

SEM&VOL

Délégation de Solidarités Jeunesses 🥐

## LL FOR PARTNE ART TOUCH YOUTH EXCHANCE - ERASMUS+ PROGRAM

Do you want to put some creativity into your life? To share your artistic knowledge with others and offer workshops to the group? This youth exchange uses creation as a means of intercultural meeting and sharing, allowing participants to develop wellness practices that will help them to reflect on themselves. Participants will also have the opportunity to get to know each other, to cooperate as a group in a culturally mixed context.

During 3 weeks they will have the opportunity to create workshops that will be offered to the rest of the group and/or the local population.

## PRACTICAL INFO :



4 volunteers + 1 leader (18-30 yo) From France + 3 EU Countries



**Accomodation** in tents in the middle of the small rural village of Cause de Clérans

travel costs covered according by E+ distance calculator reimbursed after the mobility 100% hosting and food covered by E+ grant



Sem&Vol is the eighth independent association of the Solidarités Jeunesses movement which, with the support of public institutions, has developed several local partnerships.

Through our actions (youth exchanges, international work-camps, local events, ...) we are working towards breaking down barriers between different publics, on projects where the experience of living and working together contributes to the fight against social exclusion.



**FROM JULY 7TH TO 28TH 2025** 24150 Cause de Clérans - South Ouest of France



## What you will do?

You will work on creative and expressive workshops. You will be invited to share your skills and knowledge and propose workshops and experimentation of practices within the group of participants and also with the local population.

You can use all artistic and creative plastic art means : drawing, painting, clay, etc... There is no needs for specific skills, but your wishes to share and experience your passions

What you will learn? Autonomy, teamwork, respecting and listening to others'words, developing a sense of community Self-confidence(expression, involvement, mindfulness practice) Directing, managing and organizing a workshop in a intercultural context Critical thinking, analytical skills

## Where and how you will live?

The project location is in Cause de Clerans (24150) in the countryside, overlooking the valley, in South West of France. The nearest towns are Lalinde and Bergerac.

Bordeaux is 2h away.

Accommodation in collective tents (2 or 3 people per tent). Kitchen and sanitary facilities on site (dry toilets).

The group can travel to the surrounding villages with minibuses

Bring a sleeping bag and a torch (a pillow if you wish).

Food is provided in the project budget and meals are prepared by participants in turn.

Leisure : visit of medieval villages, canoeing, swimming, vineyard visits, hiking possible.

Meeting point: 07/07 Lalinde train station (24150) at 7pm. Departure on 28/07 between 10am and 12pm from Lalinde station.



SUBSCRIBE

<u>To get an idea of the project's atmosphere, watch</u> <u>this video from 2023!</u>