

# *Foot & Ankle Congress*

## *Naantali 15.-16.6. 2007*

### *Friday 15.6. 2007*

8.00 Opening of the Foot and Ankle Congress  
Jouko Alanen (Turku, Finland)

**Session I ADULT ACQUIRED FLATFOOT DEFORMITY (AAFD)**  
Chairpersons: Tero Klemola (Oulu, Finland), Seppo Anttila (Kuopio, Finland)

8.10–8.40 Etiology and Biomechanics in adult acquired flatfoot deformity  
Dr. Harold B. Kitaoka, Mayo Clinic, Rochester  
Discussion

8.50–9.05 Lateral column lengthening procedures in AAFD  
Dr. Tero Klemola, Oulu University Hospital

9.05–9.20 Medializing calcaneal osteotomy in AAFD  
Dr. Heikki-Jussi Laine, Tampere University Hospital  
Discussion

9.30–9.45 Arthrodesis in AAFD  
Dr. Heikki Mäenpää, Tampere University Hospital

9.45–10.00 Is there role for Arthroereisis in AAFD?  
Dr. Jouko Alanen, Turku University Hospital  
Discussion

***Coffee break***  
***Exhibition***

10.40–10.55 Soft tissue procedures in AAFD – Is medial tendon transfer enough?  
Dr. Marko Mykkänen, Mehiläinen Clinic, Helsinki

10.55–11.10 Achilles lengthening and Gastrocnemius recession in AAFD: When?, How to choose?, Percutaneous or Open?  
Dr. Katri Ahonen, Jyväskylä Central Hospital

11.10–11.45 “Mayo Clinic –way” to do this all  
Dr. Harold B. Kitaoka, Mayo Clinic, Rochester  
Discussion

***The buses will depart to Turku at 12.45 pm.***  
***Steamship s/s Ukkopekka will depart at 13.45 pm. and take us to Herrankukkaro.***  
***Lunch will be served on board.***  
***Congress will continue in Herrankukkaro fisherman’s village, Rymättylä.***

**Session II**  
**CASE PRESENTATIONS IN AAFD**  
Chairpersons: Heikki Mäenpää (Tampere, Finland), Jouko Alanen (Turku, Finland)

16.30 – 18.00 - complications follow us everywhere  
- what could I have done otherwise ?  
- future in AAFD

18.00–20.00 It is possible to experience the atmosphere of a traditional Finnish smoke-sauna and relax in warm water barrels.

20.30–23.00 Dinner will be served in Herrankukkaro.

24.00 The buses will depart to the Naantali Spa Hotel and Turku.

## *Saturday 16.6. 2007*

### **Session III CAVUS FOOT**

Chairpersons: Heikki-Jussi Laine (Tampere, Finland), Helka Kurikka (Turku, Finland)

8.30–9.00	Etiology and Biomechanics in cavus foot Dr. Harold B. Kitaoka, Mayo Clinic, Rochester Discussion	10.10–10.25	Tendon transfers in cavus foot Dr. Tero Klemola, Oulu University Hospital
9.10–9.25	Calcaneal osteotomies in cavus foot Dr. Patrice Diebold, France	10.25–10.40	Ligament reconstructions in cavus foot Dr. Jouko Alanen, Turku University Hospital
9.25–9.40	Metatarsal and midtarsal osteotomies in cavus foot Dr. Patrice Diebold, France Discussion <i>Coffee break</i> <i>Exhibition</i>	10.40–10.55	Arthrodesis in cavus foot Dr. Marko Mykkänen, Mehiläinen Clinic, Helsinki
		10.55–11.25	“Mayo Clinic –way” to treat cavus foot Dr. Harold B. Kitaoka, Mayo Clinic, Rochester Discussion <i>Lunch</i> <i>Exhibition</i>

### **Session IV FOREFOOT RECONSTRUCTIONS**

Chairpersons: Marko Mykkänen (Helsinki, Finland), Katri Ahonen (Jyväskylä, Finland)

13.00–13.30	Biomechanics in forefoot problems Dr. Seppo Anttila, Ortis Clinic, Kuopio	14.00–14.15	Treatment algorithm in lesser toe deformities Dr. Seppo Anttila, Ortis Clinic, Kuopio
13.30–13.45	Treatment algorithm in Hallux valgus Dr. Markus Torkki, Dextra Medical Center, Helsinki	14.15–14.30	Metatarsalgia – different osteotomy options Dr. Heikki-Jussi Laine, Tampere University Hospital Discussion <i>Coffee break</i> <i>Exhibition</i>
13.45–14.00	Treatment algorithm in Hallux rigidus Dr. Helka Kurikka, Turku University Hospital		

### **Session V FEW DIFFICULT CASES IN FOOT & ANKLE SURGERY**

Chairpersons: Markus Torkki (Helsinki, Finland), Jouko Alanen (Turku, Finland)

15.00–16.30 Closure of Congress