

**Name:** "Solidarity without limits"  
**Code:** WECO2023-MTV2  
**Type of work:** SOCI / CHIL/ EDUC  
**Location:** Medellín, Colombia.  
**Dates:** 01.01.2023 - 31.12.2023  
**Number of vols:** max. 3  
**Age:** 18 – 30

## **DESCRIPTION**

### **WORK**

In general, volunteers help organize and develop the different activities of the foundation, which includes support before, during and after the medical missions.

The work includes:

- Office work
- Organizing medicine and inventory.
- Folding clothes
- Helping organize and sort out donations.
- Managing social media of the organization.
- Joining the medical missions.

For some missions the volunteer has to pay the airplane tickets, it depends on the geographical area where the mission is carried out. (e.g. a medical mission in the Amazonas).

There are some other tasks as well at other foundations 2x every month.

- Cleanup an animal shelter and bathe cats and dogs.
- Cleaning at an old people's home and playing games, karaoke and sports with the elderly.
- Taking care of babies / playing with children between 2 and 6 years old at a foundation of adolescent and single mothers, while they attend some lessons.

According to the volunteer's profile the foundation will try to assign tasks and activities.

### **ACCOMODATION AND FOOD**

The volunteers will stay in a family home (where the foundation is also based) in a shared room with a shared bathroom.

The fee includes accommodation and three meals a day.

The kitchen will be shared with the other volunteers and the host family.

Participants will receive groceries and they have to cook their own food.

Normally the host family prepares lunch for the volunteers, but in exchange once a week it is expected the volunteer prepares lunch for the host family.

There will be 1 to 3 volunteers at the same time.

Vegetarian food is possible.

WIFI is available in the accommodation.

## **PROJECT PARTNER**

This project will be carried out in cooperation with a non-profit organization that brings together different professionals, to contribute to change by small solidarity actions.

They help the most vulnerable communities by carrying out medical missions, attending the needs of children between the ages of 0 and 12 and the elderly. In addition, they provide training and support in different projects to teenage mothers, single mums and mothers who are heads of families.

They also support projects aimed at this continuous improvement in the quality of our habitat.

## **LOCATION AND LEISURE**

Medellín, 'the city of eternal spring', capital of the Antioquia department, has a pleasant climate of around 24°C; it offers modern transport systems like Metro and Metro Cable. Located in a valley surrounded by mountains, this city is always friendly to visitors.

From the mountains that surround the capital of Antioquia you can see how the Medellín River runs parallel to the Metro, which connects various parts of the city. There is an abundance of parks, libraries, museums and public spaces where many cultural events take place. There is a flower festival and in the surrounding villages life is simple with relaxing landscapes and nature reserves.

Places such as the Botanical Garden, the Pies Descalzos park, the Berrío park and the Lleras park are places that you cannot miss.

In addition, Medellín has Parque Explora, an interactive science and technology museum in which children and adults can learn and try a large number of activities.

Nearby you find the Planetarium and the Parque de los Deseos.

For more information visit: <https://colombia.travel/en/medellin>

## **REQUIREMENTS**

Minimum 4 weeks - Maximum 8 weeks

All participants must have medical assistance insurance, which covers, among others, situations related to COVID-19.

The volunteer's participation is confirmed after the extra fee is paid. The payment must be done at the latest 1 month prior to the project starting via bank transfer / Paypal.

Interview with our local partner via zoom in Spanish.

Certificate of vaccination or Covid-test to enter the country is required.  
A negative Covid test is required to participate in the project.

Fill out the following form: <https://forms.gle/ruCp9WtsJYA7qWuo6>

**Language:** intermediate Spanish

**Closest airport:** José María Córdova International Airport

**Participation fee:** 260 EUR / 4 weeks. Each additional week is 60 EUR.

**Documents the volunteers have to provide:** Travel documents, medical assistance insurance, Covid test and certificate of vaccination

**Meeting point:** It will be informed in the infosheet.