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# INTERNATIONAL UPPER EXTREMITY ARTHROSCOPY COURSE - OULU 2012



### Course Description

#### Time: 19. - 20.1. 2012 Venue: ODL/Terveystalo Oulu

- The course is arranged by Finnish Society for Surgery of the Hand (FSSH) with the help of University of Oulu, commercial sponsors and ODL/Terveystalo Oulu.
- The course is aimed for hand and orthopaedic surgeons doing upper extremity arthroscopy. Residents, fellows and allied health are welcome as well.
- $\checkmark\,$  The course is focused on operative arthroscopic techniques. Videos and live surgery demonstrations are included.
- The speakers will be leading authors from Finland and well known international experts.
- ✓ For more information please contact jorma.ryhanen@odl.fi or juhani.junila@odl.fi Information also available at website www.fssh.fi

# **Program**

Registration starts

### Thursday 19.1.2012

0.00	r togroti dilott ottat to	
9.30	Opening of the Course,	J Ryhänen
Shoulder Arthr	oscopy	Chair J Junila
9.40 Arthroscop	ic repair of the supraspinatus tendon	V Äärimaa
10.00 Arthrosco	pic repair of the subscapularis tendon	V Äärimaa
10.20 Arthrosco	pic treatment of AC joint problems	A Joukainen
10.40 Arthrosco	opic treatment of subacromial in pingement	A Joukainen
11.00 Arthrosco	py of the Anterior instability of the shoulder	T Flinkkilä
11.20 Arthrosco	pic options for Posterior Reconstruction	T Flinkkilä
11.40 Discussion	n	

#### 12.00 LUNCH & EXHIBITION

Elbow Arthroscopy	Chair J Havulinna
13.00 Live surgery, ECRB release	V Savolainen
13.30 Portals and Set-up	V Alanen
13.50 Arthroscopic Normal Anatomy	V Alanen
14.10 Arthroscopic treatment of plica problems of the ell	bow V Savolainen
14.30 Removal of loose bodies of the elbow	V Äärimaa
14.50 Live surgery OA Debridement	V Savolainen

#### 15.30-16.00 COFFE BRAKE & EXHIBITION

	Chair V Alane
16.00 Debridement, synovectomy, capsular release	J Havulinna
16.20 Arthroscopy of throwers Elbow	H Jaroma
16.40 Discussion	

17.00 END OF THE SESSIONS

20.00 GALA DINNER

## Friday 20.1.2012

Arthroscopy of the wrist and small joints	Chair J. Kotkasa
8.20 Portals and Diagnostic Arthroscopy: RC	S Kujala
8.40 Portals and Diagnostic Arthroscopy: MC	T Kotkansalo
9.00 Portals and Diagnostic Arthroscopy: DRUJ	T Karjalainen
9.20 CMC & MCP Arthroscopy	S Pietikäinen
9.40 Dorsal Ganglionectomy	T Karjalainen
10.00 Discussion & live surgery	Expert

### 10.30 COFFE BRAKE & EXHIBITION (30min)

	Chair S. Kujaia			
11.00 Debride of central TFCC tear	S Kujala			
11.20 TFCC foveal rupture repair	J Vasenius			
11.40 TFCC with tendon graft	PC Ho			
12.00 Arthroscopy assisted reduction of distal radius fracture T				
Kotkansalo				

#### 12.20 LUNCH & EXHIBITION (40min)

	Chair I. Karjalainen
13.00 SL schrincage	J Vasenius
13.20 SL dorsal IOL repair	PC Ho
13.40 Radial Styloidectomy	J Ryhänen
13.55 RC intra-articular correction osteotomy	PC Ho
14.20 Wafer Ulnar head resection	J Ryhänen
14.35 RC fusion	PC Ho
15.00 Discussion & live surgery	Expert/

15.30 END OF THE SESSIONS

\*Some changes possible

### Registration Fee Categories

Physician	Early Bird 1.11-30.11.2011 220€	<b>Late</b> 1.12.2011 240€
Resident, Fellow	180€	200€
Allied Health*	160€	180€





\*Allied Health includes therapists, nurses, non-MD researchers and administrative personel Registration fee includes lunch and coffee break for both days, thursday evening gala dinner and a DVD of lectures and videos

Registration can be made by e-mail: registration@fssh.fi. Please, include your name, address, hospital and e-mail address to message

Registration is valid when the fee has been paid to FSSH bank account: IBAN FI6157209950018597, swift (bic) OKOYFIHH