

ELBOW ARTHROSCOPY COURSE FINLAND, 2.-3.2.2023

TAMPERE UNIVERSITY HOSPITAL, TAMPERE, FINLAND

DAY 1, LECTURES – Thursday 2.2.2023

20 min presentation + 5 min discussion

- 8.00 – 8.45** Registration and coffee
- 8.45 – 9.00** Welcome words, **Antti Launonen, Finland**
- 9.00 – 9.25** Basics of elbow arthroscopy, **Raul Barco, Spain**
- 9.25 – 9.50** Scientific evidence of elbow arthroscopy, **Paolo Arrigoni, Italy**
- 9.50 – 10.15** Loose bodies and synovial osteochondromatosis,
Jouni Havulinna, Finland
- 10.15 – 10.40** Arthroscopic tennis elbow release, **Margit Karelson, Finland**
- 10.40 – 11.05** Synovial plicae of the elbow (posterolateral, lateral
and anterior), **Tuomas Lähdeoja, Finland**
- 11.05 – 11.30** Degenerative elbow and arthroscopic osteocapsular
debridement, **Sondre Hassellund, Norway**
- 11.30 – 12.30** **LUNCH**
- 12.30 – 12.55** Posttraumatic contracture, **Vesa Savolainen, Finland**
- 12.55 – 13.20** OCD, **Sondre Hassellund, Norway**
- 13.20 – 13.45** Synovectomy of rheumatoid elbow and radial head excision,
Adam Watts, UK
- 13.45 – 14.10** Arthroscopic evaluation of chronic elbow instability,
Paolo Arrigoni, Italy
- 14.10 – 14.15** Summary
- 14.15 – 14.45** **COFFEE**

- 14.45 – 15.10** Elbow arthroscopy in sports related conditions,
[Toni Luukkala, Finland](#)
- 15.10 – 15.35** Arthroscopic assisted repair of acute elbow trauma,
[Adam Watts, UK](#)
- 15.35 – 16.00** Endoscopic distal biceps debridement / repair, [Raul Barco, Spain](#)
- 16.00 – 16.05** Summary

18.30 DINNER

DAY 2, CADAVERIC LABORATORY – Friday 3.2.2023

- 8.30 – 9.00** Instructions and dressing up
- 9.00 – 9.15** Basic setup and anterior joint procedures demo, [Raul Barco](#) (video)
- 9.15 – 10.00** Cad work with faculty
- 10.00 – 10.15** Osteoarthritis debridement and OCD demo, [Sondre Hassellund](#) (video)
- 10.15 – 11.30** Cad work with faculty

11.30 – 12.30 LUNCH

- 12.30 – 12.45** Posterior joint procedures and instability assessment demo,
[Paolo Arrigoni](#) (video)
- 12.45 – 13.30** Cad work with faculty
- 13.30 – 13.45** Radial head resection and trauma repair demo, [Adam Watts](#) (video)
- 13.45 – 15.00** Cad work with faculty
- 15.00 – 15.30** Conclusion
- 15.30** Adjourn

