation with Petrklíč help, z. s., a community-based educational organisation founded in Český Těšín that focuses on youth empowerment, non-formal education, volunteering, and environmental sustainability. The main goal of the workcamp is to involve volunteers in practical nature conservation and landscape care while providing education on ecology, sustainability, and climate resilience. Through hands-on habitat restoration, landscape management, and biodiversity support, volunteers gain practical experience in environmental protection and sustainable practices. The project contributes to UN Sustainable Development Goal 15: Life on Land and SDG 4: Quality Education through experiential learning and ecological stewardship.

**Work:** Volunteers will take part in hands-on conservation activities such as planting and caring for trees and shrubs, restoring and maintaining natural habitats, and observing local flora and fauna. The work also includes educational and community-oriented activities, such as workshops on ecology, sustainability, and conservation for children and young people aged 12–17. In addition, volunteers will support the organisation of a children's camp, assisting the main organisers with daily activities and logistics. Volunteers are expected to actively contribute by designing and leading one activity that introduces participants to their country, culture, or subculture. In the afternoon, some educational blocks may also be open to the adult public. The work is mildly physically demanding and involves the use of basic hand tools; safety equipment is provided. In case of rain, volunteers will focus on indoor tasks such as tool maintenance, project planning, documentation, and preparation of educational materials.

**Study part:** The programme includes a guided excursion to Cieszyn in Poland, where volunteers will explore the city's history, cultural traditions, and key landmarks. The visit also introduces examples of cross-border cooperation between Czech and Polish communities, helping participants better understand the regional, cultural, and social context of their conservation work.

**Accommodation/Food:** Volunteers will be accommodated at **Polní 753/4 733 01 Karviná-Fryštát; 49.8555636N, 18.5322039E**

Rooms are shared, including two-, three-, and four-bed options, and participants should bring their **own sleeping bag and pillow**. The facility includes a kitchenette, fridge, washing machine, and Wi-Fi, and offers four toilets and two showers to ensure a comfortable stay. Volunteers will have to help the local cook to prepare their breakfast and dinner. Lunch will be provided by the host organization and adjustment can be made by prior arrangement.

**Leisure time:** In their free time, volunteers can explore Karviná and its surroundings, including Fryštát Castle and park, Darkov Spa Park, and Darkov Lake. Leisure options include cycling, walking, swimming at the local pool, and outdoor activities in nearby nature areas. On days off, excursions can be made to Havířov, Český Těšín, or Ostrava, as well as hiking trips in the Beskydy Mountains, including Lysá hora, Praděd, and nature trails along the Olše River.

**Location:** The workcamp is based in Karviná, a historic border town on the Olše River in northern Moravia, close to Poland. The area combines cultural and historical heritage with

easy access to natural sites used for environmental projects such as habitat restoration and tree planting. Essential facilities are available nearby, including an ATM, pharmacy, and reliable mobile phone reception. Transport to worksites will be provided by minibus.

**Requirements:** Participants must bring a towel and proper footwear suitable for outdoor work, as regular shoes are not sufficient. Volunteers should be prepared for activities in natural environments and variable conditions.

Due to limited outgoing resources of INEX-SDA, we kindly ask participants to contribute 25 EUR towards the costs of general incoming administration of our workcamps. The fee needs to be sent to us by a bank transfer latest one month before the workcamp starts. Please note that this fee does not directly contribute to the workcamp budgets.

Cancellation policy: The fee is non-refundable. In case of cancellation due to force majeure (for example injury, rejected visa etc.), we will ask for proof and solve it on an individual basis.

**Directions to meeting point: Polní 753/4 733 01 Karviná-Fryštát**

Nearest airport: Václav Havel Airport Prague 50.1083953N, 14.2621233E

Nearest train station: Karviná hlavní nádraží, 49.8556594N, 18.5267125E

The journey will last approximately 6h and will need from 5 to 6 changes

We will provide more details in the specific infosheet

**What you need to take with you (in the specific infosheet):** Towel, NECESSARY for the participant to have "proper" shoes, because "just shoes" is not enough. Also, bringing sturdy shoes, work clothes, a raincoat, and a water bottle.

**SDA 26-401 Guardians of Wildlife for FAMILY workcamps**

**Date: 1.8.2026-9/8/2026**

ANIM/MAN

Vols: 30 + 3 CL

Age: 1-99

30 euro fee for participants from 15-99 years old; 102 euro fee for children from 5 to 14.9 years old

Requirements/note: sleeping bag, pillow, own bike if it is possible; Declaration of non-infectiousness

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**Project:** The workcamp is organised in cooperation with the Brontosaurus Movement, a long-established Czech volunteer organisation founded in 1974 and dedicated to nature conservation, cultural heritage protection, and environmental education. The main goal of the workcamp is to support a Wild Animal Rescue Station run by the Czech Union for Nature Conservation, which has been caring for injured and endangered wildlife for over forty years. Volunteers help improve animal living conditions and maintain the station and its surroundings, including an orchard preserving traditional fruit trees. Through practical conservation work and learning activities, the project supports UN Sustainable Development

Goals 15 (Life on Land), 4 (Quality Education), and 12 (Responsible Consumption and Production).

**Work:** Volunteers will support the maintenance and development of a Wild Animal Rescue Station and contribute to the future Koryta Biosphere Reserve. Tasks include painting, digging, mowing, basic construction and woodwork, concreting, and landscaping, helping maintain animal enclosures, gardens, and orchard areas. Part of the work will also take place on newly acquired land intended for long-term conservation. The work is physically engaging but varied, and no prior experience is required. Tools and gloves are provided. In case of rain, indoor tasks will be organised. There will be programmes for children organised by camp leaders, as well as support from adult volunteers for children who cannot stay without their parents' support.

Worksite : Bartošovice 146, 74254 Bartošovice, Czechia; GPS 49.6710050N, 18.0528061E

**Study part:** Volunteers will take part in a guided tour of the Wild Animal Rescue Station, where they will learn about the care of injured and endangered wildlife (mostly birds), the daily operation of the station, and its role in nature conservation and environmental education.

**Accommodation/Food:** Hukovice 408 74254 Bartošovice GPS 49.6368564N, 18.0363564E

Volunteers will be accommodated in former barracks at Lapač Hill, sharing rooms originally designed for families; you might share a room with other families. They will sleep on beds and must bring their own sleeping bag and pillow. The accommodation includes a refrigerator and kitchenette, with shared sanitary facilities consisting of three toilets and four showers. There is no Wi-Fi or mobile phone coverage, offering a fully offline experience. All meals are provided by the host organisation, and volunteers may be asked to help with cooking.

**Location:** The workcamp takes place near a village of about 1,000 inhabitants with basic amenities such as shops, pubs, a health center, school, playground, and sports facilities. Swimming opportunities are within cycling distance. The work site is located at Lapač Hill in Bartošovice–Hukovice, in former barracks surrounded by nature. Volunteers usually travel to the site by bicycle, with occasional transport by car when needed.

**Leisure time:** In their free time, volunteers can explore the surrounding countryside by bicycle and enjoy cultural and recreational trips. Possible activities include visiting the UNESCO-listed town of Štramberk, local museums such as the Museum in Kunín and the Railway Carriage Museum in Studénka, and relaxing by the Bartošovice ponds or at a natural swimming pool. The extensive forest area next to the village also offers space for walks and outdoor activities.

**Directions to meeting point:** Studenka GPS 49.7075461N, 18.0664444E

Nearest airport: Václav Havel Airport Prague 50.1083953N, 14.2621233E

Nearest train station: Studénka, 49.7075461N, 18.0664444E

The journey will last approximately 5h and will need from 3 to 4 changes

We will provide more details in the specific infosheet

**Requirements/What you need to take with you (in the specific infosheet):** Volunteers have to bring their own towel and proper sturdy shoes, sneakers are not sufficient for the kind of work asked. Please, bring your own bike, if it is possible.

Due to limited outgoing resources of INEX-SDA, we kindly ask participants to contribute with a fee (50 EUR/adult, 100 EUR/child from 5 years old) which covers the costs of some free time activities and/or accommodation and food and support for the administration of INEX-SDA. The fee needs to be sent to us by a bank transfer in advance.

Cancellation policy: The fee is non-refundable. In case of cancellation due to force majeure (for example injury, rejected visa etc.), we will ask for proof and solve it on an individual basis.

#### **Notes:**

The workcamp might be also suitable for people with social, economic and some health disadvantages. Please, let us know ahead if you need any assistance.

#### **SDA 26-402 Back to the Nature Youth**

**Date: 28.8.2026-12/9/2026**

ENVI/MANU

Vols: 6 + 2 CL

Age: 18+

30 euro fee

Requirements/notes: sleeping bag, camping mat and warm clothes

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**Project:** The workcamp is organised in cooperation with EUROSOLAR. This organization promotes renewable energies and a sustainable lifestyle through educating young people about the environment and organizing summer camps for children, youth, and families to promote environmental awareness. The workcamp takes place in a remote but exceptionally beautiful, hilly area of the Bohemian Forest, near the western border of the Czech Republic. The campsite is isolated from civilization. Volunteers are welcome in trying out a basic and active lifestyle in the forest. The main goal is to help maintain meadows in a nature-protected area and maintain the campsite. At this workcamp, you will actively contribute to the achievement of UN SDG15 Life on Land.

**Work:** You will work in a natural reserve about 3 km from the campsite to which one arrives by foot. The main work will consist of mowing, raking and collecting grass on protected meadows. This work might be physically demanding. As the meadows can be very wet, make sure to bring waterproof working shoes (or rubber boots), gloves, rain gear and a hat to protect yourself from the sun. Work gloves will be provided for you. Volunteers will also work directly in the campsite on maintenance tasks and in the nearby forest by doing various manual jobs. At the end of the workcamp, you will help to dismantle the campsite and to transport all the material to Prague where it will be stored during winter.

Work will occur in the valley close to lost old village Alt Pocher 49.72111 N, 12.44944 E, cutting place close to the pond Huřský rybník 49.73715°N, 12.49392°E

**Study part:** It includes evening discussions about climate, environment, sustainability and sustainable camps around the fire. You will have the unique opportunity to try archery, participate in fun games and learn to recognize the stars. Also, as you will be living in close contact with nature, you will improve your camping skills and learn a lot about local fauna and flora.

**Accommodation/Food:** volunteers will be accommodated in tee-pees with a fireplace in the centre at the Lost village Alt Pocher.

You will sleep on wooden pads and mattresses stuffed with hay. Nights in the forest might be very cold, even frosty, so bring a very warm sleeping bag and your own pillow, camping mat and some warm clothes. You will bathe in a small river with cold water next to the campsite, the toilets are outdoors. Everyone will cook together as a group on a fireplace. The food is only vegetarian (or vegans / gluten free variants). You can charge your cell phone with a small solar-electricity generator. There is limited phone coverage and no Wifi.

**Leisure time:** The main activity is hiking in the surrounding countryside. You can visit the ruins of the Zahaji castle or go on trips to nearby towns (e.g. Mariánské Lázně). The project is situated on the border with Germany; a trip to Germany could be an option. Besides, you can try archery, play games or experience an Indian sauna. If you have any games, musical instruments or any other activity you could share or teach the group in the campsite conditions, you are welcome to bring them.

**Location:** The workcamp takes place in the Bohemian Forest near Stara Knizeci Hut. The campsite is located in the valley of the Celní stream, an isolated part of the village of Lesná in the Bohemian Forest near the German border. There is limited phone coverage. The nearest bus stop is Stara Knizeci Hut and the nearest bigger town is Tachov where you can find ATMs, pharmacies, doctors etc. The campsite is located about 30 minutes walk from the nearest bus station. Bus runs once a day to Tachov.

**Requirements:** Bring a warm sleeping bag, a pillow and warm clothes. There is a strict no alcohol and drugs policy at the campsite. Please note that the last three days are dedicated to dismantling the campsite and transporting all the material to Prague. Therefore leaving the workcamp earlier is not an option.

Due to limited outgoing resources of INEX-SDA, we kindly ask participants to contribute 25 EUR towards the costs of general incoming administration of our workcamps. The fee needs to be sent to us by a bank transfer latest one month before the workcamp starts. Please note that this fee does not directly contribute to the workcamp budgets.

**Cancellation policy:** The fee is non-refundable. In case of cancellation due to force majeure (for example injury, rejected visa etc.), we will ask for proof and solve it on an individual basis.

**Notes:** We expect volunteers to enjoy camping and being outdoorsy. This camp is perfect for volunteers who want to enjoy living and working in basic conditions in close touch with nature. If you are ready for this, an amazing experience is waiting for you! The workcamp might be also suitable for people with social, economic and some health disadvantages. Please, let us know ahead if you need any assistance. To reach the workcamp you will take forest paths, therefore you need to pack your stuff in a backpack rather than in luggage. Because you will be outside all the time, beware of all kinds of allergies (grass, pollen, insects, hay etc.). The food is vegetarian only. Alcohol is forbidden.

**Directions to meeting point:** From the airport take the trolleybus line number 59 to the Nadrazi Veleslavin stop. Change to green metro line A in the direction of Depo Hostivar, get off at “Muzeum” and change to red metro line C in the direction of Letnany, go 1 stop and get off at “Hlavni Nadrazi” stop (main railway station). Take the train IC562 Zapadni Express at 12:23 and get off at Plzen at 13:58. Go to the bus station in front of the train station and at 14:10 take the bus 440251 3 in the direction to “Lesna, Stara Knizeci Hut”. Get off at this last stop at 16:03. The meeting point is at the bus stop. PAY ATTENTION! THIS IS THE ONLY CONNECTION YOU CAN TAKE ON THIS DAY!

**Address:** Near Stara Knizeci Hut

GPS: 49.72013372945625, 12.438396752827286

**Meeting:point:** bus stop Lesná, Stará Knížecí Huť GPS49.7213936N, 12.4693489E

Around 4h30 away from Prague

More information will be provided into the specific infosheet

## 6. WEEKENDS WORKCAMPS

**SDA 26-W01 From Rectory to the Theater in Zubrnice\_Společně pro faru v Zubrnících**

**Dates:** 24.-26.4.2026

REN/MAN

Vols: 20 + 1 campleader

Age: 17-99

20 euro fee

Requirements/note: bring your own sleeping bag and pillow

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**Project:** “Centrum Vincence Zahradníka z.s.” is a local association renovating a former parish house. With the regular help of volunteers, they are gradually transforming the place into a community centre, which already serves as a space for amateur theatre groups. The local partner aims to preserve the legacy of the former parish priest, philosopher, and writer Vincenc Zahradník, who lived here at the turn of the 18th and 19th centuries.

The project contributes to **SDG 11 – Sustainable Cities and Communities**.

**Work:** Volunteers will help with washing windows and preparing the spaces for the upcoming theatre season. Those who enjoy gardening will also have the opportunity to take care of the herb garden. The work is not physically demanding.

**Study part:** The local partner will introduce you to the life story of the former parish priest, philosopher, and writer Vincenc Zahradník, who was displaced after the end of World War II. There will be space for discussion about this difficult historical period and the broader story of the Czech Sudetenland.

**Accommodation/Food:** You will stay together in the former parish house, sleeping on beds. There are 3 rooms available. Please bring your own sleeping bag and pillow. The

accommodation includes a fully equipped kitchen, fridge, washing machine, and Wi-Fi. There are 3 toilets and 2 showers.

Meals will be provided on Saturday and Sunday (breakfast and lunch).

**Place of work=accommodation:** Zubrnice 39, Ústí nad Labem, 402 00 GPS 50.6506450N, 14.2211647E

**Leisure time:** On Saturday, if the weather is nice, we can light a campfire. On Sunday afternoon, there will be an option to visit the local open-air museum and see unique traditional timbered houses. Another option is a hike to Buková hora.

**Location:** Zubrnice is a picturesque village in the České středohoří region, near Ústí nad Labem. The main highlight is the Skanzen Zubrnice (Open-Air Museum), the only museum of folk architecture in northern Bohemia, preserving original timbered houses, a school, a church, and a historic functional railway station. The surroundings offer beautiful hiking routes to abandoned villages and viewpoints from Buková hora, with views over the České středohoří hills and the Elbe River valley. Mobile phone signals are available in the area.

**Requirements:** Sleeping bag, pillow

Due to limited outgoing resources of INEX-SDA, we kindly ask participants to contribute 20 EUR towards the costs of general incoming administration of our workcamps. The fee needs to be sent to us by a bank transfer latest one month before the workcamp starts. Please note that this fee does not directly contribute to the workcamp budgets. The fee needs to be sent to us by a bank transfer in advance. Cancellation policy: The fee is non-refundable. In case of cancellation due to force majeure (for example injury, rejected visa etc.), we will ask for proof and solve it on an individual basis.

**Directions to meeting point/Transport HUB:** bus stop Zubrnice, GPS 50.6500511N, 14.2203969E

About 3h away from Prague airport

And 6-7 changes in the journey

**SDA 26-W02 Weekend of Open Gardens at Veseli castle**

**Date: 5.6.2026-7/6/2026**

REN/MAN/FEST/ENVI

Vols: 8 + 2 CL

Age: +18

20 euro fee

Requirements/note: sleeping bags

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**Project:** The workcamp is organised in cooperation with a local initiative dedicated to the restoration of the castle in Veselí nad Úhlavou and its surrounding gardens. The main goal is to support landscaping and maintenance work in the castle gardens as part of the Open Gardens Weekend project, helping improve their appearance, accessibility, and readiness for public events. Through practical outdoor work, volunteers contribute to the preservation of cultural heritage and the revitalisation of historical green spaces. The project supports UN Sustainable Development Goal 11: Sustainable Cities and Communities and Goal 15: Life on Land by combining heritage protection with responsible care for landscaped natural areas.

**Work:** Volunteers will carry out landscaping and maintenance work in a newly created garden within the castle grounds. Tasks include planting flowers and shrubs, raking grass, extending and shaping park paths, pruning self-seeded trees and shrubs, and repairing a stone wall. The work is mildly physically demanding and involves common hand tools such as spades, shovels, rakes, and hoes. In case of rain, activities will move indoors and focus on cleaning and basic maintenance of castle rooms.

The work site is situated at this coordinates: castle Veselí 49°20'57.7"N, 13°12'19.61"E

**Study part:** Volunteers will be introduced to the history of the castle and its surroundings, helping them understand the cultural and historical context of their work and its role in the long-term restoration of the site. The programme may include an informal evening gathering around a campfire and a trip in the surrounding area. During the Open Gardens Weekend, volunteers will interact with local residents and visitors, gaining insight into community life and public engagement with cultural heritage.

**Accommodation/Food:** Volunteers will be accommodated at **Pocinovice 71, 345 09 Pocinovice GPS: 49.3423103N, 13.1333781E**

Volunteers will be accommodated in simple shared accommodation consisting of two rooms. Pillows are provided. You will be sleeping in bed or mattresses and will need to bring your own sleeping bag. The accommodation is equipped with basic facilities to ensure a functional and comfortable stay, including access to a washing machine, refrigerator, kitchenette for simple meal preparation, and Wi-Fi. Sanitary facilities are shared and include two toilets and two showers.

Volunteers will have to prepare their breakfast and dinner from provided ingredients. Lunch will be provided by the host.

**Leisure time:** Leisure activities may include visiting a nearby observation tower with views of the surrounding landscape and an excursion to a local pilgrimage site linked to the region's cultural and spiritual history. Volunteers can also take part in various sports activities, offering opportunities for relaxation, physical movement, and informal social interaction during their free time.

**Location:** The workcamp takes place in two small villages that provide a quiet rural setting with basic services, sports facilities, restaurants, and swimming opportunities. The surrounding area offers historical and natural monuments that can be explored during free

time. An ATM is within walking distance, and mobile phone reception is available on site. Transport between the accommodation and the worksite will be provided by car or train.

**Directions to meeting point: Pocinovice 71, 345 09 Pocinovice**

Nearest airport: Václav Havel Airport Prague 50.1083953N, 14.2621233E

Nearest train station: Pocinovice, 49.3463286N, 13.1355831E

The journey will last approximately 4h and will need from 3 to 4 changes

We will provide more details in the specific infosheet

**Requirements/What you need to take with you (in the specific infosheet):** Volunteers have to bring their own towel and proper sturdy shoes, sneakers are not sufficient for the kind of work asked.

Due to limited outgoing resources of INEX-SDA, we kindly ask participants to contribute 20 EUR towards the costs of general incoming administration of our workcamps. The fee needs to be sent to us by a bank transfer latest one month before the workcamp starts. Please note that this fee does not directly contribute to the workcamp budgets. The fee needs to be sent to us by a bank transfer in advance. Cancellation policy: The fee is non-refundable. In case of cancellation due to force majeure (for example injury, rejected visa etc.), we will ask for proof and solve it on an individual basis.

**The impact of previous volunteers:** We have been working with volunteer organizations for 10 years. During that time, we have cleared the castle park of self-sown trees and cleared debris from the entire castle. We are now maintaining the accessible castle and preparing a project to restore the main roof of the castle.

**SDA 26-W03 Wild & Cosy: Wetlands Glamping Weekend**

**Date: 19.6.2026- 21/6/2026**

ENVI/MAN/

Vols: 6 + 1 CL

Age: +18

20 euro fee

Requirements/note: sleeping bag and pillow

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**Project:** The workcamp is organised by a group of local volunteers dedicated to strengthening community life through creativity, culture, tradition, and nature conservation. They organise events for all generations, plant mulberry trees, and run a travelling teahouse connected to local cultural activities. The main goal of the workcamp is to expand a local nature reserve, support the creation of a new park, and contribute to the creation of a mural that enhances public space. Through these activities, the project supports UN Sustainable Development Goal 15: Life on Land by promoting biodiversity, care for natural areas, and sustainable use of the landscape.

**Work:** Volunteers will take part in outdoor environmental and creative activities, including cutting shrubs, pulling branches, and contributing to the design of a mural and benches for public spaces. The work is mildly physically demanding and carried out mainly outdoors. Activities depend on good weather; in case of rain, volunteers may assist nearby local organisations such as Parazoo ČSOP Vlašim. The host will provide necessary tools and protective equipment, including brush cutters, safety glasses, rakes, and work gloves.

The work site is situated at this coordinates: Vlastišov 49.6456206N, 14.8141831E

The workplace is a 1-minute walk from the caravan park.

**Study part:** Volunteers will take part in a lecture focused on wetlands and ponds, learning why these habitats are among the most endangered in the country. The session will explain the importance of restoring and protecting wetlands, how they help retain water in the landscape, and which plant and animal species depend on them, linking the theory directly to the site they are helping to care for.

**Accommodation/Food:** Volunteers will be accommodated at **Vlastišov 1, Zvěstov, 257 05**

Volunteers will stay in glamping accommodation in two new caravans. They will sleep on beds and must bring their own sleeping bag and pillow. The accommodation includes basic facilities such as a refrigerator and kitchenette. Sanitary facilities consist of one dry toilet and two showers. There is no wifi. Volunteers will prepare their own breakfast.

**Leisure time:** Leisure activities may include a trip to the natural swimming pool in Louňovice and a hike to the legendary Blaník mountain, known for its myths and a lookout tower at the top. Volunteers can also visit Zlatodol Roudný, a historic site that was once one of the most profitable gold mines in Europe.

**Location:** The workcamp takes place in a small village surrounded by nature on the edge of the Blaník Protected Landscape Area. Basic services such as a shop, restaurant, and swimming area are located about 3 km away in Louňovice pod Blaníkem. The site itself is a restored wetland biotope with pools, renewed in 2024 to retain water in the landscape and support endangered plant and animal species. The area also includes nearby historical sites such as a former gold mine and chateaux.

**Directions to meeting point: Vlastišov 49.6456206N, 14.8141831E**

Nearest airport: Václav Havel Airport Prague 50.1083953N, 14.2621233E

Nearest BUS station: Zvěstov, rozc.Vlastišov, 49.6481019N, 14.8220014E

The journey will last approximately 3h and will need from 4 to 5 changes

We will provide more details in the specific infosheet

**Requirements/What you need to take with you (in the specific infosheet):** Volunteers have to bring their own towel and proper sturdy shoes, sneakers are not sufficient for the kind of work asked.

Due to limited outgoing resources of INEX-SDA, we kindly ask participants to contribute 20 EUR towards the costs of general incoming administration of our workcamps. The fee needs

to be sent to us by a bank transfer latest one month before the workcamp starts. Please note that this fee does not directly contribute to the workcamp budgets. The fee needs to be sent to us by a bank transfer in advance. Cancellation policy: The fee is non-refundable. In case of cancellation due to force majeure (for example injury, rejected visa etc.), we will ask for proof and solve it on an individual basis.

