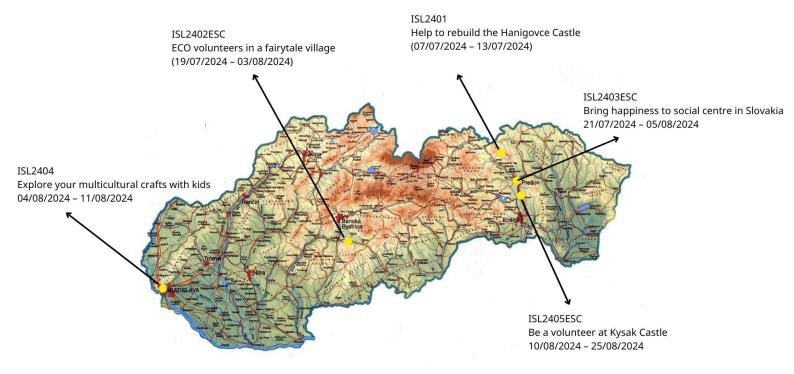


# Werkcamps 2024



# THE LIST QF WQRK(AMPS 2024 QF INEX SLQVAKIA

CODE	NAME	LOCATION	TYPE	FROM	TO	AGE LIMIT	VOLS	Remarks
	Help to rebuild the Hanigovce							
ISL2401	Castle	Lutina	RENO/ARCH	7.7.	13.7.	18+	8	
	ECO volunteers in a fairytale							
ISL2402ESC	village	Slatinka	ENVI	19.7.	3.8.	18 - 30	12	Only EU
	Bring happiness to social centre							
ISL2403ESC	in Slovakia	Presov	DISA/SOCI	21.7.	5.8.	18 - 30	10	Only EU, MOT
	Explore your multicultural crafts							
ISL2404	with kids	Bratislava	KIDS/SOCI	4.8.	11.8.	18+	5	MOT, no pairs
ISL2405ESC	Be a volunteer at Kysak Castle	Kysak	RENO/ARCH	10.8.	25.8.	18 - 30	12	Only EU



# ABQUT US

**INEX Slovakia** (**IN**ternational **EX**changes) is a non-governmental civic organisation offering remarkable experiences, personal development and meaningful free time activities for young people through international voluntary activities and non-formal education.

We have been encouraging young people in recognition of new cultures, creation of new friendships from all around the world and getting new skills and experiences since our establishment in 1993. We are members of **Alliance for European Voluntary Service Organisations** and partners of **Service Civil International.** 

### **GENERAL CONDITIONS FOR PARTICIPATION IN OUR WORKCAMPS**

Age limit: 18 – 99 for regular workamps, 18 – 30 for ESC Volunteering Teams

Common language used in the camps: English

Insurance: Please notice that INEX Slovakia does not provide any insurance. To join the workcamp in Slovakia you have to be insured. Do not forget to take your insurance with you.

Participation Fee: 20 EUR for ISL2401 and ISL2404. Due to limited resources we kindly ask the volunteers to contribute 20 EUR that partly covers the costs of accommodation/meals. The fee needs to be sent to us by bank transfer in advance. Bank details and the deadline for payment will be provided in the acceptance email.

#### **CONTACTS:**

**INEX Slovakia** 

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General e-mail: inex@inex.sk
Outgoing, YE, Trainings abroad: Miroslava ZVACOVA out@inex.sk

Incoming, Leader Training: Monika MUDRONOVA in@inex.sk

ESC: Barbara KRISTOFIKOVA esc@inex.sk

**Emergency contacts**: In case of emergency, please contact the office.



# ISL2401 Help to rebuild the Hanigovce Castle

Lutina, reg. Sabinov 07/07/2024 – 13/07/2024

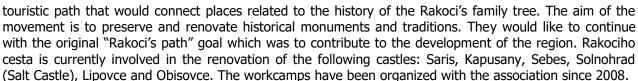
Type: RENO/ARCH

Vols: 8

Language: English

Age: 18+

Partner: The Civil Association Rakociho cesta carries the idea of a



**Work**: Volunteers will be helping with revitalizing the old ruins of the small Hanigovce Castle in Eastern part of Slovakia. The Hanigovce Castle was built as wooden castle in the 13<sup>th</sup> century. Later, the castle was rebuilt in stone. The goal of the camp will be to help with the renovation of the castle ruins. Volunteers will help with masonry work, preparation and sorting of stones, preparation of mortar, transfer of mortar and stones to masonry sites. Help with maintenance of tourist infrastructure - information boards, signposts, fireplace, benches, well, etc. They will take care about the herd of 30 goats that are kept at the castle for the purpose of grazing the bushes. Part of the work will be help with the construction and repair of a shelter for goats. For those interested, there is the opportunity to learn how to milk and process goat milk for cheese production. In case there will be children's summer camp organized in the next village and they will visit the castle location, the volunteers will help for 1 day with the organizaziton of the games, funny activities, sport activities. In case there will be castle festival organized, the volunteers will help with preparation of the stands and cleaning the area. The ruins of the castle are 40 minutes by walk from the village Lutina where volunteers will be accommodated. By participating to this project, you contribute to protecting the local cultural heritage (UN SDG 11).

**Accommodation & Food**: Volunteers will stay at a local pension in the village Lutina. Volunteers will sleep on beds in the rooms. Showers, toilet facilities and fully equipped kitchen are provided. Meals will be prepared by the volunteers themselves. Volunteers will be divided in the kitchen teams and cook together; the groceries will be provided. On request, vegetarian meals can be provided.

**Location and leisure**: Lutina is a village in the Eastern part of Slovakia in the Sabinov district. Lutina is the largest pilgrimage site of the Greek Catholic Church in Slovakia. The volunteers can visit the oldest minor Greek Catholic basilica in Slovakia which is located in the village. The mini-museum in Lutina with the replicas of wooden temples is also open for tourists. The village is surrounded by beautiful nature with many touristic routes and hiking opportunities.

**Terminal**: Airport – Vienna, Bratislava or Kosice. You have to travel to Sabinov and from Sabinov to Lutina village. Please keep in mind that the journey from Bratislava to Sabinov takes around 6 hours and the last bus to the meeting point is leaving at 5 p.m. So please plan your journey to Bratislava with arrival in the morning or try to find the flight connection directly to Kosice and then bus/train to Sabinov.

**Meeting point:** A local pension in the village Lutina, on 07.07.2024 around 6 pm. More info will be provided to accepted volunteers in the infosheet sent at least 4 weeks before the start of the workcamp.

**Remarks**: Bring a sleeping bag, working gloves, working clothes, warm clothes, cap, raincoat, strong boots, swimming suit, headlamp and a smile on your lips:) You can also bring some games from your country.

**Study Part:** The volunteers will prepare the "Feast of cultures" - an international food evening. Part of the program is "volunteering footprint" workshop and an educational workshop about current events in Europe. Our camps will follow the rules of Sustainability campaign.

#### **Participation Fee: 20 EUR**

Due to limited resources we kindly ask the volunteers to contribute 20 EUR that partly covers the costs of accommodation. The fee needs to be sent to us by bank transfer in advance. Bank details and the deadline for payment will be provided in the acceptance email.

**Summary:** Spend a week in eastern Slovakia and find the treasure at the ruins of the castle.



# ISL2402ESC ECO volunteers in a fairytale village

SLATINKA, reg. ZVOLEN 19/07/2024 – 03/08/2024

Type: ENVI Vols: 12

Language: English Age: 18 - 30

**Partner**: *The Slatinka Association* was established in 1993 as a reaction to the construction of the Slatinka water dam on the



Slatina River. The association's mission is to work at the basin of the Slatina River, to protect the environment and preserve natural areas while spreading consciousness of the project's effects on nature. One of their main aims is to bring life back to the village of Slatinka, since many people had to leave due to the dam construction. Workcamps like this one have been organized in Slatinka since 2011.

**Work**: The work will be done around and in the village of Slatinka and in the city park in Zvolen. The volunteers will help with cleaning the area in Slatinka: cutting the grass, taking care of the trees. Part of the help will be mapping and cleaning of wells and springs and maintenance of the new memorial site on the site of the demolished birthplace of the writer Jan Beno. The working hours are from Monday to Friday divided as follows: 4 hours in the morning and 2 hours in the afternoon. There are no special skills required. By participating to this project you contribute to protecting sustainable use of terrestrial ecosystems (UN SDG 15).

**Accommodation & Food**: Volunteers will stay at a local school called the Eco Center. The center has an outdoor shower that requires participants to manually heat the water before each shower, and the toilets are dry (outhouses). There will not be access to running water, so water will be delivered or taken from a well pump for showers. Drinkable water will be provided by the local partner. On-site access to electricity and mobile signal is available. There are two bedrooms with mattresses, but a **sleeping bag** is required. Meals will be prepared by the volunteers themselves. Volunteers will be divided in the kitchen teams and cook together; the groceries will be provided. The food will be mostly vegetarian.

**Location and leisure**: Slatinka is a little village near Zvolen located in the Central part of Slovakia. The village is surrounded by beautiful nature with many touristic routes and hiking opportunities. The volunteers may visit Zvolen, where they will find a castle, a historical center and other interesting sites.

**Terminal**: Airport – Vienna or Bratislava; then train or bus to Zvolen. Please keep in mind that the journey from Bratislava to Zvolen takes around 3 hours. So please plan your journey to Bratislava with arrival in the morning.

**Meeting point:** Bus station in Zvolen, on 19.07.2024 around 5 pm. More info will be provided to accepted volunteers in the infosheet sent at least 4 weeks before the start of the workcamp.

**Remarks**: Bring a sleeping bag, working clothes, warm clothes, cap, raincoat, strong boots, swimming suit, headlamp and a smile on your lips:) You can also bring some games from your country.

**Study Part:** The workcamp will have a rich environmental study part as the local partner is an ecologically-focused organization. Volunteers will learn about environmental protection efforts in Slovakia and all the issues related to the dam construction. Participants will also learn about the history of Slatinka and Zvolen. The volunteers will prepare the "Feast of cultures" - an international food evening. Part of the program is "volunteering footprint" workshop and an educational workshop about current events in Europe. Our camps will follow the rules of Sustainability campaign.

**Attention**: The camp is for nature and ecology lovers! Mostly vegetarian food and eco camp! For more info and pictures about the project please see: <a href="www.slatinka.sk">www.slatinka.sk</a>. You can also watch video from workcamp in Slatinka: <a href="https://www.youtube.com/watch?v=hgtH03v7310&t="ht

**Important:** This project is supported by the program European Solidarity Corps (ESC) for young people between 18 and 30 years. It is open to all volunteers that fit the ESC criteria. Volunteers will receive a financial support for their travel, according to a maximum amount established in accordance with their travel distance and upon the presentation of original tickets; volunteers need to enrol in the PASS, the ESC Portal; then INEX Slovakia will organise their matching, on the online system, with the volunteering project.

**Summary:** Live in peace with nature and learn about other cultures at Eco-Slatinka! Don't miss your adventure in Slovakia!

# ISL2403ESC Bring happiness to social centre in Slovakia

**PRESOV** 

21/07/2024 - 05/08/2024

Type: DISA/SOCI

Vols: 12

2013.

Language: English Age: 18 - 30

**Partner:** Association Barlicka (Little crutch) has been working with young people with physical disabilities since 1999 by establishing a centre to help them live independently. The association has been offering: activities in a social centre on a daily basis; practical school; courses (theatre, dance, music, PC, etc.). Later, they also build a centre for



daily basis; practical school; courses (theatre, dance, music, PC, etc.). Later, they also build a centre for mothers and services for elderly people. The workcamps have been organized in Barlicka centre since

**Work**: The volunteers will organize free time activities for young people with disabilities and seniors from the NGO Barlicka. The young people from Barlicka are 18+ years old. The volunteers will be helping with activities for young people with disabilities and senior. The activities will be organized during the daily summer camp – summer activities, trips, competitions, and games. Most of the young people and seniors are on the wheelchairs. On the first work day volunteers will have short training how to manage the wheelchair and they will get information about young people and seniors from Barlicka. There are no special skills required. Important is motivation and empathy. The staff of social centre will be guiding the volunteers during the work. The working hours are from Monday to Friday divided as follows: 9:00-12:00 and 13:00-15:30. By participating to this project you contribute to reducing inequality within and among countries (UN SDG 10).

**Accommodation & Food**: Lodging will be provided in the flat. Volunteers will sleep on beds in 3 rooms. However, they need to bring their **sleeping bag**. Kitchen facilities, washing machine and two bathrooms are provided. There is also a living room with sofa and TV for free time activities. Volunteers divided in the kitchen teams will be in charge of preparing the food for breakfast and dinner. The groceries will be provided. The lunch will be provided by local partner. On request, vegetarian meals can be provided. Wifi is available.

**Location and leisure**: The camp will be organized in the city of Presov – the 3<sup>rd</sup> biggest city in Slovakia located in the Eastern part of the country. The volunteers can enjoy the old historical centre, the castles around Presov and the cultural life in the city.

**Terminal**: Airport – Vienna, Bratislava, or Kosice; then train or bus to Presov. Please keep in mind that the journey from Bratislava to Presov takes up to 6 hours. So please plan your journey to Bratislava with arrival in the morning or try to find flight connection directly to Kosice (40 minutes from Presov by train or bus).

**Meeting point:** Social centre NGO Barlicka, on 21.07.2024 around 5 pm. More info will be provided to accepted volunteers in the infosheet sent at least 4 weeks before the start of the workcamp.

**Remarks**: Bring a sleeping bag, a swimming suit, some info materials and pictures of your country, materials which could be used in workshop, musical instrument to play nice music, some ideas for games with the young people and seniors, your enthusiasm and a smile on your face:)

**Study Part:** The volunteers will prepare the "Feast of cultures" - an international food evening. The volunteers will prepare the "Feast of cultures" - an international food evening. Part of the program is "volunteering footprint" workshop and an educational workshop about current events in Europe. Our camps will follow the rules of Sustainability campaign.

**Attention**: MOTIVATION LETTER IS NEEDED – write why you want to participate and how you want to contribute on this workcamp on at least ¾ A4. As the volunteers are staying in the social centre, alcohol, cigarettes and other drugs are not allowed in the centre.

For more info about BARLICKA: https://barlicka.sk/

**Important:** This project is supported by the program European Solidarity Corps (ESC) for young people between 18 and 30 years. It is open to all volunteers that fit the ESC criteria. Volunteers will receive a financial support for their travel, according to a maximum amount established in accordance with their travel distance and upon the presentation of original tickets; volunteers need to enrol in the PASS, the ESC Portal; then INEX Slovakia will organise their matching, on the online system, with the volunteering project.

**Summary:** Pack your backpack, have an open mind and come to Slovakia where you can really bring happiness to the lives of people with disabilities and seniors!

# ISL2404 Explore your multicultural crafts with kids

BRATISLAVA 04/08/2024 - 11/08/2024

Type: CHILD Vols: 5

Language: English

Age: 18+

**Partner:** *Presporkovo family centre* is a civic organisation established by mothers on a maternity leave from the city Bratislava – Old Town 19 years ago. The aim of the centre is to provide meaningful



program for families with children from 0 months to 6 years and more. Presporkovo organizes cultural, sport and educational activities and events for children and their parents. All the activities are organized directly by the mothers free of charge and on a voluntary basis. Approximately 40 families visit the centre each day. We have been cooperating with Presporkovo since 2014 organizing the workcamps and other events.

**Work**: The volunteers will help with organisation of activities, games, creative workshops and intercultural program for children and parents. They will share their cultural values and traditions that are connected to history of their country through specific crafts. The activities will be organized during the daily summer camp for kids. There are no special skills required. Important is motivation and empathy. The local volunteers from family centre will be guiding the volunteers during the work. The working hours are from Monday to Friday divided as follows: 8:30-11:30 and 12:30-15:30. By participating to this project you contribute to reducing inequality within and among countries (UN SDG 10).

**Accommodation & Food**: Volunteers will be accommodated in fully equipped flat in Bratislava with all the needed facilities. Volunteers divided in the kitchen teams will be in charge of preparing the food for breakfast and dinner, the groceries will be provided. The lunch will be provided by local partner. On request, vegetarian meals can be provided.

**Location and leisure**: The capital of Slovakia – Bratislava is situated in south-western part of Slovakia next to the border with Austria and Hungary. It has a fascinating history and culture, magnificent Old Town, picturesque castle on a hill just above the city, and – last but not least – the night life has a lot to offer too;)

**Terminal**: Airport (Vienna, Bratislava), bus and train station in Bratislava.

**Meeting point:** Family Centre Presporkovo, on 04.08.2024 around 5 pm. More info will be provided to accepted volunteers in the infosheet sent at least 4 weeks before the start of the workcamp.

**Remarks**: Bring a sleeping bag, comfortable clothes for playing with the kids, a swimming suit, some info materials and pictures of your country, musical instrument to play nice music, some ideas for games with the children, your enthusiasm and a smile on your face :)

**Study Part:** The volunteers will prepare the "Feast of cultures" - an international food evening. Part of the program is "volunteering footprint" workshop and an educational workshop about current events in Europe. Our camps will follow the rules of Sustainability campaign.

**Attention**: MOTIVATION LETTER IS NEEDED. As the volunteers are staying in the family centre and will work with children, alcohol, cigarettes and other drugs are not allowed in the centre. For more information about Presporkovo: www.presporkovo.sk

# **Participation Fee: 20 EUR**

Due to limited resources we kindly ask the volunteers to contribute 20 EUR that partly covers the costs of meals. The fee needs to be sent to us by bank transfer in advance. Bank details and the deadline for payment will be provided in the acceptance email.

**Summary:** Do you want to spend week working with children in the beautiful capital of Slovakia with people from all over the world? This is your chance!

#### **ISL2405ESC Be a volunteer at Kysak Castle**

KYSAK

10/08/2024 - 25/08/2024

Type: RENO/ARCH

Vols: 12

Language: English Age: 18 – 30

**Partner:** The Civil Association *Rakociho cesta* carries the idea of a touristic path that would connect places related to the history of the Rakoci's family tree. The aim of the movement is to preserve and renovate historical



monuments and traditions. They would like to continue with the original "Rakoci's path" goal which was to contribute to the development of the region. Rakociho cesta is currently involved in the renovation of the following castles: Saris, Kapusany, Sebes, Solnohrad (Salt Castle), Lipovce and Obisovce. The workcamps have been organized with the association since 2008.

**Work**: Volunteers will be helping with revitalizing the old ruins of the small Kysak Castle in eastern part of Slovakia. Kysak Castle was a medieval castle. Nowadays there are only ruins left underground. Be aware that you will not be able to see the castle. The town Kysak is trying to preserve cultural heritage. The goal of the camp will be to explore the foundations of the castle tower, which are located below the surface. The work will be part of the archeological research. The volunteers will also be involved in renovation work, cleaning the area, transport of the material (like sand, rocks, and water). The volunteers will learn about the history of the castles in Eastern Slovakia. In case, there will be a cultural event, the volunteer will help with its organization. No building and archeological experience are needed. The working hours will be from Monday to Friday, approximately 8:30-15:00, including a lunch break. By participating to this project, you contribute to protecting the local cultural heritage (UN SDG 11).

**Accommodation & Food**: The volunteers will stay in the town Kysak in the eastern part of Slovakia. The volunteers will sleep in the local town house. There are 2 bedrooms with beds but a **sleeping bag** is required. Showers, toilet facilities and fully equipped kitchen are provided in the house. Volunteers divided in the kitchen teams will be in charge of preparing the food for breakfast and dinner, the groceries will be provided. The lunch will be provided by local partner. On request, vegetarian meals can be provided.

**Location and leisure**: Kysak is a small town and railway hub close to second biggest city in Slovakia - Kosice. There is a good train connection from Kysak to Kosice and Presov. There is possibility to visit castles Obisovce and Sokol. The village is surrounded by beautiful nature with many touristic routes and hiking opportunities.

**Terminal**: Airport – Vienna, Bratislava or Kosice, then train or bus to Kysak. Please keep in mind that the journey from Bratislava to Kysak takes around 5 hours. So please plan your journey to Bratislava with arrival in the morning or try to find the flight connection directly to Kosice and then bus/train to Kysak.

**Meeting point:** Local town house in Kysak, on 10.08.2024 around **5 pm**. More info will be provided to accepted volunteers in the infosheet sent at least 4 weeks before the start of the workcamp.

**Remarks**: Bring a **sleeping bag**, working clothes and gloves, warm clothes, raincoat, strong boots, swimming suit, insect repellent, flashlight and a smile on your lips:) You can also bring some games from your country.

**Study Part:** The volunteers will prepare the "Feast of cultures" - an international food evening for the local community and will join the "volunteering footprint" workshop. Our camps will follow the rules of Sustainability campaign. INEX Messenger will visit the workcamp.

**Important:** This project is supported by the program European Solidarity Corps (ESC) for young people between 18 and 30 years. It is open to all volunteers that fit the ESC criteria. Volunteers will receive a financial support for their travel, according to a maximum amount established in accordance with their travel distance and upon the presentation of original tickets; volunteers need to enrol in the PASS, the ESC Portal; then INEX Slovakia will organise their matching, on the online system, with the volunteering project.

**Summary:** Would you like to spend 2 weeks helping with the renovation of a castle in the middle of the beautiful nature in Slovakia? Get ready for the adventure, open your mind and develop yourself!

Workcamps Programme - Brief description, size of programme & important features

Adult camps: 5 ARCH/RENO camps: 2 DISA/SOCI camps: 1 ENVI camps: 1 KIDS camps: 1

\*Total number of incoming volunteers: 49

- \*We accept **5–12 international volunteers per camp** (Slovak volunteers in some camps)
- \*Every workcamp is led by **two leaders**, who are trained by INEX Slovakia
- \*Working hours vary widely among the camps depending on type of work (e.g. camps with kids, or disabled people could have longer working hours due to spending the free time with them). Usually volunteers work **6 hours a day.**
- \*Camp language is English
- \*INEX workcamps are CAMPS camps in every aspect accommodation, location, catering, work, wifi and free time.
- \*Participation Fee Due to limited resources we kindly ask the volunteers to contribute 20 EUR that partly covers the costs of meals. The fee needs to be sent to us by bank transfer in advance. Bank details and the deadline for payment will be provided in the acceptance email.



What else is important...

We are looking forward to receive your volunteers, don't hesitate to send them!

We are open to all volunteers 18+, which means that those who are over 30 are also very much welcome at our workcamps:).

There will be an **INEX Messengers workshop** organized on some workcamps - an educational workshop about current events in Europe. Volunteers will also join the "**volunteering footprint**" **workshop**. The workshops are prepared and organized by our leaders on all of the camps.

The volunteers in our camps will also organize and participate in an intercultural event - **"Feast of cultures"**. The volunteers will prepare national food and presentations about their culture/country.

Our camps will follow the rules of the **Sustainability campaign**.

The study parts are very important in our camps and we will be preparing leaders for them thoroughly. We are looking forward to hosting volunteers who are interested in learning something new:).











