

WHAT ?
YOUTH EXCHANGE

WHEN ?
5th to 25th SEPTEMBER 2023

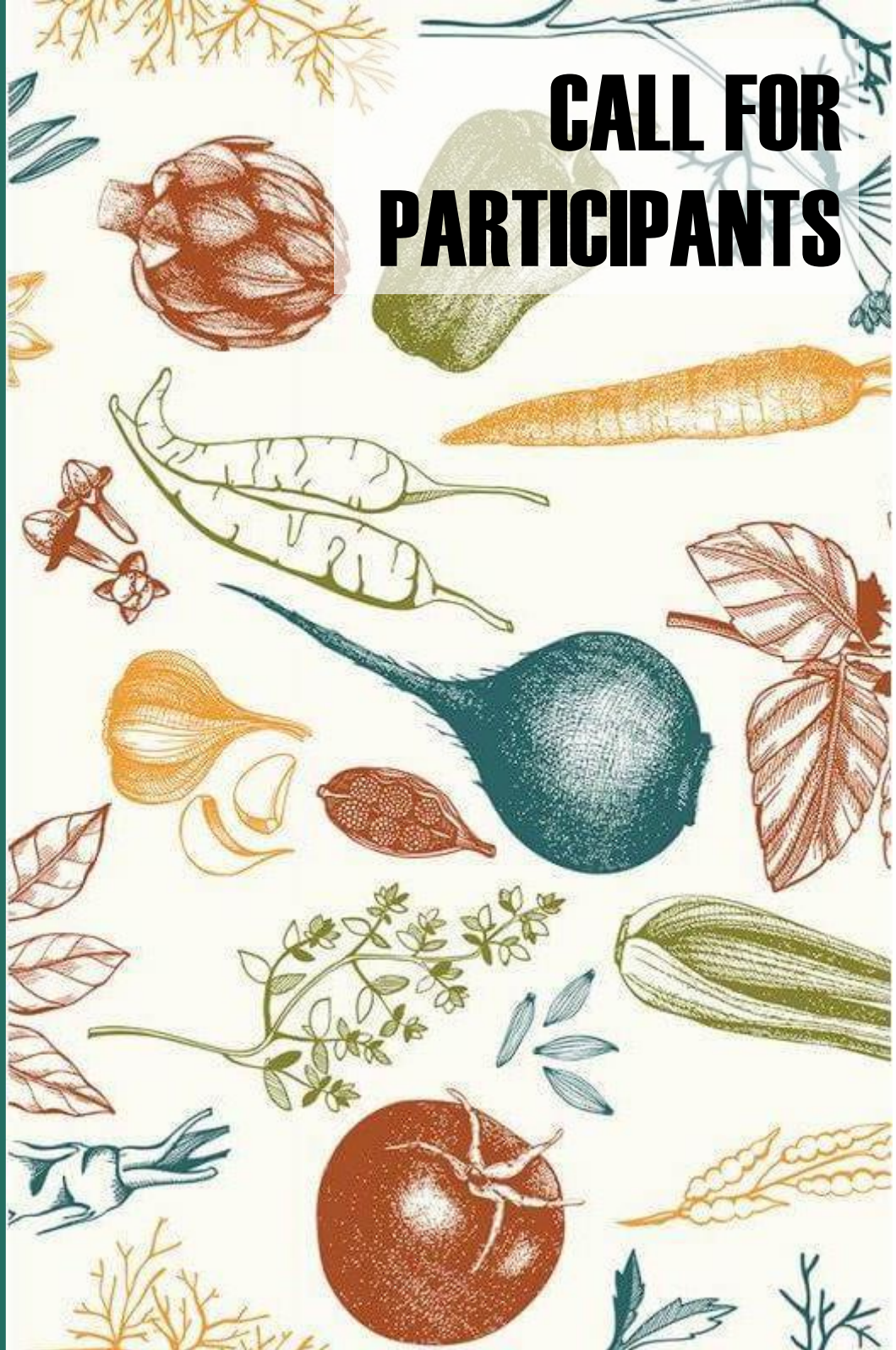
FOR WHO ?
20 PAX > 18 YEARS OLD
**5 participants from France/
Latvia / Finland / Bulgaria**

WHERE ?
LOZERE - Occitanie - FRANCE



WHO ?
**Must be VOLUNTEERS and
INTERESTED in the topic, but
no request for ant special
skills!**

**CALL FOR
PARTICIPANTS**



« FOOD LAB »

**How do our consumption habits impact on the
environment?**

INTRODUCTION //

REV association organizes an Erasmus + youth exchange to raise awareness of sustainable development and climate change and to question the **central role of food in our societies**, and more particularly the issue of food waste. Thus, we wish that the participants in the project explore the discovery of a territory through its food productions, its producers, its recipes, the management of its products, the interest of the short circuit. Through different transformation workshops, the participants will exchange on the recipes of their respective countries, their consumption habits and will elaborate technical sheets and a recipe booklet in order to promote the impact of this project at the European level and to share the results.

Whether you are a food enthusiast or simply a young European who is curious and wants to debate, exchange and create together, this project is for you!

GOALS //

- to discover collectively local products and recipes
- to cook and transform collectively and share recipes from different countries
- to discover and use a food processing laboratory
- to create technical sheets and recipe booklet

ACTIVITIES //

This project will take place in a small village in Lozère. Exchanges with local population will be strong: meals, animations...

Everybody will take part in the collective life: making of the meals, cleaning, preparing activities for the night and discussion workshop, art and practical workshop, debate, roleplay on the topic of food, culture

But also:

- Activities with local people
- Activities proposed by the participants
- Free time to discover local places
- Collective activities

NON FORMAL EDUCATION AND ACTIVE PARTICIPATION //

In a dynamic of non-formal education, participants will be able **“to make and to live together”** and each participant will be responsible for the daily life of the group. This tool is very important for a real encounter: participants will elaborate their own menus, cook in groups, do the cleaning, and organize their activities.

The exchanges at cooking time, household, or at the time of the meals together and the leisure activities will be the base of the interculturality of this project.

COST //

Participation fee: FREE - Food and dormitory accommodation included
Travel expenses will be partially reimbursed according to the Erasmus + distance calculator.

CONTACT //

Interested ?

revvolunteers@gmail.com // workcamp.in@solidaritesjeunesses.org // solidaritesjeunesses.rev@gmail.com

To apply : <https://www.solidaritesjeunesses.org/inscriptionincoming>

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