



# WORKCAMPS PROGRAM

**2024**

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## ABOUT US

IBO Italy is an NGO operating in Italy since 1957.

Our mission is to promote the access to education and learning as fundamental rights and opportunities for the growth and wellbeing of the whole community, and to involve young people in volunteering and solidarity projects, to foster social commitment, participation and responsibility.

IBO's three main fields of intervention are:

- **International Cooperation:** local development projects in Eastern Europe, Africa, and Latin America (Peru, Ecuador, Tanzania, Ukraine, Romania), promoting an inclusive and equitable quality education.
- **Global Citizenship Education** and awareness raising activities for students and youngsters.
- **STV, LMTV projects in Italy and abroad:** work camps, ESC, Humanitarian Aid, Civil Service projects especially involving young people, in order to make them an active and aware part of society.

Mobility projects and inclusion of young people with fewer opportunities.

IBO Italy is member of the European network "IBO Internationale" and CCIVS and a candidate member of the Alliance of European Voluntary Service Organizations. It's a partner of FOCSIV – Italian federation of NGOs. It's headquarter is located in Ferrara.

IBO has solid experience in organizing activities with/for young people: since 1957, we promote short-term experiences of volunteering and community service. The association is accredited for the selection, training and coordination of volunteers in Italy and abroad, for the management of international cooperation projects and information campaigns.

We believe that non-formal learning experiences are fundamental to sensitize the younger generations to meet others, to encourage their personal, professional and educational development, to foster intercultural exchange.

### Participating in a Work Camp with IBO Italy

*...It is an opportunity to broaden your daily horizons.*

Work camps are volunteering experiences that can include construction, restoration, social animation and non-formal education activities, training for peace and human rights, assistance, environmental protection and much more.

Work camps are experiences of community life, shared commitment and intercultural exchange.

Through shared voluntary work, towards common objectives, volunteers will get to know each other, they will create international friendships, discover the local culture in depth, go deep into unfair and unequal situations and the important choices of whom decided to stand against them.

Work camps for everyone, but not for anyone. They are a great opportunity to travel, combining humility and respect with the enthusiasm and curiosity to make yourself available for the common good.

Participating in a work camp means actively collaborating from the first to the last day of the project; live an intense experience of community life, together with volunteers from many different backgrounds; it means being protagonists of the group's decisions, assuming one's responsibilities with awareness, acquiring new skills and discovering new places from an unusual perspective.

Although the projects take place in interesting locations, the work camp is not a tourist trip. If you would like to visit cities and tourist destinations in the area, we invite you to do it before or after the camp: during the project, give priority to group sharing and also to informal moments of intercultural exchange.

## ABOUT OUR WORKCAMPS

### Age limits

- *Adult camps:* 18+ years old
- *Teen camps:* 14-17 years old

### Camp language

English is the camp language in all our camps. It is important that volunteers speak at least basic English.

### Camp Leaders

Our teen camps usually have **two camp leaders** who will live together with the group of volunteers, coordinate activities and support the organization of free time. We do not guarantee the presence of camp leaders in the adults' projects: a local responsible is always present and, when possible, a camp leader can support the activities.

### Accommodation

Accommodations will usually be in schools, youth centers, hosting communities and families, guesthouses, hostels. The conditions are sometimes basic but all facilities like kitchen, toilets and showers are available.

### Food

In most work camps, meals are prepared and self-organized by volunteers and camp leaders. Everyone will participate in cooking and preparing meals.

### Special needs

We are committed to support the participation of people with fewer opportunities at our projects: please contact us for all the necessary info, in order to ease the participation of volunteers with economic difficulties, disabilities and other specific needs.

### Insurance

Insurance is not provided for non-IBO volunteers, therefore volunteers have to bring their own insurance against illnesses, accidents and third party risks.

## Teen Workcamps (14-17 Years Old)

IBO Italy offers minors aged 14 to 17 the opportunity to participate in work and solidarity experiences such as Volunteer Camps in communities or associations involved in social activities and projects.

- Half of teenage camp participants are Italian.

-Volunteers in teenage work camps will be charged of 250 € extra fee to cover the costs of qualified camp leaders and to support the hosting project. We recommend that each volunteer's family or guardian pays by bank transfer before the camp start. Any different agreement may be found on a bilateral level.

- Teenagers are taken in charge on their arrival at the meeting point and they can't leave the camp without a written authorization signed by their parents and sent to IBO.

- We cannot host teenagers without the *Medical Record Sheet* and the *Parental Authorization*.

- As all volunteers taking part in our work camps, teens are asked to be volunteers too. We are expecting from all volunteers, and from teenagers too, a good commitment to participate at the work camp and at group life tasks.

## Work Camps for Adults (18 Years Old and Above)

Our organization also provides opportunities for people aged 18 and above to participate in Volunteer Camps: experiences of solidarity in Italy, Europe and the World in communities or associations engaged in social activities and projects. From the age of 18, the possibility of also choosing a camp outside Europe.

## AN OVERVIEW OF ALL 2024 CAMPS IN ITALY

<i>Code</i>	<i>Project</i>	<i>Type</i>	<i>Dates</i>	<i>Nr. Of volunteers</i>	<i>Age</i>	<i>Extra fee</i>
IBOIT10	Fano (PU)	Manu	16/6 - 29/6	2 IT – 4 INT	18+	/
IBOIT03TEEN	Arcipelago Toscano	Envi/Manu	26/6 - 2/7	4 IT – 6 INT	14-17	600,00 €
IBOIT04TEEN	Spilamberto (MO)	Manu	30/6 – 7/7	6 IT – 6 INT	14-17	250,00 €
IBOIT16	Fano (PU)	Manu	30/6 - 13/7	2 IT – 4 INT	18+	/
IBOIT05TEEN	Cona (FE)	Manu/Ani	3/7 - 10/7	6 IT - 6 INT	14-17	250,00 €
IBOIT06TEEN	Toro (CB)	Manu	3/7 - 10/7	6 IT - 6 INT	14-17	250,00 €
IBOIT17TEEN	Cittaducale (RI)	Manu	7/7 - 14/7	7 IT - 8 INT	14-17	250,00 €
IBOIT07ESC	Cona (FE)	Manu	15/7 – 30/7	4 IT – 6 INT	18-30	/
IBOIT08TEEN	Voltri (GE)	Envi/Manu	15/7 – 21/7	4 IT – 6 INT	14-17	250,00 €
IBOIT09ESC	Toro – Colle d'Anchise (CB)	Manu	15/7 - 30/7	4 IT – 6 INT	18-30	/
IBOIT13ESC	San Lorenzo Bellizzi (CS)	Agri/Manu	11/8 - 25/8	4 IT - 6 INT	18-30	/
IBOIT15ESC	Spilamberto (MO)	Manu	28/8 - 11/9	4 IT – 6 INT	18-30	/

# WORKCAMPS 18+



## IBOIT10/IBOIT16 (Fano - Pesaro Urbino)

**Location:** Fano- Pesaro Urbino – Marche - Italy

**Age:** 18+

**Dates:** IBOIT10 16/06 – 29/06  
IBOIT16 30/06 – 13/07

**Number of volunteers** 2IT+4 internationals

### PROJECT DESCRIPTION

The association Oasi dell'Accoglienza ODV, founded in 1992 by Maria Chiera, has turned 32 years old. Born to welcome free of charge children from all over the world with thalassemia in need of a bone marrow transplantation and intensive therapy, today, in addition to the various services linked to hospitality and to the accompanying health care, the Oasi is actively involved in the fight against violence towards women, takes part of initiatives for the defense of humane rights, promotes and supports socio-cultural projects on the national territory and has partnerships with various international organisations. The Oasi has always been, and is more and more, a "family of families", a little world where different languages, ethnicities, religions and cultures meet and where everyone lives together by giving each other mutual help and friendship. Our motto is: "VIENI, VEDI, VIVI LA VITA" – "COME, SEE, LIVE LIFE".

### WORK

Arrangement of the outdoor areas – help in the kitchen – cleaning of common spaces – entertainment of the hosted people

### ACCOMMODATION AND FOOD

Accommodation: availability of a big tent to share with the other volunteers. Possibility to also put single personal tents in accordance with the house.

Food: The meals will be eaten in the dining room with the hosted and volunteers of the house.

Hygiene services in the facility.

### NO EXTRA FEE

### FREE TIME

Fano is a roman city that especially culturally is very interesting and that is located on the Adriatic coast with it's beautiful beaches. It is also a strategic point between the beautiful hills of the Marche region with many villages and cities considered among the most beautiful in Italy such as Urbino, Gradara, Loreto... and the Romagna coast with all its touristic attractions.

### TRAVEL:

Train and bus station  
Piazzale G. Falcone – P.Borsellino 3  
61100 Pesaro

### MEETING POINT:

Train and bus station of Pesaro  
Time: Preferably in the morning

## IBOIT07ESC (Cona – Ferrara)

**Location:** Casa IBO/ Cona – Ferrara – Emilia Romagna – Italy      **Age:** 18 - 30

**Dates:** IBOIT07ESC 15/7 – 30/7

**Number of volunteers:** 4IT + 6 internationals

### PROJECT DESCRIPTION

The Cona Ferrara 2024 proposal is part of a European Solidarity Corps (ESC) project. The European Solidarity Corps is the European Union's program for young people between the ages of 18 and 30 to help build a more inclusive society, provide help to vulnerable people and respond to social problems. It offers the chance to experience personal and professional learning and growth in one of the EU member states, making positive changes in the local community. It promotes the participation of young people with fewer opportunities and from disadvantaged backgrounds.

This proposal results from the collaboration with the "Ali del Vento" association, which operates in the field of horseback riding both with lessons inside and with rides. The activity carried out also takes on strong social value in the exercise of Animal Assisted Interventions (IAA) in favor of the disabled and on the vision of an ethical human-horse perspective and ethological approach, not based on the exploitation of the animal but on its respect and well-being as fundamental elements.

In fact, all of the school's horses have special histories and left bad experiences behind. The recovered well-being of these horses constitutes a wonderful combination with the happiness of children, disabled and non-disabled, who can enjoy the relationship with these beautiful animals. Among the goals is also the development of affordable horseback riding for everyone (including adults): horseback riding can be a sport within everyone's reach and not a luxury.

### WORK

The activities will take place at the riding stables run by the "Ali del vento" Association in Cona (Ferrara) and will consist of collaboration in cleaning the stables and horses present at the stables, collaboration in horse care and general maintenance of the stables.

### ACCOMMODATION AND FOOD

At Casa IBO in via Boschetto 1 - Ferrara about 8 km away. There are 2 dormitories with bunk beds, shared bathrooms, kitchen for independent meal preparation. Transportation from the accommodation to the riding stables guaranteed.

### NO EXTRA FREE

### FREE TIME

Possibility of arranging visits to the cities of Ferrara, Bologna, Venice.

**TRAVEL:** From Bologna airport you can reach the Ferrara train station.

**MEETING POINT:** Ferrara central train station at 17:00 o'clock.

## IBOIT09ESC (Toro e Colle d'Anchise – Campobasso)

**Location:** Toro e Colle d'Anchise – Campobasso – Molise - Italy

**Age:** 18-30

**Dates:** IBOIT09ESC 15/7 – 30/7

**Number of volunteers:** 2IT+ 8 internationals

### PROJECT DESCRIPTION

The camp stems from IBO Italy's collaboration with the Association "Liberi di essere", which deals with the promotion and development of the territory in the province of Campobasso.

The camp includes activities to support local communities, in particular the municipalities of Toro and Colle d'Anchise for "Living with Care towards a Solidary Molise and Shared Good Practices".

Objective of the activities:

- In the Municipality of Toro to enhance a rural trail "Il Sentiero di\_Vino" and traditional artefacts such as dry-stone walls and small shelter artefacts (formerly used by shepherds: e.g. cleaning a snowbox or working on a fountain).

Agriculture and breeding and/or milk processing activities are also planned.

All this is aimed at regenerating the fabric of the local and resident community of all ages. Thus being actors in a local folk/material culture, if only for a limited time.

The aim of the camp is also to leave room for relations with locals and share common moments to acquire or experience knowledge from the elders in order to raise awareness of the value of the 'heritage of community knowledge'.

- In Colle d'Anchise they will work directly in support of the Fondazione Anchise onlus, an association that supports the elderly and has as its mission the construction of a house as a day centre for activities.

In the camp of 2024, a week will be dedicated to "the completion of the dry manufactur that constitutes a collective seat, as an area of meeting and exchange between elderly residents and non-residents."

### WORK

The planned work is based on derived resources, i.e. waste and reused materials such as demolition and scrap stone. Volunteers, guided by community 'mentors', will select the material and partly realise the walls and micro architecture/design.

- Selection of stone and traditional stonework equipment;
- Meeting with stonemasons and stone artists to try out simple handwork.

### ACCOMMODATION AND FOOD

Volunteers will be accommodated:

- in the residential week at Collo d'Anchise at a guesthouse – with double or quadruple bedrooms, shared bathrooms and communal facilities. There is a kitchen with living room to share breakfast, lunch and dinner. Volunteers will take turns in preparing meals. There are also outdoor spaces to share.

- The second part of the camp will be dedicated to Toro and to APS Liberi di Essere in Campobasso. The residence is a house with a hostel type accommodation with shared facilities at Toro. There are also shared spaces for the moments of breakfast, lunch and dinner.

**NO EXTRA FREE**

**FREE TIME**

Nature, archaeology and history excursions of cultural sites and/or museums are planned.

**TRAVEL:**

Choose one of these arrival airports in Italy - Rome - Naples - Pescara  
Then proceed by train AND/OR bus to Campobasso

**MEETING POINT:**

Volunteers will be expected at the central train station in Campobasso at the 15:00 or directly at Toro at 16:00.

On the 30/7 the volunteers will be accompanied to Campobasso station with departure from Toro by 10:00.

## **IBOIT13ESC (San Lorenzo Bellizzi - Cosenza)**

**Location:** San Lorenzo Bellizzi – Cosenza – Calabria – Italy

**Age:** 18+

**Dates:** IBOIT13ESC 11/08-25/08

**Number of volunteers:** 21T+ 8 internationals

### **DESCRIPTION OF THE PROJECT**

The working camp was born from the collaboration of IBO Italia with the Association "I Ragazzi di San Lorenzo Bellizzi (IRSLB) an association that takes its name from the same country as the fundamental objectives are the safeguarding of the old and the development of the new of the territory.

San Lorenzo is a small city located within the Pollino Park, where a large part of the economy depends on pensions, small businesses, restaurants and seasonal summer tourist jobs. It is also affected by a strong depopulation and therefore aging of the remaining population, like many villages in southern Italy.

An important resource for the place is the maintenance of natural resources and the recovery of ancient productions and skills. The recovery of these traditional activities is very important for the city in terms of economic, social and environmental balance. For several years IRSLB, in collaboration with the Municipality, has been working to combat the abandonment of rural areas. More and more olive groves are being abandoned in the municipal area because the elderly owners are no longer able to take care of them, due to lack of interest, others have emigrated, others have died.

One of the goals of the field will be in fact the recovery of abandoned olive groves according to the

principles of Agroforestry and syntropic agriculture and the enhancement of the ancient local arts.

Furthermore, a Biodiversity project will be activated to map the biodiversity of the surroundings of the Pollino Park. The works will be carried out together with IRSLB as administration and with local associations (civil protection, Manola SanLo OdV, civil protection group, Museum of Rural Art).

## **WORK**

The first introductory activities will be the collection of waste, on natural heritage sites all inside the Pollino Park and the route is to enhance and sensitize the local population on the conservation of the natural heritage.

### Recovery of olive groves

The works for the recovery of the olive groves will consist in the elimination of weeds, in the reduction of shrubs and, in general, in the plants that have nothing to do with the olive grove and have grown spontaneously over the years, removing the stones and all what is needed to prepare the recovery of the plant, from pruning to fertilization to subsequent plucking.

The syntropic garden project will also be continued according to agroforestry techniques and methods.

## **POSSIBLE TRAINING ACTIVITIES**

Part of the study: At the end of the daily activities during the session of the workcamp seminars will be organized:

EUROPE: Focus on the European culture and citizenship (in collaboration with Movimento Europeo Italia)

ECO: Agroecology, plastic pollution, climate change and energy, biodiversity

HISTORY: Brigands and history of Calabria, Dialect

INTERCULTURE: Workshop on intercultural exchange

ECO-CINEMA:

The film "THE HOLE", winner of the Special Jury Prize at the latest edition of the Venice International Film Festival will be shown. (possibility to organize a meeting with the director)

THE GOOD PRESENT: Meeting with the "Primavera della Calabria" network for the active regeneration of Calabria

An excursion inside the heart of the Pollino Park is also planned.

## **FOOD AND ACCOMMODATION**

The volunteers will be housed in the Casa Parco structure, a multifunctional shelter with rooms.

The retreat has a usable kitchen.

Agreements will also be activated with local establishments for breakfasts and meals

**FREE TIME:** Excursion on the Pollino in collaboration with the Pollino Park Authority.

**MEETING POINT:** At the Sibari station

MEETING POINT 1: Sunday 11 August 2024 at 12.00    MEETING POINT 2: Sunday 11 August 2024 at 17.00

## IBOIT15ESC (Spilamberto - Modena)

**Location:** Spilamberto – Modena - Emilia Romagna Region – Italy

**Age:** 18-30

**Dates:** IBOIT15ESC 28/8-11/9

**Number of volunteers:** 5IT+ 5 internationals

### PROJECT DESCRIPTION

“Overseas” is a non-profit association and NGO set up in Spilamberto (Modena) in 1971 to promote the global development of communities in non-European countries through voluntary work and international cooperation, support for local community organisations and groups, and long-distance solidarity for children and young people in need.

Overseas has always attached great importance to the assumption of lifestyles oriented towards moderation in consumption, solidarity 'without borders' and has made recovery and reuse practices the main way of seeking economic resources for the construction of its facilities.

The work camp takes place at the association's headquarter, which consists of a residential unit and a shed located in a large green area on the outskirts of the village.

Participants will stay in the Overseas House and carry out their service in the facilities and spaces used for the promotion of reusing and recycling and near the Natural Garden 3.0, cultivated according to permaculture methods by people with disabilities and the association “Insieme a noi tutti”.

The participants will have the opportunity to approach experiences that try to promote the culture of sustainability in the dimension of daily life: intercultural living together, moderation of consumption, taking care of the environment and of the community.

At the start of the camp the possible activities will be presented and together with the participants a working plan will be defined according to the attitudes, abilities and the wish to learn new things. Moments of exchange and confrontation about the experiences and the topics of the Agenda 2030 are also planned.

An integral part of the camp is respect for the environment, values, traditions and ways of living in the Overseas House in which other people reside and the association's activities are carried out. An extra dose of empathy, understanding and adaptability is required of everyone in order to experience multicultural dialogue!

### WORK

.Actions to prepare for reuse: selection and cleaning of objects, small manual repairs, decorations, transfer and placement of objects, small furniture, household goods, clothing and accessories, recuperated materials

.Actions for the promotion of reuse: collaborating in the elaboration of communication materials and their dissemination by electronic means, preparation of the exposition

.Actions for the maintenance of green areas: weeding, watering, harvesting of fruit from the arboretum and possible processing, compost feeding, reproduction by planting and cutting aromatic plants for a small biotope.

.Actions in the synergistic garden: harvesting and packaging, preparation of new crops

### **FOOD AND ACCOMMODATION**

At the association's headquarters ('Overseas House').

There are shared rooms with 2 beds with bed bases and mattresses and a big room with bunk beds. Volunteers are asked to collaborate in the preparation of meals, cleaning the kitchen and the rooms used.

### **NO EXTRA FREE**

### **FREE TIME**

Turistic visits to Modena and Bologna can be organised

### **TRAVEL**

Arrive at the Castelfranco Emilia (Modena) train station.

### **MEETING POINT**

For those coming by train: Castelfranco Emilia (Modena) railway station

For those coming by bus: Spilamberto (MO), Piazza Sassatelli

# WORKCAMPS 14-17



## **IBOIT03TEEN (Parco Naturale dell'Arcipelago Toscano - Mar Tirreno)**

**Location:** Parco Naturale dell'Arcipelago Toscano – Mar Tirreno – Italy      **Age:** 14-17

**Dates:** IBOIT03TEEN 26/06-02/07

**Number of volunteers:** 4IT+ 6 internationals

### **PROJECT DESCRIPTION**

This proposal results from the meeting of IBO Italia with the association of social promotion "I Tetragonauti" – "The tetragonauts", born in 2003, that today consists of professionals and volunteers in the pedagogical-educational and marine experience field. The main goal of the tetragonauts is to realise interventions and socio-educational projects directed to minors, minors with fewer opportunities and difficulties and to people with disabilities by identifying in the marine and sailing environment the privileged contexts and tools of one's own work.

The project involves therefore a volunteering experience on board of a sailing boat.

Why should I do this experience?

To travel on the sea has strong educative and formative characteristics: to go by sea enables to discover different horizons and possibilities, passions and interests, helps to gain new knowledge and stimulates the discovery of new parts of oneself. Living in direct contact with the sea offers the privileged opportunity of getting to know it, learning to respect it and discovering its rules and beauty. Being surrounded by the sea, day and night, will make you feel the deep connection with the nature. The atmospheric agents and the various forms of marine life will be our companions while travelling.

Being part of a crew, sharing with the others the emotions of navigating, the responsibilities,

the pleasant situations and the ones with difficulties, allows you to enter in a new dimension made of mutual collaboration, fellowship and trust.

The community life in a boat is the privileged place of collaborative making, the main space to experiment the relationship with rules, roles, duties, tasks and responsibility.

The trip is without doubt the most educative moment.

It is the moment of detachment from the comfort and securities to enter another reality, different and sometimes tiring, that forces inevitably to let go of what holds you back, your resistance and to deal with the others and with the difference.

The activities will foresee the alternation of moments on board and on land. During the week there will be carried out cleaning and maintenance work of the beaches and the trekking paths of the places that will be reached by boat. There will be given much importance to the matter of using plastic and plastic in the sea as part of the project Back to Life.

In addition, life on board will be managed communally throughout cooking and cleaning shifts. Through the nutritional pyramid and the exchange of typical recipes from the home countries there will be spoken of dietary education and intercultural exchange. Thanks to the partnership with Banco Alimentare Toscana we will also face the topic of dietary sustainability, policies and good behaviors to avoid the waste of food.

Every day will begin with a muscular awakening: some simple physical exercises to start to move yourself. During navigating everyone will be involved as part of the crew in the maneuvers (helm, sails, anchor) and in some basic notions (nomenclature of the boat, winds and gaits, main nodes).

The moments of work will be complemented by moments of free bathing, swimming, SUP, snorkeling and walks.

## **WORK**

The main works during the camp are divided into:

### 1 Activities of environmental education and cleaning of the territory

- sighting and collection of plastic floating in the sea;
- cleaning of the beaches and backdrops (until 4/5m of depth);
- cleaning and maintenance of trekking paths;
- cetacean sighting;
- snorkeling and recognition of life underwater;
- recognition of plants, herbs and shrubs

### 2 Handling of the boat

- steering of the boat;
- first approaches to the techniques of navigating and the nomenclature on board;
- introduction to the meteorology, also in the light of the climatic changes;
- shifts of life on board (cooking, setting/clearing the table, dish washing, cleaning);
- boat maintenance (small works of carpentry)

## **ACCOMMODATION AND FOOD**

-accommodation: 5 bunks (3 double, 2 bunk beds) with 4 bathrooms; common room (dinette) below deck, cockpit and bridge.

-food: breakfast, lunch and dinner made by the participants in shifts with the help of the educators. Predominance of vegetarian meals. Fresh and local products and when possible also provided by the Banco Alimentare Toscana.

Breakfast: milk, tea, coffee, yoghurt, bread and marmelade, cereals, biscuits, honey, fruits

Lunch and dinner: cereal (pasta, rice, spelt, couscous), cooked or raw vegetables, proteins (meat/cold cut, legumes, eggs, fish, cheese), fruits

**EXTRA FREE** 600,00 €

### **FREE TIME**

In the evening you can decide with the others if you want to play board games, look at the stars, go for a walk or tell each other stories.

### **TRAVEL:**

The nearest airport is the one from PISA. From there you can take a regional train to S. Vincenzo (about 1h). An alternative is the airport in Rome that is about 3h away by train.

### **MEETING POINT**

S. Vincenzo tourist port (LI) on the 26/6 at 14:00.

Return to the port of S. Vincenzo on the 2/7 at 14:00.

## **IBOIT04TEEN (Spilamberto – Modena)**

**Location:** Spilamberto – Modena- Emilia Romagna – Italy

**Age:** 14-17

**Dates:** IBOIT04TEEN 30/06 – 07/07

**Number of volunteers:** 5IT+ 5 internationals

### **PROJECT DESCRIPTION**

“Overseas” is a non-profit association and NGO established in Spilamberto (Modena, Italy) in 1971 to promote the global development of communities in non-European countries through volunteering and international cooperation, support of local organisations and groups, and solidarity for children and young people in need.

Over the years, the association has taken part in numerous initiatives to promote information and raise awareness on global citizenship issues and has always paid close attention to the issue of the imbalance between an abundance of resources and situations of need, considering the different contexts in which they occur, both internationally and locally.

The work camp takes place at the association's headquarter, which consists of a residential unit and a shed located in a large green area on the outskirts of the village. Participants will stay in the Overseas House and carry out their service in the facilities and spaces originally used as a community-school dedicated to training in agriculture, and now used to promote reuse and recycling.

The participants will stay in the Overseas House and will carry out the service partly in the premises and spaces used for the promotion of reuse recycling and in the surrounding green area.

The participants will have the opportunity to approach experiences that try to promote the culture of sustainability in the dimension of daily life: intercultural living together, moderation of consumption, taking care of the environment and of the community.

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At the start of the camp, possible activities will be presented and a work plan will be defined together with the participants according to their capacities, abilities and desire to learn new things. A collaboration of the participants also near the other locations in the area, in which social farming experiences are carried out in contact with overseas, are also planned.

An integral part of the camp is respect for the environment, values, traditions and ways of living in the Overseas House in which other people reside and the association's activities are carried out. An extra dose of empathy, understanding and adaptability is required of everyone in order to experience multicultural dialogue!

## **WORK**

Actions to prepare for reuse: selection and cleaning of objects, small manual repairs, decorations, transfer and placement of objects, small furniture, household goods, clothing and accessories, recuperated materials

Actions for the maintenance of green areas: weeding, watering, harvesting of fruit from the arboretum and possible processing, compost feeding, reproduction by planting and cutting aromatic plants for a small biotope

## **ACCOMMODATION AND FOOD**

At the association's headquarters ('Overseas House').

There are shared rooms with 2 beds with bed bases and mattresses and a big room with bunk beds. Volunteers are asked to collaborate in the preparation of meals, cleaning the kitchen and the rooms used.

**EXTRA FEE** € 250,00

## **FREE TIME**

Visits to Modena and Bologna can be organised

## **TRAVEL**

Arrive at the Castelfranco Emilia (Modena) train station

## **MEETING POINT**

For those coming by train: 15:00 at Castelfranco Emilia (Modena) train station.

For those coming by car: 16:00 at Casa Overseas, Via Castelnuovo Rangone n.1190, Spilamberto (Modena).

## **IBOIT05TEEN (Casa IBO/Cona – Ferrara)**

**Location:** Casa IBO/Cona – Ferrara – Emilia Romagna – Italy

**Age:** 14-17

**Dates:** IBOIT05TEEN 03/07-10/07

**Number of volunteers:** 6IT+6int.

### **PROJECT DESCRIPTION**

This proposal results from the collaboration with the "Ali del Vento" association, which operates in the field of horseback riding both with lessons inside and with rides. The activity carried out also takes on strong social value in the exercise of Animal Assisted Interventions (IAA) in favor of the disabled and on the vision of an ethical human-horse perspective and ethological approach, not based on the exploitation of the animal but on its respect and well-being as fundamental elements.

In fact, all of the school's horses have special histories and left bad experiences behind. The recovered well-being of these horses constitutes a wonderful combination with the happiness of children, disabled and non-disabled, who can enjoy the relationship with these beautiful animals. Among the goals is also the development of affordable horseback riding for everyone (including adults): horseback riding can be a sport within everyone's reach and not a luxury.

### **WORK**

The activities will take place at the riding stables run by the "Ali del vento" Association in Cona (Ferrara) and will consist of collaboration in cleaning the stables and horses present at the stables, collaboration in horse care and general maintenance of the stables.

### **FOOD AND ACCOMMODATION**

At Casa IBO in via Boschetto 1 - Ferrara about 8 km away. There are 2 dormitories with bunk beds, shared bathrooms, kitchen for independent meal preparation. Transportation from the accommodation to the riding stables guaranteed.

**EXTRA FEE** 250,00 €

### **FREE TIME**

Possibility of arranging visits to the cities of Ferrara, Bologna, Venice. An additional fee will be charged during the camp for all activities that involve it.

### **TRAVEL**

From Bologna airport you can reach the Ferrara train station.

### **MEETING POINT**

At the Ferrara train station at 16:00. Or at the field office at Casa IBO in Via Boschetto, 1 Ferrara at 17:00.

To organise your departure trip on the last day of the camp, we recommend to book a train or leave the camp until 12:00.

## **IBOIT06TEEN (Toro – Campobasso)**

**Location:** Toro – Campobasso – Emilia Romagna – Italy

**Age:** 14-17

**Dates:** IBOIT06TEEN 03/07-10/07

**Number of volunteers:** 6IT+6int.

### **PROJECT DESCRIPTION**

The camp stems from IBO Italy's collaboration with the Association "Liberi di essere", which deals with the promotion and development of the territory in the province of Campobasso.

The camp includes activities to support local communities, in particular the municipalities of Toro and Colle d'Anchise for "Living with Care towards a Solidary Molise and Shared Good Practices".

- The objective of the activity in the Municipality of Toro is to enhance a rural trail "Il Sentiero di\_Vino" and traditional artefacts such as dry-stone walls and small shelter artefacts (formerly used by shepherds: e.g. cleaning a snowbox or working on a fountain).

Agriculture and breeding and/or milk processing activities are also planned.

All this is aimed at regenerating the fabric of the local and resident community of all ages. Thus being actors in a local folk/material culture, if only for a limited time.

The aim of the camp is also to leave room for relations with locals and share common moments to acquire or experience knowledge from the elders in order to raise awareness of the value of the 'heritage of community knowledge'.

### **WORK:**

The early morning hours will be dedicated to work, with community teachers who are volunteers too - there will be an interval (the hours between lunch break and afternoon until 16:30 will be passed in autonomy), then resumed until 20:00 at latest. Much will depend on the weather conditions.

The work intervention will take place in the Toro area, with some afternoons at the headquarters of APS LIBERI di ESSERE in Campobasso – where the Solidarity Shop and the permanent art laboratory are active. Therefore wasted resources or secondary materials that can be used as a fundraiser to support the APS itself and the social of inclusion of fragile and/or vulnerable subjects will be valorised.

### **FOOD AND ACCOMMODATION**

Volunteers will be accommodated in a 3-bedroom, 2-bathroom facility. There is a kitchen to share breakfast, lunch and dinner. Volunteers will take turns in preparing meals with their camp leaders.

**EXTRA FEE** 250,00 €

**FREE TIME** Nature, archaeology and history excursions of cultural sites and/or museums are planned. For all the activities that require it, there will be asked an additional cost during the camp.

**TRAVEL:** Choose one of the arrival airports in Italy - Rome - Naples – Pescara.

.Then proceed by train AND/OR bus to Campobasso.

#### **MEETING POINT:**

Volunteers will be expected at the central train station in Campobasso at 15,00 or directly to Toro Village at 16,00. On 10/7 volunteers will be accompanied to the train station of Campobasso with departure from Toro village before 10,00 o'clock.

## **IBOIT08TEEN (Voltri – Genova)**

**Location:** Voltri – Genova – Liguria – Italy

**Age:** 14-17

**Dates:** IBOIT08TEEN 15/07- 21/07

**Number of volunteers:** 4IT+6int.

#### **PROJECT DESCRIPTION**

The camp was born from the collaboration of IBO Italia and „La Tabacca“, a company for ecological and ethical agriculture and is carried out on the high grounds near the Voltri district at Genova (380 m).

“La Tabacca” is the result of a rural settlement project through which was founded/out of which formed a company for ecological and ethical farming that fosters environmental education and activism in alliance with the local population and territory.

The design of the house and the place emerged from ecological planning, supported by a multidisciplinary team which is responsible for a diverse set of tasks. These include the restoration of the house with natural techniques and materials, the installation of solar panels and the insulation of the house with 200 bales of straw. Furthermore, the work is comprised of the careful planning of the reprocessing of water that includes a pool for water treatment, sewerage systems, a dry toilet and agricultural techniques to save water in the cultivation.

The supported process of settlement has created participation, the sharing of sustainable practices and a process of social change.

The workcamp, aimed at young people, will fall within the areas of agricultural and forest management with an agroecological approach and will include practical activities to maintain the biodiversity and involvement of the local and urban community.

#### **WORK**

The activities aimed at the young participants will be:

-managing the vegetable gardens/ collecting the produce for the preparation of the meals and the autumnal transformation/transplantation of the gardens

- taking care of the rose garden and the agroforest orchard
- water management and recovery to optimize consumption
- organisation and participation of the summer festival that foresees the participation of citizens and the local community.

## FOOD AND ACCOMMODATION

The volunteers will sleep in tents (everyone takes their own one) that will be put up near the forest. Outdoor showers and dry toilets will be available. The meals will be prepared on a communitarian basis and a kitchen is also available.

The camp is aimed at young people who love contact with nature, trekking and manual skills. From the farm to the first available village, Genova Voltri, you need to go on foot (50 min. Walk).

**EXTRA FEE** 250,00 €

**FREE TIME:** Sea, ponds, visiting the city of Genova

**TRAVEL:** The nearest airport is in Genova, then you have to take the train to Genova Voltri

## MEETING POINT:

Train station of Genova Voltri 15:00. To organise your departure trip on the last day of the camp, we suggest that you book a train or leave the camp until 12:00.

## IBOIT17TEEN (Cittaducale – Rieti)

**Location:** Cittaducale – Rieti – Lazio – Italy

**Age:** 14-17

**Dates:** IBOIT17TEEN 07/07- 14/07

**Number of volunteers:** 7IT+8int.

## PROJECT DESCRIPTION

The project is designed as an opportunity for young people to live an experience in contact with nature, focusing on issues such as environmental and social sustainability, care and recovery of the land and positive examples of community and exchange. The volunteer camp will be held at the Tularù farm, which makes 'energy, food and culture' its keywords. Here the young people will be able to experience old and new techniques of food production and livelihood, living a week in the beautiful mountains of the Rieti region and sharing spaces and experiences with welcoming and stimulating people.

The volunteer camp is meant to be an experience of:

.BEING ACTIVE: experience linked to actual manual activities that contribute to the enhancement of the area and are supportive of the host community, emphasizing teamwork and involving the abilities of each



individual. Various activities will be proposed and volunteers will be able to choose which ones to take part in.

**.TRAINING:** in parallel to the manual activities, training courses are designed for the target group of participants to promote sustainability from different points of view and to reflect together on the importance of everyone's actions. These paths are designed as an exchange of knowledge and moments of reflection and will take place purely through non-formal education actions.

**.RECREATION:** participants will also have moments of leisure where they can experience Tularù and its spaces as they prefer, take advantage of the surrounding nature and visit characteristic places in the area.

## WORK

The volunteer activities will mainly concern the cleaning of some CAI paths surrounding the Tularù premises. Participants will be accompanied by some people from the Tularù staff and by expert guides from the CAI of Antrodoco and/or other local associations. In addition, volunteers will be involved in activities to clean up abandoned waste in the woods. Finally, participants will be able to try harvesting and processing fruit and vegetables grown on the farm. They will be able to learn food fermentation techniques, bread-making processes and the preparation of jams. At the end of the camp, everyone will be able to take a self-produced souvenir with them.

The physical work will be accompanied by moments of group reflection on topics related to the nature of the camp, making the experience formative for the participants in many ways.

## FOOD AND ACCOMMODATION

**Food:** provided by Tularù. Breakfast, lunch and dinner for the duration of the camp, plus any fruit snacks during the day. If excursions are planned, lunch will be packed. Participants will have the opportunity to taste the farm's products and there is the possibility of adapting preparations according to dietary choices or allergies.

**Accommodation:** in single or double tents, provided by Tularù, with the possibility of sheltering inside the BnB in case of bad weather. As for facilities, there are two compost toilets and two showers outside, plus an indoor toilet.

**EXTRA FEE** 250,00 €

## FREE TIME

Parallel to the volunteer activities, there will also be moments of recreation and opportunities to visit and learn more about the surrounding area. It will be possible to visit the nearby village of Calcariola, which can be reached on a walk through the forest, or to visit the medieval city of Rieti, refreshing themselves along the banks of the river Velino. In their free time, participants will also be able to rest in hammocks or take walks along the surrounding paths in Tularù.

Theme evenings (pizza evening, international food evening, folk music evening, etc.) will also be organised.

The nearest city is Rieti, which is about 10 km away, but there is no public transport connection between Tularù and the city. Should volunteers need to travel to the city, they will be accompanied by Tularù staff by car.

## **TRAVEL**

.Participants from Italy can reach the ROMA TIBURTINA station and there take a bus to RIETI.

.On weekdays the frequency is every hour. On arrival at Rieti station, there will be Tularù staff to welcome them.

.For those coming from abroad, the airport of reference is LEONARDO DA VINCI FIUMICINO, ROME. From there participants can take a train to ROMA TIBURTINA (every 20 minutes on weekdays) and from there take a bus to RIETI. Again, Tularù staff will be waiting for them at the station.

## **MEETING POINT:**

Station in Rieti (buses and trains arrive at the same point).