



# Tapiolan Voimistelijat ry

# Newsletter 1/2023



## In January's Newsletter:

- Childrens' classes
- Adults' classes
- Instructions for blackouts
- Spring season dates
- Summer camps
- TET / work practice



## CHILDRENS' CLASSES

Childrens' spring season has started. We remind you to read the spring season info and check out the season plans from our website.

→ [Season info](#)

→ [Season plans](#)

There is still places at some childrens' classes.  
Be quick and book your place now:

- Mon. Voimistelukoulu 4-5v. Kilonpuisto 17.00
- Mon. Voimistelukoulu 6-7v. Kilonpuisto 17.45
- Mon. Akrobatiavoimistelu 8-10v. Kilonpuisto 18.30
- Mon. Showtanssi 5-7v. Leppävaara 17.00
- Mon Showtanssi 8-10v. Leppävaara 17.45
- Tues. Akrobatiavoimistelu 8-10v. Mankkaanpuro 18.30
- Thurs. Showtanssi 8-10v. Mankkaanpuro 17.00
- Sun. Perheliikunta 4-7v. Mankkaa 15.15-16.00

→ [Schedule](#)

→ [Enrollment](#)



**All children's  
classes include  
two try out  
classes for free!**

## ADULTS' CLASSES

Adults' classes have also started after the Christmas break. Welcome all new and old members! Please check the season info at our website.

→ [Season info](#)

See all changes, substitutes and instructions for entrances at our website:

→ [Changes and substitutes](#)

→ [Entrances](#)

We inform about all changes also via email and at our WhatsApp group which you can join if you wish.

→ [Join the WhatsApp-group](#)

If you have ordered tickets, they will be sent to your home address. If you wish to participate the classes before they arrive, feel free to do so and when the tickets arrive give two (or the amount you have used) to the instructor.

Enrollment for adults' spring season classes is open. If you yet haven't enrolled check our schedule at our website and register now!

→ [Schedule](#)

→ [Enrollment](#)



### Prices

Unlimited season fee	140 €
15 x tickets	105 €
10 x tickets	80 €
5 x tickets	50 €
Pilates	140 €
Pilates + unlimited	170 €
Seniors' class	35 €
+ membership fee 20 €	



## INSTRUCTIONS FOR BLACKOUTS

All classes will be cancelled and everybody must exit the building in case of a blackout.

- Make sure you / your child has warm clothes with them in case they have to wait outside for someone to pick them up
- Toilets should not be flushed
- Do not use the elevators





## SPRING SEASON DATES

Classes will not be held:

- Winter holiday 20.-26.2.
- Easter 6.-10.4.
- May Day 30.4.-1.5.

Spring season ends on Friday 5.5.:

- Kilonpuiston koulu
- Taavinkylän koulu
- Vindängens skola
- Westendipuiston koulu

Tapiolan school is closed 10.3.-29.3.2023.

See changes to adults' classes [here](#).

Spring season ends on Sunday 14.5.:

- Haukilahden monitoimitalo
- Leppävaaran nuorisotila
- Mankkaan koulu
- Mankkaanpuron koulu
- Perkkään koulu
- Pohjois-Tapiolan koulu
- Tapiolan koulu
- Toppelundin koulu
- Niittykummun koulu



## MANKKAA SUMMER CAMPS

We will organize our popular summer camps on the first two weeks of June in Mankkaa!

More info coming up soon!



## TET / WORK PRACTICE



We are happy to receive 8th and 9th graders to work practice (TET-harjoittelu) to our office and for example to assist at our childrens classes.

Appllications via our websites.

→ [Read more](#)