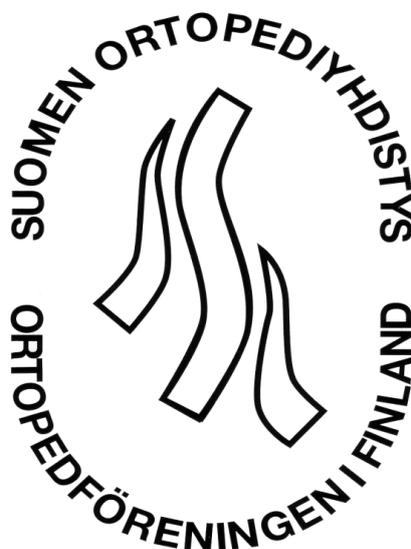


XXIII Finnish-Austrian Orthopaedic Trauma Course

21.–25.3.2026

Hotel Montana, Oberlech, Austria



Organizing Committee

Thomas Ibounig, Chairman

Lasse Rämö, Markus Parkkinen

FINNISH ORTHOPAEDIC ASSOCIATION

Established 1951

XXIII Finnish-Austrian Orthopaedic Trauma Course

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Hotel Montana, Oberlech, Austria

Faculty:

Ahola Juho-Antti, MD, Helsinki University Hospital, Helsinki, Finland

Bensch Frank, MD, PhD, Helsinki University Hospital, Helsinki, Finland

Bäck Mathias, MD, Pihlajalinna Hospital, Helsinki, Finland

Hirvensalo Eero, MD, PhD, Patient Insurance Center, Helsinki, Finland

Itälä Ari, MD, PhD, Pihlajalinna Hospital, Turku, Finland

Järvinen Teppo, MD, PhD, Helsinki University Hospital, Helsinki, Finland

Kirjavainen Mikko, MD, PhD, Mehiläinen Hospital, Helsinki, Finland

Mykkänen Marko, MD, Pihlajalinna Hospital, Helsinki, Finland

Nyrhinen Kirsi-Maaria, MD, PhD, Helsinki University Hospital, Helsinki, Finland

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Parkkinen Markus, MD, PhD, Pihlajalinna Hospital, Helsinki, Finland

Raitio Arimatias, MD, PhD, Turku University Hospital, Finland

Rämö Lasse, MD, PhD, Helsinki University Hospital, Helsinki, Finland

Schilcher Jörg, MD, PhD, Linköping University Hospital, Linköping, Sweden

Schneider Stefan, MD, OrthoCentrum, Hamburg, Germany

Siironen Jari, MD, PhD, Helsinki University Hospital, Helsinki, Finland

Siren Juuso, MD, Helsinki University Hospital, Helsinki, Finland

Tsekes Dimitrios, MD, MSc, Queen's Hospital, London, UK

Weinberg Annelie, MD, PhD, University of Graz, Graz, Austria

Wieser Karl, MD, Balgrist University Hospital, Zürich, Switzerland

Yli-Kyynty Tero, MD, PhD, Mehiläinen Hospital, Kuopio, Finland

Zilliacus Kaj, MD, Helsinki University Hospital, Helsinki, Finland

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Scientific Program

Saturday, March 21.2006

Travel day

Sunday, March 22, 2026

- 12:00 Registration
- 14:00-18:00 Pre-course work shops and research meetings
- 18:00 Opening ceremony
Welcome
Thomas Ibounig, Chairman
- 18:15 Program details
Organizing committee
- 19:00 Dinner

Monday, March 23, 2026

- 08.00** **SESSION I – Upper extremity**
Chairmen: Ibounig Thomas, Wieser Karl
- 08:00 Management strategies of periprosthetic humeral fractures - Wieser Karl
- 08:20 Development and first experience with novel rotator cuff patch - Wieser Karl
- 08:40 Prevalence of rotator cuff abnormalities in the general population and their clinical relevance - Ibounig Thomas
- 09:00 Upper extremity trials in UK - Tsekas Dimitrios
- 09:20 Arthroscopic subacromial decompression versus placebo surgery for subacromial pain syndrome: 10 year follow-up of the FIMPACT RCT - Bäck Mathias
- 09:40 Treatment of Acromioclavicular joint injuries - Kirsi Nyrhinen

- 10:00 Summary and discussion
- 10:10 Coffee and technical exhibition
- 10.25 SESSION II – Foot and ankle**
Chairmen: Yli-Kyyny Tero, Mykkänen Marko
- 10:25 Midfoot arthritis – Treatment options - Yli-Kyyny Tero
- 10:45 Hallux rigidus (HARD Trial) - Rämö Lasse
- 11:05 Tendon transfers in foot and ankle - Mykkänen Marko
- 11:25 Variations in the incidence of lateral malleolar fracture surgeries? – Rämö Lasse
- 11:45 Summary and discussion
- 12:00 Course photo
- 12.15 Lunch and technical exhibition
- 16.00 Patient injuries – malpractice - Eero Hirvensalo

Tuesday, March 24, 2026

- 08.00 SESSION III – Cartilage defects**
Chairmen: Schneider Stefan, Siren Juuso
- 08:00 How to differentiate acute cartilage defect from degenerative wear? – Bensch Frank
- 08:20 Juvenile OCD - Ahola Juho-Antti
- 08:40 AutoCart at 5 years: sustained cartilage restoration and clinical outcomes - Schneider Stefan
- 09:10 Beyond surgery: ACP as key player in knee joint preservation - Schneider Stefan
- 09:25 Comparison of different cartilage repair techniques - Siren Juuso
- 09:45 Summary and discussion
- 09:50 Coffee and technical exhibition

10.10 SESSION IV – Knee and hip

Chairmen: Itälä Ari, Parkkinen Markus

- 10:10 Arthroscopic partial meniscectomy for a degenerative meniscus tear: 10 year results of the placebo-surgery controlled FIDELITY trial - Järvinen Teppo
- 10:30 Which graft wins at 5 years- Insights form ACL follow-up data Quad vs Semi - Stefan Schneider
- 10:50 ALL – to whom should it be done and how? - Kirjavainen Mikko
- 11:10 Return to Play After ACL Reconstruction – A Surgical Decision, Not a Rehab Goal - Itälä Ari
- 11:30 Atypical femur fractures - Schilcher Jörg
- 11:50 Summary and discussion
- 12.00 Lunch and technical exhibition
- 16.00 Magnesium-Based Resorbable Implants: A New Era in Orthopaedics - Weinberg Annelie
- 16:30 Local Antibiotic Therapy in the Treatment of Infection: Theory, Clinical Evidence, and Case Studies - Rohr Martin /Biocomposites
- 19:00 Course dinner

Wednesday, March 25, 2026

08.00 SESSION V – Trauma

Chairmen: Schilcher Jörg, Oksanen Antti

- 08:00 Pediatric Monteggia fracture - Zilliacus Kaj
- 08:25 Acute compartment syndrome – Schilcher Jörg
- 08:50 Traumatology in hostile environment - Oksanen Antti
- 09:15 Proximal Hamstring avulsion trial - Schilcher Jörg
- 09:40 Summary and discussion
- 09:50 Coffee and technical exhibition

10.10 SESSION VI – Miscellaneous

Chairmen: Raitio Arimatias, Siironen Jari

10:10 Incidental findings in Spinal MRI - Siironen Jari

10:30 Cost-effectiveness of Surgery versus Functional Bracing for Humeral Shaft Fractures
in Adults - Rämö Lasse

10:50 Child abuse and how to deal with it - Raitio Arimatias

11:10 Non-Technical Skills in Healthcare: Origins, Principles, and Benefits (From Patients to
Peaks) - Palojärvi Ville

Finnish-Austrian Orthopaedic Trauma Meetings: Schruns 1981, Bad Hofgastein 1983, Oberlech
1985, Ischgl 1987, Oberlech 1989, Obergurgl 1991, Obergurgl 1993, Oberlech 1995, Ischgl 1997,
Ischgl 1999, Oberlech 2001, Oberlech 2003, Obertauern 2005, Serfaus 2007, Oberlech 2009,
Zauchensee 2011, Oberlech 2013, Oberlech 2015, Oberlech 2017, Leogang 2019, Oberlech 2022,
Zürs 2024