

## Kesälaitumen Rastit 2021 4.7.2021, Punkalaitumen Jalasjoella, Punkalaitumen Kunto

[H21A](#) [H35](#) [H40](#) [H45](#) [H50](#) [H55](#) [H60](#) [H65](#) [H70](#) [H75](#) [H80](#) [H85](#) [D21A](#) [D35](#) [D40](#) [D45](#) [D50](#) [D55](#) [D60](#) [D65](#) [D70](#) [D75](#) [D18](#) [H16](#) [D16](#) [H14](#) [D14](#) [D13](#) [H12](#) [D12](#) [H12TR](#) [D12TR](#) [H10RR](#) [D10RR](#)

### H21A 5,57 km

		1. (455 m)	2. (334 m)	3. (154 m)	4. (100 m)	5. (1045 m)	6. (216 m)	7. (256 m)	8. (478 m)	9. (118 m)	10. (174 m)	11. (451 m)	12. (536 m)	13. (551 m)	14. (134 m)	15. (323 m)	16. (101 m)	17. (84 m)	Tulos (min/k)		
1.	Anton Kuukka	TP	1-02:42 1-02:42	1-05:00 2-02:18	1-06:02 3-01:02	1-06:52 1-00:50	1-12:28 1-05:36	1-13:42 1-01:14	1-15:17 2-01:35	1-18:08 1-02:51	1-18:55 2-00:47	1-20:06 1-01:11	1-22:40 2-02:34	1-25:53 2-03:13	1-29:08 3-03:15	1-29:59 1-00:51	1-32:03 1-02:04	1-32:33 1-00:30	1-32:47 1-00:14	32:47	5:5
2.	Pasi Ikonen	PR	3-02:54 3-02:54	2-05:06 1-02:12	1-06:02 2-00:56	1-06:52 1-00:50	2-12:48 2-05:56	2-14:10 2-01:22	2-15:40 1-01:30	2-18:44 2-03:04	2-19:29 1-00:45	2-20:49 2-01:20	2-23:08 1-02:19	2-26:15 1-03:07	2-29:22 1-03:07	2-30:14 2-00:52	2-32:35 3-02:21	2-33:18 5-00:43	2-33:33 4-00:15	33:33	6:0
3.	Topias Arola	PR	2-02:52 2-02:52	3-05:13 3-02:21	3-06:07 1-00:54	3-06:57 1-00:50	3-13:59 4-07:02	3-15:24 3-01:25	3-16:59 2-01:35	3-20:20 3-03:21	3-21:13 3-00:53	3-22:33 2-01:20	3-25:07 3-02:34	3-28:21 3-03:14	3-31:28 1-03:07	3-32:21 3-00:53	3-34:32 2-02:11	3-35:08 3-00:36	3-35:22 1-00:14	35:22	6:2
4.	Petja Ylikylä	AngA	4-03:12 4-03:12	4-05:43 4-02:31	4-06:45 3-01:02	4-07:35 1-00:50	5-14:38 5-07:03	5-16:51 9-02:13	5-18:36 4-01:45	5-22:10 4-03:34	4-23:04 4-00:54	5-25:10 10-02:06	5-27:56 4-02:46	5-31:48 4-03:52	4-35:39 4-03:51	4-36:40 4-01:01	4-39:07 4-02:27	4-39:40 2-00:33	4-39:56 5-00:16	39:56	7:1
5.	Mikko Kurkela	Koovee	5-03:14 5-03:14	5-05:50 5-02:36	5-06:58 5-01:08	5-07:54 5-00:56	4-14:25 5-06:31	4-16:11 5-01:46	4-18:04 5-01:53	4-21:47 5-03:43	5-23:10 11-01:23	4-24:40 4-01:30	4-27:26 4-02:46	4-31:34 5-04:08	5-35:46 5-04:12	5-36:59 6-01:13	5-39:30 5-02:31	5-40:31 11-01:01	5-40:49 7-00:18	40:49	7:1
6.	Antti Rantala	KangSK	10-03:54 10-03:54	9-07:00 9-03:06	9-08:12 7-01:12	9-09:08 5-00:56	8-17:12 12-02:50	8-20:02 7-02:03	7-25:05 7-02:03	7-26:52 6-03:48	7-26:52 5-01:59	7-28:26 5-01:34	7-31:36 8-03:10	7-35:50 7-04:14	7-40:08 6-04:18	7-41:27 8-01:19	7-43:59 6-02:32	6-44:35 3-00:36	6-44:51 5-00:16	44:51	8:0
7.	Osmo Hongisto	Loja	7-03:35 7-03:35	7-06:28 8-02:53	8-07:49 10-01:21	8-08:58 11-01:09	7-17:02 7-08:04	6-18:43 4-01:41	6-20:47 8-02:04	6-24:42 8-03:55	6-25:43 6-01:01	6-27:34 6-01:51	6-30:41 7-03:07	6-34:55 7-04:14	6-39:41 8-04:46	6-41:03 10-01:22	6-43:56 8-02:53	7-44:44 8-00:48	7-45:03 9-00:19	45:03	8:0
8.	Samuel Vainiomäki	SuSe	11-04:11 11-04:11	11-07:29 10-03:18	11-08:56 11-01:03	11-10:03 10-01:07	9-18:02 6-07:59	9-20:30 11-02:28	9-22:45 9-02:15	8-26:37 7-03:52	8-27:53 11-01:16	8-29:53 9-02:00	8-33:14 9-03:21	8-38:07 9-04:53	8-43:15 10-05:08	8-44:24 5-01:09	8-47:28 11-03:04	8-48:23 10-00:55	8-48:46 10-00:23	48:46	8:4
9.	Thomas Saarela	LHR	8-03:38 8-03:38	8-06:30 6-02:52	7-07:41 8-01:11	7-08:42 8-01:01	6-16:55 7-08:04	7-18:55 7-02:00	8-22:13 11-03:18	9-26:54 9-04:41	9-28:07 8-01:13	9-30:00 7-01:53	9-33:59 10-03:59	9-39:20 10-05:21	9-43:52 11-01:58	9-45:50 9-02:55	9-48:45 9-02:55	9-49:32 7-00:47	9-49:50 7-00:18	49:50	8:5
10.	Marko Laminsalo	KuoSu	6-03:20 6-03:20	6-06:12 6-02:52	6-07:30 9-01:18	6-08:28 7-00:58	11-21:49 13-13:21	11-23:35 5-01:46	11-25:36 6-02:01	11-30:44 10-05:08	11-31:49 7-01:05	10-33:43 8-01:54	10-36:44 6-03:01	10-40:52 5-04:08	10-45:55 9-05:03	10-47:14 8-01:19	10-50:04 7-02:50	10-50:50 6-00:46	10-51:04 1-00:14	51:04	9:1
11.	Ville Jokela	SuSe	9-03:53 9-03:53	10-07:16 11-03:23	10-08:29 8-01:13	10-09:33 9-01:04	10-19:09 10-09:36	10-21:36 10-02:27	10-24:18 10-02:42	10-29:27 11-05:09	10-30:42 9-01:15	11-34:41 13-03:59	11-38:40 10-03:59	11-45:17 11-06:37	11-52:15 11-06:58	11-53:31 7-01:16	11-56:32 10-03:01	11-57:23 9-00:51	11-57:48 12-00:25	57:48	10:2
12.	Henri Valkonen	IHR	12-04:19 12-04:19	12-09:10 12-04:51	12-11:03 12-01:53	12-13:53 13-02:50	12-25:59 12-12:06	12-28:09 8-02:10	12-33:19 13-05:10	12-41:30 12-08:11	12-44:01 11-02:31	12-46:17 11-02:16	12-50:58 12-04:41	12-57:42 12-06:44	12-1:04:58 12-07:16	12-1:07:45 13-02:47	12-1:15:28 13-07:43	12-1:16:39 12-01:11	12-1:17:08 13-00:29	1:17:08	13:5
13.	Markus Pajarre	Koovee	13-05:17 13-05:17	13-10:32 13-05:15	13-12:47 13-02:15	13-14:39 12-01:52	13-26:15 11-11:36	13-30:12 13-03:57	13-33:31 12-03:19	13-44:54 13-11:23	13-46:40 12-01:46	13-49:24 12-02:44	13-55:25 13-06:01	13-1:04:01 13-08:36	13-1:11:59 13-07:58	13-1:14:07 12-02:08	13-1:19:18 12-05:11	13-1:20:38 13-01:20	13-1:21:01 10-00:23	1:21:01	14:3

### H35 4,48 km

		1. (168 m)	2. (199 m)	3. (334 m)	4. (727 m)	5. (455 m)	6. (421 m)	7. (152 m)	8. (174 m)	9. (531 m)	10. (275 m)	11. (551 m)	12. (351 m)	13. (84 m)	Tulos (min/km)		
1.	Juha Matilainen	LS-37	1-01:38 1-01:38	1-03:02 1-01:24	1-06:12 1-03:10	1-10:57 2-04:45	1-14:15 1-03:18	1-18:03 1-03:48	1-19:16 1-01:13	1-20:58 1-01:42	1-25:07 1-02:18	1-27:25 2-05:05	1-32:30 2-05:05	1-35:15 1-02:26	35:15	7:52	Juha Matilainen
2.	Tuomas Mäkinen	KanSu	2-01:51 2-01:51	2-03:25 2-01:34	2-06:37 2-03:12	2-11:12 1-04:35	2-14:50 2-03:38	2-23:50 2-09:00	2-25:55 2-02:05	2-27:37 1-01:42	2-31:40 1-04:03	2-34:12 2-02:32	2-39:01 1-04:49	2-41:42 2-02:41	42:00	9:22	Tuomas Mäkinen

### H40 4,48 km

		1. (168 m)	2. (199 m)	3. (334 m)	4. (727 m)	5. (455 m)	6. (421 m)	7. (152 m)	8. (174 m)	9. (531 m)	10. (275 m)	11. (551 m)	12. (351 m)	13. (84 m)	Tulos (min/km)		
1.	Ilari Nummi	AngA	1-01:36 1-01:36	1-03:01 1-01:25	1-06:15 1-03:14	1-11:15 3-05:00	1-14:38 1-03:41	1-19:31 1-01:12	1-21:15 1-01:44	1-25:11 2-03:56	1-27:26 1-02:15	1-32:45 2-05:19	1-35:13 1-02:28	1-35:28 2-00:15	35:28	7:55	Ilari Nummi
2.	Ville-Veikko Nurminen	SuomsSa	4-02:05 4-02:05	2-03:38 2-01:33	2-07:03 2-03:25	2-11:42 1-04:39	2-14:55 3-04:05	2-19:00 4-01:22	2-22:41 4-02:19	2-26:31 1-03:50	2-29:02 4-02:31	2-34:23 3-05:21	2-37:19 3-02:56	2-37:34 2-00:15	37:34	8:23	Ville-Veikko Nurminen
3.	Jere Siivonen	PirHi	2-01:58 2-01:58	3-03:40 3-01:42	3-07:09 3-03:29	3-12:08 2-04:59	3-16:47 5-04:39	3-20:37 2-03:50	3-21:51 2-01:14	3-24:48 7-02:57	3-29:59 4-05:11	3-32:17 2-02:18	3-37:17 1-05:00	3-39:59 2-02:42	40:16	8:59	Jere Siivonen
4.	Ville Nummela	OrPo	5-02:06 5-02:06	5-03:50 5-01:44	5-07:56 5-04:06	5-13:39 4-05:43	5-17:39 4-04:00	4-22:12 4-04:33	4-24:58 7-02:46	4-27:06 3-02:08	4-31:33 3-04:27	4-34:42 6-03:09	4-40:36 4-05:54	4-43:56 4-03:20	44:13	9:52	Ville Nummela
5.	Tuomas Mikkola	SuomsSa	6-02:36 6-02:36	6-04:56 7-05:16	6-10:12 7-06:50	6-17:02 6-06:50	6-22:26 5-05:24	5-28:12 5-05:46	5-29:41 5-01:29	5-32:26 5-02:45	5-37:48 5-05:22	5-40:50 5-03:02	5-47:28 6-06:38	5-50:50 5-03:22	51:13	11:25	Tuomas Mikkola
6.	Matti Stoor	KoS	3-02:00 3-02:00	4-03:42 3-01:42	4-07:37 4-03:55	4-13:38 5-06:01	4-17:37 3-03:59	6-30:04 7-12:27	6-31:20 3-01:16	6-33:18 2-01:58	7-43:32 7-10:14	7-46:02 3-02:30	6-52:16 5-06:14	6-55:46 6-03:30	56:08	12:31	Matti Stoor
7.	Mikko Paasikivi	TuS	7-03:31 7-03:31	7-06:12 7-02:41	7-10:59 6-04:38	7-18:04 7-07:14	7-24:18 7-06:14	7-30:27 6-06:09	7-32:10 6-01:43	7-34:55 5-02:45	6-41:10 5-06:15	6-44:57 7-03:47	7-57:00 7-12:03	7-1:00:54 7-03:54	7-1:01:08	13:38	Mikko Paasikivi

### H45 4,48 km

		1. (168 m)	2. (199 m)	3. (334 m)	4. (727 m)	5. (455 m)	6. (421 m)	7. (152 m)	8. (174 m)	9. (531 m)	10. (275 m)	11. (551 m)	12. (351 m)	13. (84 m)	Tulos (min/km)		
1.	Petteri Lauronen	Lynx	5-02:07 5-02:07	4-03:32 2-01:25	3-07:08 4-03:36	3-11:55 2-04:47	2-15:13 1-03:18	1-18:39 1-03:26	1-20:04 2-01:25	1-21:56 4-01:52	2-26:14 4-04:18	2-28:21 1-02:07	2-32:46 1-04:25	2-35:19 2-02:33	35:36	7:56	Petteri Lauronen
2.	Juha Vaininen	TuS	2-01:49 2-01:49	1-03:16 3-01:27	2-06:46 2-03:30	2-11:33 2-04:47	1-15:03 2-03:30	2-18:41 2-03:38	2-20:18 3-01:37	2-22:02 2-01:44	1-20:45 1-03:43	1-28:16 5-02:31	1-32:42 2-04:26	1-35:14 1-02:32	35:38	7:57	Juha Vaininen
3.	Rami Rintala	Hiisi	1-01:48 1-01:48	3-03:31 5-01:43	4-07:16 5-03:45	4-12:48 5-05:32	3-16:41 3-04:53	3-20:43 5-04:02	3-22:06 1-01:23	3-23:59 5-01:53	3-29:17 6-05:18	3-31:42 3-02:25	3-37:08 4-05:26	3-39:55 4-02:47	40:15	8:59	Rami Rintala

4.	Mikko Pirilä	HIS	2-01:49 2-01:49	2-03:19 4-01:30	1-06:29 1-03:10	1-11:11 1-04:42	5-17:58 6-06:47	4-21:45 3-03:47	4-24:12 5-02:27	5-26:15 6-02:03	4-30:26 3-04:11	4-32:51 3-02:25	4-37:35 3-04:44	4-40:25 5-02:50	4-40:45 3-00:20	40:45	9:05	Mikko Pirilä	
5.	Tatu Teriö	TuS	6-04:25 6-04:25	6-05:49 1-01:24	6-09:22 3-03:33	6-14:17 4-04:55	6-18:28 5-04:11	6-22:26 4-03:58	6-26:28 6-04:02	6-32:07 1-01:39	6-33:10 2-04:03	6-34:26 2-02:16	6-40:12 5-05:46	6-44:50 3-02:38	5-42:50 1-00:17	5-43:07 1-00:17	43:07	9:37	Tatu Teriö
6.	Veli-Matti Rintala	MSParma	4-02:04 4-02:04	5-03:59 6-01:55	5-07:51 6-03:52	5-13:36 6-05:45	4-17:26 3-03:50	6-22:29 6-05:03	5-24:25 4-01:56	4-26:13 3-01:48	5-30:46 5-04:33	5-33:32 6-02:46	5-39:33 6-06:01	6-43:02 6-03:29	6-43:22 3-00:20	43:22	9:40	Veli-Matti Rintala	

### H50 3,76 km

			1. (474 m)	2. (211 m)	3. (774 m)	4. (391 m)	5. (199 m)	6. (768 m)	7. (215 m)	8. (481 m)	9. (101 m)	10. (84 m)	Tulos (min/km)				
1.	Mika Numminen	UrJU	2-03:45 2-03:45	1-05:55 1-02:10	1-10:40 1-04:45	1-14:22 3-03:42	1-15:47 1-01:25	1-22:01 1-06:14	1-25:48 5-03:47	1-29:15 1-03:27	1-29:56 2-00:41	1-30:14 2-00:18	30:14	8:02	Mika Numminen		
2.	Mika Mannervesi	AngA	1-03:44 1-03:44	2-05:58 2-02:14	2-12:33 4-06:35	2-15:31 1-02:58	2-17:05 2-01:34	2-24:05 2-07:00	2-26:29 3-02:24	2-30:14 2-03:45	2-31:05 5-00:51	2-31:22 1-00:17	31:22	8:20	Mika Mannervesi		
3.	Ilkka Nokka	Rasti88	3-04:33 3-04:33	3-07:08 3-02:35	5-15:30 5-08:22	5-18:36 2-03:06	5-20:13 3-01:37	3-27:15 3-07:02	4-29:44 4-02:29	4-34:18 3-04:34	3-34:58 1-00:40	3-35:16 2-00:18	35:16	9:22	Ilkka Nokka		
4.	Jyrki Nieminen	LHR	4-04:35 4-04:35	5-07:26 5-02:51	3-13:16 2-05:50	3-17:16 5-04:00	3-19:14 4-01:58	3-27:15 4-08:01	3-29:31 2-02:16	3-34:14 4-04:43	4-35:03 4-00:49	4-35:25 4-00:22	35:25	9:25	Jyrki Nieminen		
5.	Juha Haapamäki	SuSe	5-04:36 5-04:36	4-07:22 4-02:46	4-13:38 3-06:16	4-17:28 4-03:50	4-19:44 5-02:16	5-27:51 5-08:07	5-30:05 1-02:14	5-35:00 5-04:55	5-35:46 3-00:46	5-36:09 5-00:23	36:09	9:36	Juha Haapamäki		

### H55 3,74 km

			1. (455 m)	2. (347 m)	3. (180 m)	4. (543 m)	5. (505 m)	6. (143 m)	7. (637 m)	8. (247 m)	9. (407 m)	10. (132 m)	11. (84 m)	Tulos (min/km)				
1.	Matti Yliluikki	SuSi	3-04:33 3-04:33	2-07:26 1-02:53	1-08:46 1-01:20	1-12:31 1-03:45	1-17:19 5-04:48	1-19:05 2-01:46	1-24:06 1-05:01	1-26:10 1-02:04	1-29:08 1-02:58	1-30:00 1-00:52	1-30:18 2-00:18	30:18	8:06	Matti Yliluikki		
2.	Marko Virta	TuS	2-04:08 2-04:08	3-07:59 4-03:51	3-09:54 4-01:55	3-14:10 3-04:16	3-18:09 2-03:59	2-19:35 1-01:26	2-25:56 2-06:21	2-28:15 3-02:19	2-31:46 4-03:31	2-32:51 3-01:05	2-33:10 5-00:19	33:10	8:52	Marko Virta		
3.	Mika Pihala	RaLu	1-03:57 1-03:57	1-07:16 2-03:19	2-09:20 5-02:04	2-13:55 4-04:35	2-18:05 3-04:10	3-19:52 3-01:47	3-26:16 3-06:24	3-28:55 5-02:39	3-32:16 2-03:21	3-33:10 2-00:54	3-33:28 2-00:18	33:28	8:56	Mika Pihala		
4.	Ari-Pekka Koivisto	HS	6-05:15 6-05:15	4-08:51 3-03:36	4-10:34 2-01:43	4-14:45 2-04:11	4-18:39 1-03:54	4-22:58 7-04:19	4-29:27 4-06:29	4-31:45 2-02:18	4-35:12 3-03:27	4-36:22 5-01:10	4-36:42 7-00:20	36:42	9:48	Ari-Pekka Koivisto		
5.	Heikki Haunia	HSU	7-05:32 7-05:32	6-11:10 8-05:38	6-12:58 3-01:48	5-17:42 5-04:44	5-23:16 7-05:34	5-25:07 4-01:51	5-32:07 6-07:00	5-36:12 9-04:05	5-39:59 6-03:47	5-41:11 6-01:12	5-41:29 2-00:18	41:29	11:05	Heikki Haunia		
6.	Timo Koivisto	KoKV	4-04:41 4-04:41	5-09:41 6-05:00	5-12:02 6-02:21	6-18:56 6-05:54	6-24:05 6-05:09	6-27:23 5-03:18	6-34:55 7-07:32	6-38:08 6-03:12	6-42:00 6-01:12	6-43:12 6-01:12	6-43:31 5-00:19	43:31	11:38	Timo Koivisto		
7.	Ari Kilpi	IKNV	8-06:24 8-06:24	8-11:43 7-05:19	8-14:21 8-02:38	8-20:53 7-06:32	7-27:25 8-06:32	7-31:39 6-04:14	7-41:20 9-09:41	7-44:57 7-03:37	7-51:07 9-06:10	7-52:33 8-01:26	7-52:54 8-00:21	52:54	14:08	Ari Kilpi		
8.	Timo Rokka	LHR	9-06:31 9-06:31	7-11:27 5-04:56	7-13:53 7-02:26	7-20:28 8-06:35	8-27:45 9-07:17	8-37:01 9-09:16	8-46:12 8-09:11	8-50:08 8-03:56	8-56:01 8-05:53	8-58:00 9-01:59	8-58:26 9-00:26	58:26	15:37	Timo Rokka		
	Jukka Oksanen	RasKa	5-04:55 5-04:55		0-11:17	0-16:11 6-04:54	0-20:35 4-04:24	0-24:54 7-04:19	0-31:23 4-06:29	0-33:42 3-02:19	0-37:16 5-03:34	0-38:21 3-01:05	0-38:37 1-00:16			Hyl.		Jukka Oksanen

### H60 3,48 km

			1. (333 m)	2. (260 m)	3. (219 m)	4. (727 m)	5. (304 m)	6. (262 m)	7. (390 m)	8. (215 m)	9. (201 m)	10. (323 m)	11. (101 m)	12. (84 m)	Tulos (min/km)				
1.	Aimo Aalto	RaN	4-03:32 4-03:32	1-05:54 2-02:22	1-07:51 2-01:57	1-12:53 1-05:02	1-15:32 2-02:39	1-18:10 3-02:38	1-21:40 1-03:30	1-23:34 1-01:54	1-25:34 1-02:00	1-28:42 2-03:08	1-29:27 1-00:45	1-29:45 2-00:18	29:45	8:32	Aimo Aalto		
2.	Pekka Ahonen	HauSi	1-03:16 1-03:16	2-06:01 5-02:45	2-08:18 5-02:17	2-13:32 2-05:14	2-15:56 1-02:24	2-18:51 8-02:55	2-22:29 4-03:38	2-24:28 2-01:59	2-26:30 2-02:02	2-30:16 5-03:46	2-31:02 2-00:46	2-31:23 7-00:21	31:23	9:01	Pekka Ahonen		
3.	Vesa Lanne	Hiisi	6-03:48 6-03:48	3-06:08 1-02:20	3-08:38 6-02:30	3-14:47 5-06:09	3-17:50 4-03:03	3-20:27 2-02:37	3-24:12 7-03:45	3-26:30 3-02:18	3-28:53 7-02:23	3-32:24 3-03:31	3-33:40 8-01:16	3-33:58 2-00:18	33:58	9:45	Vesa Lanne		
4.	Timo Asikainen	Hiisi	3-03:28 3-03:28	10-07:13 11-03:45	8-09:29 4-02:16	7-15:49 7-06:20	11-20:25 12-04:36	10-23:06 4-02:41	9-26:48 5-03:42	8-29:08 4-02:20	8-31:10 2-02:02	4-34:15 1-03:05	4-35:06 3-00:51	4-35:26 4-00:20	35:26	10:10	Timo Asikainen		
5.	Kari Laukkarinen	TVV	8-03:52 8-03:52	9-07:06 10-03:14	10-09:51 11-02:45	10-16:34 9-06:43	8-19:58 10-03:24	7-22:39 4-02:41	8-26:22 6-03:43	7-28:45 5-02:23	7-31:01 4-02:16	5-34:32 3-03:31	5-35:28 4-00:56	5-35:48 4-00:20	35:48	10:17	Kari Laukkarinen		
6.	Antti Uotila	OrPo	11-04:21 11-04:21	5-06:46 3-02:25	4-08:49 3-02:03	4-15:19 8-06:30	4-18:20 3-03:01	4-21:04 6-02:44	4-24:39 3-03:35	4-27:50 3-03:11	4-30:06 9-04:54	7-35:00 9-04:54	6-36:24 10-01:24	6-36:46 9-00:22	36:46	10:33	Antti Uotila		
7.	Pekka Vesala	PiRHi	9-03:55 9-03:55	7-06:51 8-02:56	5-09:22 7-02:31	6-15:36 6-06:14	5-18:39 4-03:03	5-21:28 7-02:49	5-25:31 9-04:03	5-27:55 6-02:24	6-30:50 10-02:55	8-35:22 8-04:32	7-36:42 9-01:20	7-37:03 7-00:21	37:03	10:38	Pekka Vesala		
8.	Simo Uusikartano	TuMe	10-04:08 10-04:08	8-06:52 4-02:44	7-09:26 8-02:34	5-15:27 4-06:01	6-18:43 7-03:16	6-21:46 9-03:03	6-25:50 10-04:04	6-28:15 7-02:25	5-30:32 6-02:17	6-34:33 6-04:01	8-36:45 13-02:12	8-37:16 12-00:31	37:16	10:42	Simo Uusikartano		
9.	Hannu Arki	TuMe	5-03:38 5-03:38	5-06:46 9-03:08	8-09:29 9-02:43	8-16:20 10-06:51	7-19:39 8-03:19	9-22:51 10-03:12	10-27:03 11-04:12	9-29:42 8-02:39	9-32:12 7-04:11	9-37:29 7-01:06	9-37:53 10-00:24	37:53	10:53	Hannu Arki			
10.	Matti Teittinen	KoKV	6-03:48 6-03:48	4-06:40 6-02:52	6-09:24 10-02:44	9-16:26 11-07:02	9-20:10 11-03:44	11-23:57 12-03:47	11-27:54 8-03:57	10-30:41 10-02:47	10-33:18 9-02:37	10-40:03 12-06:45	11-41:05 6-01:02	10-41:22 1-00:17	41:22	11:53	Matti Teittinen		
11.	Hannu Ruotsalainen	EsSu	12-04:40 12-04:40	11-07:32 6-02:52	11-10:20 12-02:48	12-17:25 12-07:05	12-20:44 8-03:19	11-24:20 11-03:36	12-29:09 12-04:49	11-31:54 9-02:45	11-34:57 11-03:03	10-41:04 10-05:07	11-41:24 5-01:00	11-41:24 4-00:20	41:24	11:53	Hannu Ruotsalainen		
12.	Jari Paukkola	RiSu	14-07:57 14-07:57	13-12:10 12-04:13	13-15:13 13-03:03	13-23:41 13-08:28	13-31:56 14-08:15	13-36:28 13-04:32	13-42:07 13-05:39	12-46:14 12-04:07	12-50:09 12-03:55	12-55:38 11-05:29	12-57:07 11-01:29	12-57:34 11-00:27	57:34	16:32	Jari Paukkola		

13.	Jukka Syrjänen	Koovee	13-05:56 13-05:56	14-14:37 14-08:41	14-18:29 14-03:52	14-27:29 14-09:00	14-32:42 13-05:13	14-37:19 14-04:37	14-44:20 14-07:01	13-48:35 13-04:15	13-52:34 13-03:59	13-1:01:12 14-08:38	13-1:02:41 11-01:29	13-1:03:20 13-00:39	1:03:20	18:11	Jukka Syrjänen
	Tapani Siivonen	HyRa	2-03:21 2-03:21	12-09:16 13-05:55	12-11:08 1-01:52	11-17:02 3-05:54	10-20:12 6-03:10	8-22:44 1-02:32	7-26:14 1-03:30		0-34:54				Kesk.		Tapani Siivonen

### H65 3,09 km

			1. (259 m)	2. (216 m)	3. (788 m)	4. (207 m)	5. (124 m)	6. (312 m)	7. (294 m)	8. (313 m)	9. (296 m)	10. (142 m)	11. (84 m)	Tulos (min/km)			
1.	Esa Toivonen	TarpSu	6-03:13 6-03:13	3-05:06 1-01:53	1-10:01 1-04:55	1-11:40 1-01:39	1-12:41 1-01:01	1-15:50 2-03:09	1-18:46 2-02:56	1-21:37 2-02:51	1-23:42 1-02:05	1-24:51 1-01:09	1-25:10 3-00:19	25:10	8:08	Esa Toivonen	
2.	Antero Laakso	SuosmSa	1-02:44 1-02:44	1-04:49 2-02:05	2-10:24 2-05:35	2-12:07 2-01:43	2-14:28 13-02:21	2-17:55 4-03:27	2-20:45 1-02:50	2-23:43 4-02:58	2-26:16 6-02:33	2-27:44 3-01:28	2-28:02 1-00:18	28:02	9:04	Antero Laakso	
3.	Markku Helle	SaPu	7-03:14 7-03:14	4-05:19 3-05:48	3-11:07 3-05:48	3-13:19 7-02:12	3-14:34 2-01:15	3-18:19 9-03:45	3-21:33 4-03:14	3-24:22 1-02:49	3-26:57 7-02:35	3-29:02 13-02:05	3-29:29 15-00:27	29:29	9:32	Markku Helle	
4.	Hannu Kuivala	TuS	9-03:26 9-03:26	7-05:51 9-02:25	7-12:21 10-06:30	6-14:40 9-02:19	6-16:04 4-01:24	6-19:38 7-03:34	6-22:55 6-03:17	4-26:24 7-03:29	4-28:59 5-01:35	4-30:34 5-01:35	4-30:52 1-00:18	30:52	9:59	Hannu Kuivala	
5.	Jouko Nurminen	TP	5-03:11 5-03:11	5-05:27 4-02:16	5-11:37 6-06:10	4-13:50 8-02:13	4-15:27 7-01:37	4-19:18 10-03:51	4-22:34 5-03:16	5-26:38 9-04:04	5-29:10 5-02:32	5-30:55 10-01:45	5-31:16 7-00:21	31:16	10:07	Jouko Nurminen	
6.	Ari Hanttu	RaN	4-03:10 4-03:10	6-05:34 8-02:24	6-11:44 6-06:10	5-14:31 15-02:47	5-15:50 3-01:19	5-19:23 6-03:33	5-22:54 10-03:31	6-27:32 13-04:38	6-30:19 12-02:47	6-31:37 2-01:18	6-31:57 6-00:20	31:57	10:20	Ari Hanttu	
7.	Arto Kiiskinen	TP	2-02:45 2-02:45	2-05:04 6-02:19	4-11:11 5-06:07	7-14:48 18-03:37	7-17:09 13-02:21	7-20:16 1-03:07	10-25:39 19-05:23	7-28:34 3-02:55	7-30:57 12-02:23	7-32:54 12-01:57	7-33:13 3-00:19	33:13	10:44	Arto Kiiskinen	
8.	Juha Kuivala	TuS	11-03:51 11-03:51	11-06:30 11-02:39	10-13:24 13-06:54	10-15:33 5-02:09	8-17:12 8-01:39	8-20:43 5-03:31	7-24:23 12-03:40	8-28:38 11-04:15	8-31:09 3-02:31	8-33:30 16-02:21	8-33:51 7-00:21	33:51	10:57	Juha Kuivala	
9.	Kauko Vainiomäki	SuSe	16-05:13 16-05:13	15-07:34 7-02:21	11-14:15 12-06:41	11-16:23 3-02:08	10-18:03 9-01:40	10-21:59 11-03:56	9-25:25 8-03:26	9-29:17 8-03:52	9-32:12 14-02:55	9-33:48 6-01:36	9-34:13 14-00:25	34:13	11:04	Kauko Vainiomäki	
10.	Heikki Lepistö	OrPo	8-03:20 8-03:20	9-06:18 14-02:58	8-12:52 11-06:34	8-15:01 5-02:09	9-17:35 15-02:34	9-21:35 12-04:00	8-25:03 9-03:28	10-29:37 12-04:34	10-32:29 10-02:52	10-34:15 11-01:46	10-34:36 7-00:21	34:36	11:11	Heikki Lepistö	
11.	Kari Loisa	HirvHe	3-02:54 3-02:54	8-06:11 17-03:17	14-15:39 17-09:28	14-17:47 3-02:08	13-19:45 12-01:58	11-23:11 3-03:26	11-26:45 11-03:34	12-32:06 18-05:21	11-34:43 9-02:37	11-36:19 6-01:36	11-36:41 11-00:22	36:41	11:52	Kari Loisa	
12.	Rauli Helkkula	TuMe	17-07:04 17-07:04	17-09:20 4-02:16	14-15:39 8-06:19	16-18:56 17-03:17	14-20:20 4-01:24	13-24:44 13-04:24	12-28:03 7-03:19	11-31:25 6-03:22	12-34:52 16-03:27	12-36:21 4-01:29	12-36:42 7-00:21	36:42	11:52	Rauli Helkkula	
13.	Hannu Paunonen	Koovee	13-04:03 13-04:03	13-06:43 12-02:40	12-14:22 14-07:39	12-16:41 9-02:19	11-18:24 10-01:43	12-23:14 18-04:50	13-28:30 18-05:16	13-32:41 10-04:11	13-35:19 10-02:38	13-38:08 19-02:49	13-38:30 11-00:22	38:30	12:27	Hannu Paunonen	
14.	Reijo Hirvelä	SuosmSa	19-10:07 19-10:07	19-13:09 16-03:02	18-19:10 4-06:01	18-23:19 19-04:09	18-24:47 6-01:28	17-28:23 8-03:36	17-31:31 3-03:08	14-34:43 5-03:12	14-37:14 3-02:31	14-38:53 8-01:39	14-39:12 3-00:19	39:12	12:41	Reijo Hirvelä	
15.	Pekka Iilmakunnas	Pihkan	10-03:37 10-03:37	10-06:23 13-02:46	8-12:52 9-06:29	9-15:15 11-02:23	12-19:17 19-04:02	16-27:39 19-08:22	16-31:30 13-03:51	17-36:30 16-05:00	16-39:10 11-02:40	16-40:49 8-01:39	15-41:12 13-00:23	41:12	13:20	Pekka Iilmakunnas	
16.	Henry Nyberg	Trian	12-03:54 12-03:54	12-06:32 10-02:38	13-15:13 16-08:41	13-17:36 11-02:23	16-21:18 18-03:42	15-26:26 15-05:08	14-30:40 15-04:14	15-35:24 15-03:12	15-38:35 15-03:11	15-40:47 14-02:12	16-41:15 17-00:28	41:15	13:20	Henry Nyberg	
17.	Harri Viitasalo	RiSu	14-04:30 14-04:30	14-07:28 14-02:58	16-16:02 15-08:34	15-18:45 13-02:43	15-20:32 11-01:47	14-26:09 17-05:37	15-31:14 17-05:05	16-36:08 15-04:54	17-40:23 19-04:15	17-42:51 17-02:28	17-43:21 18-00:30	43:21	14:01	Harri Viitasalo	
18.	Harri Koski	TarpSu	15-05:05 15-05:05	16-08:26 18-03:21	17-18:06 18-09:40	17-21:04 16-02:58	17-23:49 17-02:45	18-29:27 18-05:38	18-34:19 16-04:52	18-39:33 17-05:14	18-43:27 18-03:54	18-45:57 18-02:30	18-46:24 15-00:27	46:24	15:00	Harri Koski	
19.	Hannu Ahlqvist	RiSu	18-09:15 18-09:15	18-12:46 19-03:31	19-23:04 19-10:18	19-25:48 14-02:44	19-28:22 15-02:34	19-33:30 15-05:08	19-37:37 14-04:07	19-44:05 19-06:28	19-47:34 17-03:29	19-49:50 15-02:16	19-50:26 19-00:36	50:26	16:19	Hannu Ahlqvist	
20.	Jouko Koskialho	EuVe												55:39	18:00	Jouko Koskialho	

### H70 2,92 km

			1. (367 m)	2. (275 m)	3. (570 m)	4. (405 m)	5. (275 m)	6. (200 m)	7. (385 m)	8. (172 m)	9. (132 m)	10. (84 m)	Tulos (min/km)			
1.	Pekka Kerkola	HIT	1-03:42 1-03:42	1-07:06 3-03:24	3-13:03 6-05:57	2-16:34 1-03:31	1-18:48 1-02:14	1-20:49 1-02:01	1-24:24 2-03:35	1-26:14 2-01:50	1-27:36 7-01:22	1-27:54 1-00:18	27:54	9:33	Pekka Kerkola	
2.	Paavo Vesterinen	LHR	2-03:53 2-03:53	2-07:16 2-03:23	1-12:32 1-05:16	3-16:43 5-04:11	3-19:08 2-02:25	3-21:11 3-02:03	2-24:27 1-03:16	2-27:04 21-02:37	2-28:18 4-01:14	2-28:38 7-00:20	28:38	9:48	Paavo Vesterinen	
3.	Erkki Ylikoski	KanSu	3-04:09 3-04:09	3-07:17 1-03:08	2-12:34 2-05:17	1-16:22 3-03:48	2-18:51 4-02:29	2-20:54 3-02:03	3-25:16 11-04:22	3-27:45 11-02:29	3-28:59 4-01:14	3-29:18 3-00:19	29:18	10:02	Erkki Ylikoski	
4.	Touko Tuomola	Rasti88	21-05:33 21-05:33	14-09:03 5-03:30	6-14:30 3-05:27	5-18:52 7-04:22	5-21:36 6-02:44	4-23:38 2-02:02	4-27:24 4-03:46	4-29:15 3-01:51	4-30:27 2-01:12	4-30:45 1-00:18	30:45	10:31	Touko Tuomola	
5.	Erkki Turunen	SuSe	27-07:04 27-07:04	24-10:33 4-03:29	18-16:33 7-06:00	12-20:08 2-03:35	10-22:35 3-02:27	7-24:42 5-02:07	6-28:21 3-03:39	6-30:09 1-01:48	5-31:17 1-01:08	5-31:37 7-00:20	31:37	10:49	Erkki Turunen	
6.	Harri Mäkelä	SuSe	7-04:24 7-04:24	6-08:21 11-03:57	4-14:17 5-05:56	4-18:24 4-04:07	4-21:12 7-02:48	5-23:41 9-02:29	5-27:45 6-04:04	5-30:06 9-02:21	6-31:48 23-01:42	6-32:07 3-00:19	32:07	10:59	Harri Mäkelä	
7.	Tapio Lindstedt	OrPo	13-04:40 13-04:40	10-08:39 11-06:25	10-15:04 11-05:25	9-19:28 8-04:24	7-22:11 5-02:43	6-24:31 6-02:20	7-28:36 7-04:05	7-31:11 15-01:30	7-32:41 15-01:30	7-33:04 13-00:23	33:04	11:19	Tapio Lindstedt	
8.	Raimo Pusa	OrPo	24-05:50 24-05:50	18-09:54 14-04:04	14-15:40 4-05:46	11-20:00 6-04:20	11-23:04 15-03:04	10-25:34 10-02:30	9-29:45 9-04:11	8-31:56 7-02:11	8-33:09 3-01:13	8-33:29 7-00:20	33:29	11:28	Raimo Pusa	
9.	Markku Nurminen	SuosmSa	8-04:25 8-04:25	8-08:32 15-04:07	8-14:54 8-06:22	7-19:22 9-04:28	6-22:10 7-02:48	8-24:58 16-02:48	8-29:42 19-04:44	9-32:20 23-02:38	9-33:55 20-01:35	9-34:17 11-00:22	34:17	11:44	Markku Nurminen	

10.	Pentti Hiirijoki	SuSe	9-04:29 9-04:29	7-08:26 11-03:57	7-14:51 11-06:25	8-19:25 11-04:34	9-22:20 11-02:55	9-25:24 20-03:04	10-30:10 20-04:46	10-32:57 27-02:47	10-34:22 9-01:25	10-34:46 17-00:24	34:46	11:54	Pentti Hiirijoki
11.	Reijo Rasmus	TarpSu	11-04:34 11-04:34	12-08:57 21-04:23	12-15:31 15-06:34	15-21:10 24-05:39	13-24:12 12-03:33	12-26:43 11-02:31	11-30:49 8-04:06	11-33:21 13-02:32	11-34:50 13-01:29	11-35:12 11-00:22	35:12	12:03	Reijo Rasmus
12.	Veikko Mäkipää	SuSe	16-05:01 16-05:01	15-09:15 18-04:14	13-15:37 8-06:22	12-20:08 10-04:31	12-23:27 21-03:19	11-26:18 18-02:51	12-31:07 22-04:49	12-33:39 13-02:32	12-35:13 19-01:34	12-35:36 13-00:23	35:36	12:11	Veikko Mäkipää
13.	Pentti Jokinen	KanSu	6-04:22 6-04:22	16-09:35 27-05:13	17-16:14 16-06:39	17-21:26 20-05:12	14-24:28 12-03:02	13-27:05 19-02:37	13-31:38 14-04:33	13-34:14 19-02:36	13-36:01 26-01:47	13-36:34 29-00:33	36:34	12:31	Pentti Jokinen
	Matti Haarajoki	TP	21-05:33 21-05:33	21-10:03 22-04:30	20-17:09 18-07:06	19-22:19 18-05:10	18-25:30 17-03:11	16-28:04 12-02:34	14-32:20 10-04:16	14-34:51 12-02:31	14-36:15 8-01:24	13-36:34 3-00:19	36:34	12:31	Matti Haarajoki
15.	Leo Koistinen	VaRa	14-04:43 14-04:43	10-08:39 10-03:56	15-15:52 21-07:13	14-21:02 18-05:10	17-25:10 27-04:08	14-27:57 15-02:47	15-32:32 16-04:35	15-34:55 18-02:23	15-36:20 9-01:25	15-36:45 20-00:25	36:45	12:35	Leo Koistinen
16.	Keijo Lakkinen	SuSe	19-05:20 19-05:20	17-09:40 20-04:20	22-17:33 24-07:53	18-22:09 13-04:36	16-25:00 10-02:51	15-28:03 19-03:03	17-32:50 21-04:37	16-34:59 5-02:09	16-36:35 22-01:36	16-36:58 13-00:23	36:58	12:39	Keijo Lakkinen
17.	Risto Suominen	SuSi	15-04:48 15-04:48	12-08:57 16-04:09	16-16:03 18-07:06	16-21:22 15-05:19	15-24:39 20-03:17	17-28:06 23-03:27	16-32:39 14-04:33	17-35:14 16-02:35	17-36:44 15-01:30	17-37:10 21-00:26	37:10	12:43	Risto Suominen
18.	Tapio Lahtonen	TP	28-08:20 28-08:20	28-12:34 18-04:14	24-19:05 14-06:31	23-24:00 16-04:55	21-26:49 9-02:49	18-29:13 8-02:24	18-34:08 23-04:55	18-36:28 8-02:20	18-37:53 9-01:25	18-38:16 13-00:23	38:16	13:06	Tapio Lahtonen
19.	Esko Salminen	TurSa	4-04:11 4-04:11	4-07:51 6-03:40	5-14:18 13-06:27	6-19:09 15-04:51	8-22:16 16-03:07	20-29:50 29-07:34	19-34:31 18-04:41	19-37:07 19-02:36	19-38:37 15-01:30	19-39:01 17-00:24	39:01	13:21	Esko Salminen
20.	Jorma Virtanen	Hiisi	12-04:39 12-04:39	9-08:34 9-03:55	9-14:56 8-06:22	10-19:36 14-04:40	20-26:25 29-06:49	22-30:09 26-03:44	22-35:27 25-05:18	21-37:36 5-02:09	21-38:57 6-01:21	20-39:16 3-00:19	39:16	13:26	Jorma Virtanen
	Reijo Olli	VaHa	26-06:53 26-06:53	25-10:43 8-03:50	27-19:22 26-08:39	22-23:56 11-04:34	23-27:15 21-03:19	21-30:05 17-02:50	20-34:41 17-04:36	20-37:18 21-02:37	20-38:50 18-01:32	20-39:16 21-00:26	39:16	13:26	Reijo Olli
22.	Keijo Viljanen	LoJa	20-05:22 20-05:22	20-10:00 23-04:38	19-17:07 20-07:07	20-22:31 22-05:24	19-26:15 26-03:44	19-29:44 24-03:29	21-34:55 24-05:11	22-37:37 25-02:42	22-39:19 23-01:42	22-39:47 26-00:28	39:47	13:37	Keijo Viljanen
23.	Ralf Eklund	RaLu	5-04:17 5-04:17	5-08:04 7-03:47	11-15:26 22-07:22	27-27:24 29-11:58	27-30:26 6-02:20	26-32:46 5-03:53	23-36:39 4-01:58	23-38:37 5-03:53	23-40:12 20-01:35	23-40:33 10-00:21	40:33	13:53	Ralf Eklund
24.	Erkki Kallio	LoJa	18-05:09 18-05:09	21-10:03 24-04:54	26-19:21 28-09:18	26-25:20 26-05:59	26-28:51 23-03:31	25-32:11 22-03:20	24-36:43 13-04:32	24-39:18 16-02:35	24-40:47 13-01:29	24-41:11 17-00:24	41:11	14:06	Erkki Kallio
25.	Kai Hakanen	VaSu	23-05:42 23-05:42	26-10:50 26-05:08	25-19:10 25-08:20	25-24:39 23-05:29	25-28:22 25-03:43	24-31:30 21-03:08	26-37:03 27-05:33	25-39:43 24-02:40	25-41:36 28-01:53	25-42:07 27-00:31	42:07	14:25	Kai Hakanen
26.	Pertti Euren	RasKa	16-05:01 16-05:01	19-09:58 25-04:57	23-17:38 23-07:40	21-23:28 25-05:50	22-27:08 27-03:40	23-31:00 28-05:48	25-36:48 29-03:23	26-40:11 29-03:23	26-41:54 25-01:43	26-42:25 27-00:31	42:25	14:31	Pertti Euren
27.	Seppo Aarnio	RaPi	29-08:40 29-08:40	29-12:53 17-04:13	29-22:57 29-10:04	28-27:53 17-04:56	28-31:06 18-03:13	27-33:52 14-02:46	27-38:23 12-04:31	27-40:56 15-02:33	27-42:21 9-01:25	27-42:47 21-00:26	42:47	14:39	Seppo Aarnio
28.	Jaakko Hörkkö	LHR	10-04:30 10-04:30	23-10:31 29-06:01	21-17:13 17-06:42	24-24:29 28-07:16	24-27:43 19-03:14	28-34:01 28-06:18	28-39:33 26-05:32	28-42:29 28-02:56	28-44:16 26-01:47	28-44:42 21-00:26	44:42	15:18	Jaakko Hörkkö
29.	Jussi Rajamäki	HS	25-06:32 25-06:32	27-12:02 28-05:30	28-20:50 27-08:48	29-28:05 27-07:15	29-32:13 27-04:08	29-35:52 25-03:39	29-42:29 29-06:37	29-45:15 26-02:46	29-47:33 29-02:18	29-48:00 25-00:27	48:00	16:26	Jussi Rajamäki
	Antti Ojala	TurSa										0-35:04		Hyl.	Antti Ojala

## H75 2,59 km

			1. (367 m)	2. (666 m)	3. (401 m)	4. (145 m)	5. (191 m)	6. (320 m)	7. (225 m)	8. (132 m)	9. (84 m)	Tulos (min/km)			
1.	Pentti Tammisaari	HirvHe	2-04:22 2-04:22	2-09:43 2-05:21	1-13:49 1-04:06	1-15:11 1-01:22	1-17:07 1-01:56	1-22:20 12-05:13	1-25:00 1-02:40	1-26:44 7-01:44	1-27:02 1-00:18	27:02	10:26	Pentti Tammisaari	
2.	Paavo Inkinen	Jyry	1-04:04 1-04:04	1-09:24 1-05:20	2-15:12 11-05:48	2-16:49 2-01:37	2-19:01 3-02:12	3-23:15 6-04:14	3-26:30 3-03:15	2-27:48 1-01:18	2-28:11 5-00:23	28:11	10:52	Paavo Inkinen	
3.	Risto Wessman	Häki	3-04:52 3-04:52	3-11:16 3-06:24	3-15:26 2-04:10	3-17:06 3-01:40	3-19:10 2-02:04	2-22:57 1-03:47	2-26:20 6-03:23	3-28:02 6-01:42	3-28:24 3-00:22	28:24	10:57	Risto Wessman	
4.	Juhani Ketamo	SuSe	7-05:43 7-05:43	5-12:30 6-06:47	5-17:07 5-04:37	5-18:56 4-01:49	4-21:23 5-02:27	4-25:16 3-03:53	4-28:23 2-03:07	4-29:50 3-01:27	4-30:14 6-00:24	30:14	11:40	Juhani Ketamo	
5.	Erkki Kivistö	Pihkan	5-05:15 5-05:15	4-11:40 4-06:25	4-16:30 6-04:50	4-18:44 11-02:14	5-21:36 9-02:52	5-26:23 8-04:47	5-30:05 9-03:42	5-31:49 7-01:44	5-32:15 8-00:26	32:15	12:27	Erkki Kivistö	
6.	Reino Ansamaa	RaN	13-08:38 13-08:38	12-15:51 8-07:13	10-20:12 3-04:21	9-22:11 6-01:59	8-24:36 4-02:25	7-28:24 2-03:48	7-31:40 4-03:16	6-33:02 2-01:22	6-33:29 11-00:27	33:29	12:55	Reino Ansamaa	
7.	Matti Hahto	OrPo	4-05:05 4-05:05	6-13:06 11-08:01	6-18:42 10-05:36	6-20:40 5-01:58	6-24:09 15-03:29	6-28:12 4-04:03	6-31:32 5-03:20	7-33:03 4-01:31	7-33:30 11-00:27	33:30	12:56	Matti Hahto	
8.	Heikki Heinonen	LHR	12-07:44 12-07:44	8-14:55 7-07:11	9-19:57 8-05:02	10-22:15 12-02:18	10-24:50 7-02:35	9-28:58 5-04:08	8-32:27 7-03:29	8-34:05 5-01:38	8-34:27 3-00:22	34:27	13:18	Heikki Heinonen	
9.	Oiva Kaasalainen	SuSe	6-05:39 6-05:39	7-13:25 10-07:46	7-18:48 9-05:23	7-20:57 9-02:09	7-24:15 13-03:18	8-28:56 7-04:41	9-32:35 8-03:39	9-34:21 10-01:46	9-34:47 8-00:26	34:47	13:25	Oiva Kaasalainen	
10.	Simo Mannervesi	RaLu	10-07:35 10-07:35	10-14:57 9-07:22	8-19:48 7-04:51	8-21:38 10-02:10	9-24:38 8-02:40	10-29:34 11-04:56	10-33:25 11-03:51	10-35:18 12-01:53	10-35:44 8-00:26	35:44	13:47	Simo Mannervesi	
11.	Jorma Paldanius	TuS	8-05:53 8-05:53	9-14:56 13-09:03	11-20:45 12-05:49	11-22:45 7-02:00	11-25:52 10-03:07	11-30:42 9-04:50	11-34:33 11-03:51	11-36:17 7-01:44	11-36:45 13-00:28	36:45	14:11	Jorma Paldanius	

12.	Raimo Laakso	HaHa	9-06:27 9-06:27	11-15:22 12-08:55	12-22:09 15-06:47	12-24:30 14-02:21	12-27:52 14-03:22	12-33:48 13-05:56	12-37:35 10-03:47	12-39:34 13-01:59	12-40:04 15-00:30	40:04	15:28	Raimo Laakso
13.	Tero Tiitola	RasKa	15-13:36 15-13:36	14-20:14 5-06:38	13-24:37 4-04:23	13-26:55 12-02:18	13-29:25 6-02:30	13-34:20 10-04:55	13-38:21 13-04:01	13-40:24 15-02:03	13-40:48 6-00:24	40:48	15:45	Tero Tiitola
14.	Pentti Niemi	HauSi	14-10:17 14-10:17	15-23:10 16-12:53	15-31:07 17-07:57	14-34:10 16-03:03	14-38:37 16-04:27	14-45:37 16-07:00	14-52:42 17-07:05	14-56:05 17-03:23	14-56:56 17-00:51	56:56	21:58	Pentti Niemi
15.	Vesa Paavola	EE	16-22:04 16-22:04	16-32:36 14-10:32	16-40:25 16-07:49	16-42:54 15-02:29	16-47:32 17-04:38	16-53:33 14-06:01	15-57:42 15-04:09	15-59:31 11-01:49	15-59:51 2-00:20	59:51	23:06	Vesa Paavola
16.	Severi Halkosaari	NiS	10-07:35 10-07:35	13-19:04 15-11:29	14-25:20 14-06:16	15-37:30 17-12:10	15-40:39 11-03:09	15-52:21 17-11:42	16-58:49 16-06:28	16-1:01:33 16-02:44	16-1:02:14 16-00:41	1:02:14	24:01	Severi Halkosaari
	Pentti Koivisto	TP		0-20:01	0-25:55 13-05:54	0-28:01 8-02:06	0-31:10 11-03:09	0-37:53 15-06:43	0-42:00 14-04:07	0-44:00 14-02:00	0-44:28 13-00:28	Hyl.		Pentti Koivisto

### H80 2,18 km

			1. (280 m)	2. (211 m)	3. (487 m)	4. (405 m)	5. (163 m)	6. (259 m)	7. (232 m)	8. (84 m)	Tulos (min/km)			
1.	Kalevi Eilu	RaLu	1-04:22 1-04:22	1-06:43 1-02:21	1-12:45 1-06:02	1-17:49 2-05:04	1-20:35 1-02:46	1-24:22 2-03:47	1-27:23 1-03:01	1-27:50 2-00:27	27:50	12:46	Kalevi Eilu	
2.	Pauli Pietilä	SuSe	7-06:01 7-06:01	3-08:40 2-02:39	2-14:56 3-06:16	2-19:52 1-04:56	2-22:39 2-02:47	2-26:10 1-03:31	2-29:12 2-03:02	2-29:39 2-00:27	29:39	13:36	Pauli Pietilä	
3.	Rihko Haarlaa	HS	2-05:16 2-05:16	5-09:23 13-04:07	4-16:12 4-06:49	3-22:08 4-05:56	3-25:01 3-02:53	3-28:58 3-03:57	3-32:44 3-03:46	3-33:10 1-00:26	33:10	15:12	Rihko Haarlaa	
4.	Olavi Erkkilä	HlS	2-05:16 2-05:16	2-08:09 4-02:53	3-15:22 5-07:13	4-22:42 8-07:20	4-26:41 10-03:59	4-31:04 5-04:23	4-35:04 5-04:00	4-35:39 6-00:35	35:39	16:21	Olavi Erkkilä	
5.	Seppo Kuusisto	RaLu	6-06:00 6-06:00	4-08:58 5-02:58	7-17:49 12-00:51	5-23:54 5-06:05	5-27:14 6-03:20	5-31:13 4-03:59	5-35:10 4-03:57	5-35:43 4-00:33	35:43	16:23	Seppo Kuusisto	
6.	Matti Juhonsalo	LHR	8-06:16 8-06:16	6-09:26 7-03:10	5-17:08 6-07:42	6-24:31 9-07:23	8-28:07 8-03:36	6-32:54 6-04:47	6-36:59 6-04:05	6-37:41 11-00:42	37:41	17:17	Matti Juhonsalo	
7.	Martti Sukki	LHR	5-05:58 5-05:58	8-09:56 12-03:58	8-18:05 7-08:09	8-24:41 6-06:36	6-27:38 4-02:57	8-32:58 11-05:20	7-37:36 9-04:38	7-38:14 9-00:38	38:14	17:32	Martti Sukki	
8.	Seppo Paavola	EE	4-05:54 4-05:54	7-09:28 9-03:34	6-17:44 9-00:16	7-24:32 7-06:48	7-27:50 5-03:18	7-32:55 8-05:05	8-37:46 10-04:51	8-38:21 6-00:35	38:21	17:35	Seppo Paavola	
9.	Pentti Saario	LoJa	9-06:51 9-06:51	9-09:58 6-03:07	9-18:09 8-08:11	9-25:33 10-07:24	9-29:21 9-03:48	9-34:42 12-05:21	9-40:55 11-06:13	9-41:33 9-00:38	41:33	19:03	Pentti Saario	
10.	Osmo Aronen	RasKa	13-12:06 13-12:06	13-14:48 3-02:42	12-20:56 2-06:08	10-26:22 3-05:26	10-29:45 7-03:23	10-34:45 7-05:00	10-42:41 12-07:56	10-43:14 4-00:33	43:14	19:49	Osmo Aronen	
11.	Raimo Siivonen	RiSu	11-07:25 11-07:25	12-11:17 11-03:52	11-19:42 10-08:25	11-27:19 11-07:37	11-35:14 11-07:55	11-40:23 9-05:09	11-44:56 8-04:33	11-45:41 12-00:45	45:41	20:57	Raimo Siivonen	
12.	Mikko Houni	EE	12-07:43 12-07:43	11-10:58 8-03:15	10-19:38 11-08:40	12-27:33 12-07:55	12-35:32 12-07:59	12-40:51 10-05:19	12-45:10 7-04:19	12-45:45 6-00:35	45:45	20:59	Mikko Houni	
	Per Nyman	RasKa	10-07:02 10-07:02	10-10:48 10-03:46				0-53:59		0-1:02:18	Kesk.		Per Nyman	
	Pentti Rintala	Hiisi									Kesk.		Pentti Rintala	

### H85 2,11 km

			1. (280 m)	2. (211 m)	3. (568 m)	4. (354 m)	5. (104 m)	6. (217 m)	7. (232 m)	8. (84 m)	Tulos (min/km)			
1.	Mikko Koppelomäki	EE									42:56	20:20	Mikko Koppelomäki	
2.	Pertti Laurila	EsSu	1-06:57 1-06:57	1-10:43 1-03:46	1-24:40 3-13:57	1-32:55 1-08:15	1-35:34 2-02:39	1-40:03 1-04:29	1-44:41 2-04:38	1-45:23 1-00:42	45:23	21:30	Pertti Laurila	
3.	Eero Helariutta	RasKa	2-08:52 2-08:52	2-13:13 2-04:21	2-26:28 1-13:15	2-35:06 2-08:38	2-37:19 1-02:13	2-42:07 2-04:48	2-46:44 1-04:37	2-47:26 1-00:42	47:26	22:28	Eero Helariutta	
4.	Eero Liski	SalVie	3-12:16 3-12:16	3-17:50 3-05:34	3-31:34 2-13:44	3-40:56 3-09:22	3-43:35 2-02:39	3-48:49 3-05:14	3-54:16 3-05:27	3-55:11 3-00:55	55:11	26:09	Eero Liski	

### D21A 4,47 km

			1. (367 m)	2. (268 m)	3. (1062 m)	4. (143 m)	5. (172 m)	6. (421 m)	7. (152 m)	8. (174 m)	9. (1136 m)	10. (134 m)	11. (299 m)	12. (84 m)	Tulos (min/km)		
1.	Tuija Kuusela	RasKa	1-03:00 1-03:00	1-05:17 1-02:17	1-13:24 3-08:07	1-14:36 1-01:12	1-16:05 2-01:29	1-19:37 2-03:32	1-21:20 6-01:43	1-22:51 1-01:31	1-30:46 1-07:55	1-31:47 1-01:01	1-34:50 7-03:03	1-35:06 2-00:16	35:06	7:51	Tuija Kuusela
2.	Enni Jalava	MSParma	2-03:02 2-03:02	3-05:50 9-02:48	5-15:08 8-09:18	5-16:26 2-01:18	4-17:53 1-01:27	3-21:08 1-03:15	3-22:14 2-01:06	3-23:50 2-01:36	3-32:16 3-08:26	2-33:20 2-01:04	2-35:24 1-02:04	2-35:38 1-00:14	35:38	7:58	Enni Jalava
3.	Suvi Simonsén	RasKa	2-03:02 2-03:02	2-05:30 3-02:28	2-13:35 2-08:05	2-14:57 5-01:22	2-16:49 6-01:52	2-20:30 4-03:41	2-21:56 4-01:26	2-23:37 3-01:41	2-32:12 4-08:35	3-33:26 6-01:14	3-35:34 3-02:08	3-35:52 4-00:18	35:52	8:01	Suvi Simonsén
4.	Anni Heikkonen	MSParma	11-04:36 11-04:36	10-06:57 2-02:21	4-14:47 1-07:50	4-16:08 3-01:21	4-17:46 4-01:38	4-21:18 2-03:32	4-22:28 2-01:10	4-24:14 6-01:46	4-32:37 2-08:23	4-33:43 3-01:06	4-37:09 10-03:26	4-37:27 4-00:18	37:27	8:22	Anni Heikkonen
5.	Henna Yliluikka	AngA	7-03:33 7-03:33	7-06:16 6-02:43	7-15:22 5-09:06	7-16:47 6-01:25	6-18:24 3-01:37	6-22:30 7-04:06	6-24:18 8-01:48	6-26:03 5-01:45	5-34:54 5-08:51	5-36:06 5-01:12	5-38:13 2-02:07	5-38:30 3-00:17	38:30	8:36	Henna Yliluikka

6.	Päivi Autio	Hiisi	5-03:27 5-03:27	4-05:59 4-02:32	6-15:11 7-09:12	6-16:32 3-01:21	5-18:21 5-01:49	5-22:29 9-04:08	5-23:46 3-01:17	5-25:35 7-01:49	6-35:30 6-09:55	6-36:45 7-01:15	6-39:10 5-02:25	6-39:29 6-00:19	39:29	8:49	Päivi Autio
7.	Hanna-Mari Siivonen	Koovee	8-03:45 8-03:45	8-06:41 10-02:56	8-15:48 6-09:07	8-17:41 8-01:53	8-19:50 9-02:09	7-23:34 5-03:44	7-25:30 10-01:56	7-27:14 4-01:44	7-37:21 7-10:07	7-38:51 9-01:30	7-41:18 6-02:27	7-41:39 9-00:21	41:39	9:19	Hanna-Mari Siivonen
8.	Ulla-Maria Kovalainen	TP	4-03:23 4-03:23	6-06:06 6-02:43	3-14:36 4-08:30	3-16:05 7-01:29	7-19:29 11-03:24	8-24:11 10-04:42	8-26:10 11-01:59	8-28:00 8-01:50	8-38:07 7-10:07	8-39:14 4-01:07	8-42:30 9-03:16	8-42:49 6-00:19	42:49	9:34	Ulla-Maria Kovalainen
9.	Sanna Ylikylä	AngA	5-03:27 5-03:27	5-06:05 5-02:27	10-18:13 11-12:08	9-20:12 9-01:59	9-22:05 7-01:53	9-26:04 6-03:59	9-27:49 7-01:45	9-29:42 9-01:53	9-39:56 9-10:14	9-41:40 10-01:44	9-43:55 4-02:15	9-44:16 9-00:21	44:16	9:54	Sanna Ylikylä
10.	Anu Saarinen	Rasti88	10-04:06 10-04:06	9-06:53 8-02:47	11-18:52 10-11:59	11-22:31 11-03:39	11-24:26 8-01:55	10-28:33 8-04:07	10-30:21 8-01:48	10-32:14 9-01:53	10-43:33 10-11:19	10-44:56 8-01:23	10-49:04 11-04:08	10-49:24 8-00:20	49:24	11:03	Anu Saarinen
11.	Inka Joensivu	VaHa	9-04:00 9-04:00	11-07:19 11-03:19	9-17:31 9-10:12	10-20:36 10-03:05	10-22:45 9-02:09	11-30:23 11-07:38	11-32:00 5-01:37	11-33:53 9-01:53	11-49:48 11-15:55	11-53:20 11-03:32	11-56:32 8-03:12	11-56:53 9-00:21	56:53	12:43	Inka Joensivu

### D35 3,76 km

			1. (474 m)	2. (211 m)	3. (774 m)	4. (391 m)	5. (199 m)	6. (768 m)	7. (215 m)	8. (481 m)	9. (101 m)	10. (84 m)	Tulos (min/km)			
1.	Pinja Mäkinen	AngA	1-05:03 1-05:03	1-08:28 1-03:25	1-15:39 1-07:11	1-20:31 1-04:52	1-23:04 1-02:33	1-32:46 1-09:42	1-35:26 1-02:40	1-41:49 1-06:23	1-42:42 1-00:53	1-43:01 1-00:19	43:01	11:26	Pinja Mäkinen	

### D40 3,26 km

			1. (367 m)	2. (268 m)	3. (928 m)	4. (304 m)	5. (262 m)	6. (294 m)	7. (200 m)	8. (191 m)	9. (299 m)	10. (84 m)	Tulos (min/km)			
1.	Leena Gustafsson	EuVe	2-04:33 2-04:33	2-08:28 2-03:55	2-16:27 1-07:59	1-19:25 1-02:58	1-22:16 1-02:51	1-25:25 1-03:09	1-27:34 1-02:09	1-29:36 2-02:02	1-32:33 2-02:57	1-33:00 2-00:27	33:00	10:07	Leena Gustafsson	
2.	Kaisa Vallin	EE	1-04:25 1-04:25	1-07:33 1-03:08	1-15:56 2-08:23	2-19:31 2-03:35	2-24:54 3-05:23	2-28:43 2-03:49	2-31:34 2-02:51	2-33:26 1-01:52	2-36:04 1-02:38	2-36:19 1-00:15	36:19	11:08	Kaisa Vallin	
3.	Maria Taanila	KanSu	3-06:22 3-06:22	3-11:31 3-05:09	3-25:13 3-13:42	3-31:43 3-06:30	3-36:35 2-04:52	3-42:05 3-05:30	3-45:43 3-03:38	3-49:39 3-03:56	3-54:28 3-04:49	3-55:05 3-00:37	55:05	16:53	Maria Taanila	

### D45 3,26 km

			1. (367 m)	2. (268 m)	3. (928 m)	4. (304 m)	5. (262 m)	6. (294 m)	7. (200 m)	8. (191 m)	9. (299 m)	10. (84 m)	Tulos (min/km)			
1.	Minna Seppänen	Rasti88	1-03:30 1-03:30	1-06:31 1-03:01	1-13:59 1-07:28	1-17:00 1-03:01	1-19:33 1-02:33	1-22:50 1-03:17	1-24:46 1-01:56	1-26:57 1-02:11	1-29:40 1-02:43	1-29:57 1-00:17	29:57	9:11	Minna Seppänen	
2.	Tiina Lamppu	MSParma	2-04:11 2-04:11	2-07:25 3-03:14	2-18:11 3-10:46	2-21:50 3-03:39	2-25:07 2-03:17	2-28:41 2-03:34	2-31:19 3-02:38	2-33:31 2-02:12	2-39:19 4-05:48	2-39:41 3-00:22	39:41	12:10	Tiina Lamppu	
3.	Riikka Rajamäki	HS	4-05:14 4-05:14	4-09:37 4-04:23	3-19:49 2-10:12	3-24:21 4-04:32	3-28:24 3-04:03	3-34:42 4-06:18	3-37:19 2-02:37	3-40:37 4-03:18	3-44:42 2-04:05	3-45:05 4-00:23	45:05	13:49	Riikka Rajamäki	
4.	Teija Koskelainen	HLT	3-05:10 3-05:10	3-08:16 2-03:06	4-22:14 4-13:58	4-25:36 2-03:22	4-31:56 4-06:20	4-36:35 3-04:39	4-42:48 4-06:13	4-45:22 3-02:34	4-50:14 3-04:52	4-50:33 2-00:19	50:33	15:30	Teija Koskelainen	

### D50 2,53 km

			1. (259 m)	2. (256 m)	3. (196 m)	4. (563 m)	5. (564 m)	6. (191 m)	7. (225 m)	8. (132 m)	9. (84 m)	Tulos (min/km)			
1.	Sari Koskinen	Hiisi	2-04:19 2-04:19	2-07:34 1-03:15	1-09:37 1-02:03	1-15:12 1-05:35	1-21:17 1-06:05	1-24:09 2-02:52	1-24:00 3-03:51	1-29:24 1-01:24	1-29:45 1-00:21	29:45	11:45	Sari Koskinen	
2.	Susanna Rokka	LHR	1-03:33 1-03:33	1-07:30 2-03:57	2-10:03 2-02:33	2-16:33 2-06:30	2-23:21 2-06:48	2-26:16 3-02:55	2-29:12 1-02:56	2-30:50 3-01:38	2-31:12 2-00:22	31:12	12:19	Susanna Rokka	
3.	Johanna Aho	MSParma	3-06:23 3-06:23	3-10:24 3-04:01	3-13:05 3-02:41	3-21:02 3-07:57	3-29:08 3-08:06	3-31:54 1-02:46	3-34:57 2-03:03	3-36:22 2-01:25	3-36:45 3-00:23	36:45	14:31	Johanna Aho	

### D55 2,53 km

			1. (259 m)	2. (256 m)	3. (196 m)	4. (563 m)	5. (564 m)	6. (191 m)	7. (225 m)	8. (132 m)	9. (84 m)	Tulos (min/km)			
1.	Anne Nurmi	AngA	2-03:41 2-03:41	1-06:55 1-03:14	1-08:53 1-01:58	1-13:58 1-05:05	1-19:17 1-05:19	1-21:23 1-02:06	1-23:47 1-02:24	1-25:04 1-01:17	1-25:22 1-00:18	25:22	10:01	Anne Nurmi	
2.	Eija Sulavuori	TuMe	1-03:37 1-03:37	2-07:36 2-03:59	2-09:52 2-02:16	2-17:14 6-07:22	2-24:30 3-07:16	2-27:08 2-02:38	2-30:23 3-03:15	2-32:26 6-02:03	2-32:50 5-00:24	32:50	12:58	Eija Sulavuori	
3.	Anu Seppälä	EE	3-04:25 3-04:25	4-09:20 5-04:55	3-11:40 3-02:20	4-18:49 5-07:09	3-25:56 2-07:07	3-28:48 3-02:52	3-31:55 2-03:07	3-33:20 2-01:25	3-33:43 4-00:23	33:43	13:19	Anu Seppälä	
4.	Heli Annila	Koovee	4-04:48 4-04:48	3-09:13 4-04:25	4-12:19 6-03:06	3-18:39 2-06:20	4-30:17 4-11:38	4-33:18 5-03:01	4-37:15 6-03:57	4-38:48 3-01:33	4-39:08 2-00:20	39:08	15:28	Heli Annila	
5.	Päivi Paija	LHR	6-05:57 6-05:57	5-10:01 3-04:04	5-12:45 4-12:44	5-19:06 3-06:21	5-32:12 5-13:06	5-35:12 4-03:00	5-39:04 5-03:52	5-40:42 4-01:38	5-41:06 5-00:24	41:06	16:14	Päivi Paija	
6.	Leena Koivuniemi	RaN	5-05:20 5-05:20	6-11:37 6-06:17	6-14:39 5-03:02	6-21:40 4-07:01	6-36:19 6-14:39	6-40:03 6-03:44	6-43:25 4-03:22	6-45:10 5-01:45	6-45:32 3-00:22	45:32	17:59	Leena Koivuniemi	

### D60 2,59 km

			1. (367 m)	2. (666 m)	3. (401 m)	4. (145 m)	5. (191 m)	6. (320 m)	7. (225 m)	8. (132 m)	9. (84 m)	Tulos (min/km)			
1.	Pirjo Aalto	RaN	1-03:45 1-03:45	1-09:51 2-06:06	1-13:28 1-03:37	1-14:56 1-01:28	1-16:58 1-02:02	1-20:27 1-02:29	1-22:53 1-02:26	1-24:08 2-01:15	1-24:27 2-00:19	24:27	9:26	Pirjo Aalto	

2.	Anne Pelto-Huikko	Hiisi	6-05:26 6-05:26	3-11:28 1-06:02	3-16:12 3-04:44	3-17:44 2-01:32	3-19:59 2-02:15	2-23:33 2-03:34	2-26:11 2-02:38	2-27:29 3-01:18	2-27:51 4-00:22	27:51	10:45	Anne Pelto-Huikko
3.	Jaana Miettinen	TuS	2-04:34 2-04:34	2-11:11 4-06:37	2-15:46 2-04:35	2-17:31 3-01:35	2-19:39 3-02:18	3-23:37 4-03:58	3-26:36 5-02:59	3-27:58 4-01:22	3-28:21 5-00:23	28:21	10:56	Jaana Miettinen
4.	Rita Linko	EsSu	5-05:17 5-05:17	5-12:08 5-06:51	5-17:36 7-05:28	5-19:13 4-01:37	5-21:32 4-02:19	4-25:15 3-03:43	4-27:57 3-02:42	4-29:08 1-01:11	4-29:26 1-00:18	29:26	11:21	Rita Linko
5.	Maija Kerkola	HIT	4-05:03 4-05:03	4-11:33 3-06:30	4-16:39 4-05:06	4-18:38 7-01:59	4-21:10 5-02:32	5-25:44 8-04:34	5-29:31 8-03:47	5-31:21 8-01:50	5-31:45 6-00:24	31:45	12:15	Maija Kerkola
6.	Päivi Annila	TP	3-05:00 3-05:00	6-12:27 7-07:27	6-18:00 8-05:33	6-20:00 8-02:00	6-22:42 6-02:42	6-26:56 6-04:14	6-29:45 4-02:49	6-31:51 9-02:06	6-32:11 3-00:20	32:11	12:25	Päivi Annila
7.	Seija Ilmakunnas	Pihkan	7-06:40 7-06:40	7-14:08 8-07:28	7-19:19 5-05:11	7-21:16 8-01:57	7-24:13 7-02:57	7-28:25 5-04:12	7-31:59 7-03:34	7-33:42 6-01:43	7-34:07 7-00:25	34:07	13:10	Seija Ilmakunnas
8.	Marjo Virtanen	Hiisi	8-07:20 8-07:20	8-14:22 6-07:02	8-19:47 6-05:25	8-21:35 5-01:48	8-25:20 10-03:45	8-29:44 7-04:24	8-32:49 6-03:05	8-34:18 5-01:29	8-34:44 8-00:26	34:44	13:24	Marjo Virtanen
9.	Arja Kallio	RiSu	10-08:04 10-08:04	9-18:52 9-10:48	10-27:17 10-08:25	10-29:30 9-02:13	10-32:50 8-03:20	9-37:58 9-05:08	9-42:46 9-04:48	9-44:34 7-01:48	9-45:01 10-00:27	45:01	17:22	Arja Kallio
10.	Silva Paunonen	Koovee	9-08:02 9-08:02	10-20:20 10-12:18	9-26:27 9-06:07	9-29:10 10-02:43	9-32:30 8-03:20	10-39:11 10-06:41	10-44:04 10-04:53	10-46:10 9-02:06	10-46:36 8-00:26	46:36	17:59	Silva Paunonen

#### D65 2,59 km

		1. (367 m)	2. (666 m)	3. (401 m)	4. (145 m)	5. (191 m)	6. (320 m)	7. (225 m)	8. (132 m)	9. (84 m)	Tulos (min/km)			
1.	Pirkko Kalliola	MaMa	1-05:10 1-05:10	1-11:53 3-06:43	2-16:46 3-04:53	2-18:38 2-01:52	2-21:08 1-02:30	2-25:16 3-04:08	1-28:11 3-02:55	1-29:28 1-01:17	1-29:45 2-00:17	29:45	11:29	Pirkko Kalliola
2.	Marita Saari	SuSe	3-05:39 3-05:39	2-12:00 1-06:21	1-15:44 1-03:44	1-17:10 1-01:26	1-20:23 5-03:13	1-24:10 1-03:47	3-29:36 8-05:26	2-31:42 5-02:06	2-31:58 1-00:16	31:58	12:20	Marita Saari
3.	Maarit Juura	KanSu	2-05:35 2-05:35	3-12:13 2-06:38	3-16:52 2-04:39	3-19:00 3-02:08	3-21:41 2-02:41	3-25:46 2-04:05	2-28:39 1-02:53	3-32:16 8-03:37	3-32:39 3-00:23	32:39	12:36	Maarit Juura
4.	Helena Kajaala-Ylikoski	KanSu	4-05:42 4-05:42	4-12:50 4-07:08	4-18:05 4-05:15	4-20:31 8-02:26	4-25:06 9-04:35	4-29:15 4-04:09	4-32:09 2-02:54	4-33:44 2-01:35	4-34:08 4-00:24	34:08	13:10	Helena Kajaala-Ylikoski
5.	Päivi-Kaarina Turunen	SuSe	9-08:25 9-08:25	8-17:31 6-09:06	8-24:24 6-06:53	8-26:46 6-02:22	8-29:36 3-02:50	6-34:51 5-05:15	6-39:08 4-04:17	5-41:09 4-02:01	5-41:41 6-00:32	41:41	16:05	Päivi-Kaarina Turunen
6.	Elisabeth Koskialho	EuVe	5-06:27 5-06:27	7-17:16 8-10:49	6-23:29 6-06:13	6-25:49 5-02:20	6-29:03 6-03:14	6-34:51 7-05:48	7-39:20 5-04:29	6-41:15 3-01:55	6-41:52 9-00:37	41:52	16:09	Elisabeth Koskialho
7.	Kristiina Ahlqvist	RiSu	7-07:49 7-07:49	6-17:12 7-09:23	7-23:47 8-06:35	7-26:10 7-02:23	7-29:31 7-03:21	8-34:55 6-05:24	8-39:24 5-04:29	7-42:17 7-02:53	7-42:46 5-00:29	42:46	16:30	Kristiina Ahlqvist
8.	Gunnevi Kiiskinen	TP	6-07:06 6-07:06	5-15:11 5-08:05	5-20:53 5-05:42	5-23:03 4-02:10	5-26:07 4-03:04	5-31:56 8-05:49	5-38:00 9-06:04	8-43:45 9-05:45	8-44:19 8-00:34	44:19	17:06	Gunnevi Kiiskinen
9.	Leena Metsämäki	TuS	8-08:06 8-08:06	9-19:36 9-11:30	9-26:06 7-06:30	9-28:41 9-02:35	9-32:36 8-03:55	9-38:57 9-06:21	9-44:07 7-05:10	9-46:13 5-02:06	9-46:45 6-00:32	46:45	18:03	Leena Metsämäki

#### D70 2,18 km

		1. (280 m)	2. (211 m)	3. (487 m)	4. (405 m)	5. (163 m)	6. (259 m)	7. (232 m)	8. (84 m)	Tulos (min/km)			
1.	Oivi Mäkelä	SuSe	3-06:12 3-06:12	3-09:57 4-03:45	3-17:31 3-07:34	2-28:39 2-11:08	1-32:34 3-03:55	1-37:39 3-05:05	1-42:40 4-05:01	1-43:10 3-00:30	43:10	19:48	Oivi Mäkelä
2.	Leena Ojala	TurSa	2-05:59 2-05:59	2-08:53 2-02:54	2-16:14 2-07:21	1-21:36 1-05:22	2-40:19 4-18:43	2-44:23 2-04:04	2-48:03 1-03:40	2-48:32 2-00:29	48:32	22:15	Leena Ojala
3.	Hilkka Lankia	TP	1-04:24 1-04:24	1-06:51 1-02:27	1-13:16 1-06:25	4-47:31 4-34:15	4-50:22 1-02:51	4-54:12 1-03:50	4-57:54 2-03:42	3-58:30 1-00:26	58:20	26:45	Hilkka Lankia
4.	Eija Nurminen	TP	4-08:34 4-08:34	4-12:11 3-03:37	4-19:47 4-07:36	3-45:11 3-25:24	3-48:32 2-03:21	3-53:54 4-05:22	3-57:46 3-03:52	4-58:26 4-00:40	58:26	26:48	Eija Nurminen

#### D75 2,18 km

		1. (280 m)	2. (211 m)	3. (487 m)	4. (405 m)	5. (163 m)	6. (259 m)	7. (232 m)	8. (84 m)	Tulos (min/km)			
1.	Kaarina Rahkasuo	Rasti88	1-05:13 1-05:13	1-08:09 1-02:56	1-13:59 1-05:50	1-20:49 2-06:50	1-23:50 1-03:01	2-28:21 2-04:31	1-32:02 1-03:41	1-32:32 1-00:30	32:32	14:55	Kaarina Rahkasuo
2.	Helena Mannervesi	RaLu	2-05:19 2-05:19	2-08:19 2-03:00	2-14:57 2-06:38	2-20:57 1-06:00	2-24:00 2-03:03	1-28:12 1-04:12	2-33:47 5-05:35	2-34:21 3-00:34	34:21	15:45	Helena Mannervesi
3.	Vuokko Rajamäki	HS	3-05:33 3-05:33	3-08:44 4-03:11	3-17:02 3-08:18	3-25:15 5-08:13	3-30:22 5-05:07	3-35:43 4-05:21	3-40:00 3-04:17	3-40:32 2-00:32	40:32	18:35	Vuokko Rajamäki
4.	Seija Piiparinen	RasKa	4-06:51 4-06:51	4-10:13 5-03:22	4-19:17 4-09:04	4-26:58 3-07:41	4-31:06 3-04:08	4-36:07 3-05:01	4-40:22 2-04:15	4-41:05 4-00:43	41:05	18:50	Seija Piiparinen
5.	Tuula Kaasalainen	SuSe	5-08:31 5-08:31	5-11:33 3-03:02	5-20:51 5-09:18	5-28:33 4-07:42	5-32:47 4-04:14	5-38:24 5-05:37	5-42:52 4-04:28	5-43:36 5-00:44	43:36	20:00	Tuula Kaasalainen

#### D18 3,26 km

		1. (367 m)	2. (268 m)	3. (928 m)	4. (304 m)	5. (262 m)	6. (294 m)	7. (200 m)	8. (191 m)	9. (299 m)	10. (84 m)	Tulos (min/km)
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1. Kerttu Henttonen	ValSu	1-06:58 1-06:58	1-12:50 1-05:52	1-28:54 1-16:04	1-39:44 1-10:50	1-44:26 1-04:42	1-49:12 1-04:46	1-53:29 1-04:17	1-56:46 1-03:17	1-1:02:33 1-05:47	1-1:02:56 1-00:23	1:02:56	19:18	Kerttu Henttonen
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### H16 3,74 km

		1. (455 m)	2. (347 m)	3. (180 m)	4. (543 m)	5. (505 m)	6. (143 m)	7. (637 m)	8. (247 m)	9. (407 m)	10. (132 m)	11. (84 m)	Tulos (min/km)	
Luukas Nummela	OrPo	1-06:43 1-06:43	1-17:16 1-10:33	1-25:52 1-08:36	1-34:29 1-08:37							0-52:52	Kesk.	Luukas Nummela

### D16 2,53 km

		1. (259 m)	2. (256 m)	3. (196 m)	4. (563 m)	5. (564 m)	6. (191 m)	7. (225 m)	8. (132 m)	9. (84 m)	Tulos (min/km)		
1. Oona Kaikkonen	Koovee	1-02:33 1-02:33	1-05:24 1-02:51	1-06:54 1-01:30	1-10:59 1-04:05	1-16:05 1-05:06	1-17:47 1-01:42	1-20:38 2-02:51	1-22:09 3-01:31	1-22:25 1-00:16	22:25	8:51	Oona Kaikkonen
2. Emma Rainovaara	HIS	2-03:08 2-03:08	2-06:58 2-03:50	2-08:46 2-01:48	2-13:40 2-04:54	2-19:24 2-05:44	2-22:20 3-02:56	2-24:50 1-02:30	2-26:05 1-01:15	2-26:25 2-00:20	26:25	10:26	Emma Rainovaara
3. Sini Heinonen	MSParma	3-03:41 3-03:41	3-08:01 3-04:20	3-10:59 3-02:58	3-18:56 3-07:57	3-27:11 3-08:15	3-30:04 2-02:53	3-33:23 3-03:19	3-34:44 2-01:21	3-35:10 3-00:26	35:10	13:53	Sini Heinonen

### H14 2,83 km

		1. (183 m)	2. (171 m)	3. (568 m)	4. (542 m)	5. (312 m)	6. (461 m)	7. (379 m)	8. (132 m)	9. (84 m)	Tulos (min/km)		
1. Akseli Penttilä	Koovee	3-04:01 3-04:01	3-05:11 1-01:10	4-12:22 3-07:11	2-16:52 1-04:30	2-20:07 2-03:15	1-24:35 1-04:28	1-30:08 4-05:33	1-31:21 3-01:13	1-31:41 3-00:20	31:41	11:11	Akseli Penttilä
2. Olavi Nurmo	Punku	1-01:57 1-01:57	1-03:08 2-01:11	2-12:07 4-08:59	3-17:49 3-05:42	3-21:21 3-03:32	2-27:28 3-06:07	2-31:50 1-04:22	2-32:59 1-01:09	2-33:17 1-00:18	33:17	11:45	Olavi Nurmo
3. Janne Heinonen	MSParma	4-04:09 4-04:09	5-06:31 5-02:22	3-12:08 2-05:37	4-18:34 4-06:26	4-22:16 5-03:42	3-28:21 2-06:05	3-33:52 3-05:31	3-35:07 4-01:15	3-35:28 4-00:21	35:28	12:31	Janne Heinonen
4. Elias Haapala	RR	5-05:07 5-05:07	4-06:24 3-01:17	5-16:35 5-10:11	5-23:59 5-07:24	5-27:35 4-03:36	4-34:48 4-07:13	4-39:34 2-04:46	4-40:53 5-01:19	4-41:12 2-00:19	41:12	14:33	Elias Haapala
5. Samuli Karjalainen	JRV	2-02:04 2-02:04	2-03:29 4-01:25	1-07:56 1-04:27	1-13:25 2-05:29	1-16:35 1-03:10	5-38:42 5-22:07	5-44:18 5-05:36	5-45:27 1-01:09	5-45:52 5-00:25	45:52	16:12	Samuli Karjalainen

### D14 2,27 km

		1. (98 m)	2. (211 m)	3. (568 m)	4. (354 m)	5. (145 m)	6. (191 m)	7. (385 m)	8. (232 m)	9. (84 m)	Tulos (min/km)		
1. Siiri Oksa	Raska	1-01:17 1-01:17	1-03:38 1-02:21	1-11:01 1-07:23	1-16:59 1-05:58	1-18:52 1-01:53	1-23:14 1-04:22	1-28:50 1-05:36	1-32:08 1-03:18	1-32:40 1-00:32	32:40	14:23	Siiri Oksa

### D13 1,91 km

		1. (277 m)	2. (310 m)	3. (176 m)	4. (405 m)	5. (104 m)	6. (406 m)	7. (142 m)	8. (84 m)	Tulos (min/km)		
1. Laura Lamppu	MSParma	1-02:07 1-02:07	1-08:18 1-06:11	1-13:19 1-05:01	1-22:39 2-09:20	1-24:58 2-02:19	1-40:55 1-15:57	1-45:28 2-04:33	1-45:47 1-00:19	45:47	23:58	Laura Lamppu
2. Lotta Lamppu	MSParma	2-03:56 2-03:56	2-10:15 2-06:19	2-15:24 2-05:09	2-24:42 1-09:18	2-26:54 1-02:12	2-43:07 2-16:13	2-47:34 1-04:27	2-48:12 2-00:38	48:12	25:14	Lotta Lamppu

### H12 1,81 km

		1. (277 m)	2. (310 m)	3. (311 m)	4. (252 m)	5. (346 m)	6. (232 m)	7. (84 m)	Tulos (min/km)		
1. Leo Ekqvist	Hiki	1-02:58 1-02:58	1-05:58 1-03:00	1-09:18 1-03:20	1-20:23 1-11:05	1-24:13 1-03:50	1-27:26 1-03:13	1-27:41 1-00:15	27:41	15:17	Leo Ekqvist

### D12 1,81 km

		1. (277 m)	2. (310 m)	3. (311 m)	4. (252 m)	5. (346 m)	6. (232 m)	7. (84 m)	Tulos (min/km)		
1. Jenni Oksa	Raska	1-01:49 1-01:49	2-05:36 3-03:47	2-09:13 2-03:37	1-11:33 1-02:20	1-15:21 1-03:48	1-17:23 1-02:02	1-17:41 1-00:18	17:41	9:46	Jenni Oksa
2. Saara Malm	TP	2-02:03 2-02:03	1-05:31 1-03:28	1-08:50 1-03:19	2-12:51 3-04:01	2-16:49 2-03:58	2-19:08 2-02:19	2-19:27 2-00:19	19:27	10:44	Saara Malm
3. Aada Tapiola	AngA	3-02:27 3-02:27	3-05:56 2-03:29	3-11:30 3-05:34	3-13:55 2-02:25	3-18:32 3-04:37	3-22:16 3-03:44	3-22:36 3-00:20	22:36	12:29	Aada Tapiola

### H12TR 1,84 km

		1. (277 m)	2. (312 m)	3. (256 m)	4. (313 m)	5. (346 m)	6. (231 m)	7. (103 m)	Tulos (min/km)		
1. Tuomas Matilainen	EsSu	1-04:23 1-04:23	1-13:02 1-08:39	1-20:45 1-07:43	1-27:00 1-06:15	1-34:05 1-07:05	1-38:55 1-04:50	1-39:33 1-00:38	39:33	21:29	Tuomas Matilainen

### D12TR 1,84 km

		1. (277 m)	2. (312 m)	3. (256 m)	4. (313 m)	5. (346 m)	6. (231 m)	7. (103 m)	Tulos (min/km)		
1. Anni Siivonen	Koovee	1-02:10 1-02:10	1-06:42 1-04:32	1-12:47 1-06:05	1-16:22 1-03:35	1-20:38 1-04:16	1-23:19 1-02:41	1-23:41 1-00:22	23:41	12:52	Anni Siivonen



**H10RR 1,88 km**

		1. (170 m)	2.	3.	4. (356 m)	5.	6. (188 m)	7. (103 m)	Tulos (min/km)		
1. Miikka Kotta	KanSu	2-01:48 2-01:48	2-04:12 2-02:24	2-08:57 1-04:45	1-13:48 1-04:51	1-14:51 1-01:03	1-16:38 1-01:47	1-16:58 1-00:20	16:58	9:01	Miikka Kotta
2. Otto Ekqvist	HIKI	1-01:44 1-01:44	1-03:41 1-01:57	1-08:50 2-05:09	2-14:22 3-05:32	2-16:06 5-01:44	2-17:58 2-01:52	2-18:20 2-00:22	18:20	9:45	Otto Ekqvist
3. Leo Raimovaara	HIS	4-02:19 4-02:19	4-05:07 4-02:48	3-10:36 3-05:29	3-15:40 2-05:04	3-17:01 3-01:21	3-19:35 3-02:34	3-19:57 2-00:22	19:57	10:36	Leo Raimovaara
4. Tuomas Gustafsson	EuVe	3-01:57 3-01:57	3-04:24 3-02:27	4-12:25 5-08:01	4-18:45 4-06:20	4-19:48 1-01:03	4-22:23 4-02:35	4-22:50 5-00:27	22:50	12:08	Tuomas Gustafsson
5. Sakari Matilainen	EsSu	5-02:44 5-02:44	5-05:37 5-02:53	5-13:22 4-07:45	5-20:31 5-07:09	5-21:59 4-01:28	5-25:04 5-03:05	5-25:26 2-00:22	25:26	13:31	Sakari Matilainen

**D10RR 1,88 km**

		1. (170 m)	2.	3.	4. (356 m)	5.	6. (188 m)	7. (103 m)	Tulos (min/km)		
1. Aino Siivonen	Koovee	1-01:42 1-01:42	1-03:44 1-02:02	1-08:54 1-05:10	1-14:13 2-05:19	1-15:29 2-01:16	1-18:04 2-02:35	1-18:31 3-00:27	18:31	9:50	Aino Siivonen
2. Venla Mäkinen	AngA	2-01:48 2-01:48	2-04:02 2-02:14	2-09:34 2-05:32	2-14:52 1-05:18	2-16:12 3-01:20	2-18:46 1-02:34	2-19:09 2-00:23	19:09	10:11	Venla Mäkinen
3. Laura Haapasalo	PäLuLu	3-02:08 3-02:08	3-05:00 3-02:52	3-12:57 3-07:57	3-27:54 3-14:57	3-29:01 1-01:07	3-32:11 3-03:10	3-32:30 1-00:19	32:30	17:17	Laura Haapasalo