

WHAT ?

YOUTH EXCHANGE

WHEN ?

4-25 JULY 2022

WHERE ?

LOZERE, FRANCE

FOR ?

>18 YEARS OLD
20 PARTICIPANTS
From 3 ERASMUS +
Program countries
5 participants /
country (4+1 leader)

WHO?

Must be VOLUNTEERS
and INTERESTED in
the topic, but no
request for any
special skills !

Food through ages and culture



INTRODUCTION

REV Association organizes an Erasmus+ Youth Exchange discussing how different local and natural products can be cooked and processed; During this project, you will have the opportunity to discover how the local products are cooked and / or transformed but also exchange on the recipes of your country. This project will be accompanied by different professionals (beekeeper, market gardener, chestnut producer, etc)

This project is also a collective experience, where 20 young European will live together during the time of the project, and engage together in the daily management of the project.

You can be a great cook enthusiast, or just a curious young European willing to debate, exchange and create together, this project is for you!

GOALS

- To collectively discover local products and recipes
- To collectively cook and share recipes from different countries
- To live a collective and intercultural experience

ACTIVITIES

This project will take place in a remote area in Lozère close to a small mountain village. Exchanges with local population will be strong: Meals, animations...

Everybody will take part in the collective life: making of the meals, cleaning, preparing activities for the night.

But also :

- Activities with local people
- Evenings at the fireplace
- Activities proposed by the participants
- Free time to discover local places
- Regular collective moments
- Collective activities

In a dynamic of non-formal education, participants will be able “to make and to live together” and each participant will be responsible for the daily life of the group. This tool is very important for a real encounter: participants will elaborate their own menus, cook in groups, do the cleaning, and organize their activities.

The exchanges at cooking time, household, or at the time of the meals together and the leisure activities will be the base of the interculturality of this project.

Participation fee: Free

Travel expenses will be partially reimbursed according to the Erasmus + distance calculator.

Contact :

**Association
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Interested?

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