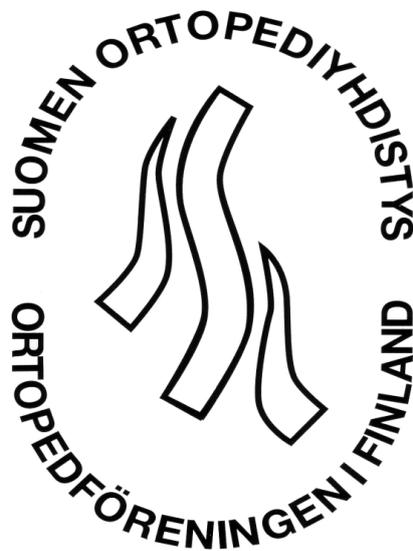


XXII Finnish-Austrian Orthopaedic Trauma Course

16.-20.1.2024

Hotel Zürserhof, Zürs, Austria



Organizing Committee

Markus Parkkinen, Chairman

Thomas Ibounig

Jörg Schilcher

FINNISH ORTHOPAEDIC ASSOCIATION

Established 1951

XXII Finnish-Austrian Orthopaedic Trauma Course

16.-20.1.2024

Hotel Zürserhof, Zürs, Austria

Faculty:

Kati Bianchi, MD, Helsinki University Hospital, Helsinki, Finland

Florian Grubhofer, MD, Priv-Doz., Balgrist University Hospital, Switzerland

Mikko Hautamäki, MD, PhD, Pihlajalinna Hospital, Helsinki, Finland

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Olli Komulainen, MD, Helsinki University Hospital, Helsinki, Finland

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Jörg Schilcher, MD, Prof., Linköping University Hospital, Linköping, Sweden

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Petri Sillanpää, MD, PhD, Pihlajalinna Hospital, Tampere, Finland

Juuso Siren, MD, Helsinki University Hospital, Helsinki, Finland

Sikri Tukiainen, MD, Mehiläinen Hospital, Helsinki, Finland

Dimitrios Tsekas, MD, MSc, Queen's Hospital, London, UK

Jarkko Vasenius, MD, PhD, Pihlajalinna Hospital, Helsinki, Finland

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Scientific Program

Tuesday, January 16, 2024

21:00 Registration

Wednesday, January 17, 2024

08.00 SESSION I – Upper extremity

Chairmen: Thomas Ibounig and Florian Grubhofer

08:00 Rotator cuff I: Repairable rotator cuff tears – Mini-Battle

- 10' The Swiss (Austrian) way: Don't despair, repair! – Florian Grubhofer
- 10' The Finnish (Austrian) way: Could be worse, conserve! – Thomas Ibounig
- 10' Meltdown/Battle

08:30 Rotator Cuff II: Irreparable rotator cuff tears – The Balgrist way
Florian Grubhofer (20' + 5' discussion)

08:55 The Greater tuberosity: a small piece of bone with great importance in fracture
shoulder arthroplasty – Florian Grubhofer (20' + 5' discussion)

09:20 UK PROFHER (PROximal Fracture of the humerus: Evaluation by randomization) Trials
1.0 and 2.0: a friend or foe for clinical decision making – Dimitrios Tsekas

09:40 Elbow osteoarthritis – Indications for arthroscopy - Kim Jansson

09:55 Summary and discussion

10:05 Coffee and technical exhibition

10.25 SESSION II – Foot and ankle

Chairmen: Oliver Michelsson and Mikko Hautamäki

- 10:25 Accessory bones of the foot – problems? - Hautamäki Mikko
- 10:40 Gastrocnemius release, science or cult? – Oliver Michelsson
- 10:55 Foot and Ankle arthroscopies: How and when – Hanna Liikanen
- 11:10 Lisfranc injuries - diagnosis and treatment – Martijn Poeze
- 11:30 Chopart injuries - diagnosis and treatment – Martijn Poeze
- 11:50 Summary and discussion
- 12.00 Lunch and technical exhibition
- 16.00 Patient injuries – malpractice - Eero Hirvensalo
- Case presentation's part 1
- 18:00 Opening ceremony
 Welcome
 Markus Parkkinen, Chairman
- 18:15 Program details
 Thomas Ibounig, Organizing committee
- 19:30 Dinner

Thursday, January 18, 2024

08.00 SESSION III –Trauma

Chairmen Jörg Schilcher and Arimatias Rautio

- 08:00 Periprosthetic hip fractures - Serguei Korol
- 08:20 Pediatric fractures for dummies – Arimatias Raitio
- 08:40 Proximal Hamstring avulsion trial – preliminary results - Jörg Schilcher
- 09:00 Patellar and Quadriceps tendon ruptures - Juuso Sirén

09:20 Soft tissue reconstruction in open ankle fractures - Juutilainen Vesa

09:40 Summary and discussion

09:50 Coffee and technical exhibition

10.10 SESSION IV – Knee

Chairmen Petri Sillanpää and Michael Liebensteiner

10:10 Treatment of PCL injuries - Kirjavainen Mikko

10:30 Graft choice in ACL reconstructions - Jouni Heikkilä

10:50 Fresh osteochondral allograft transplantation - Michael Liebensteiner

11:10 Treatment of patellofemoral arthrosis - Petri Sillanpää

11:30 Osteotomies in patellofemoral instability - Michael Liebensteiner

11:50 Summary and discussion

12.00 Lunch and technical exhibition

16.00 Experiences from an IOC team physician – Sikri Tukiainen

Case presentation's part 2

Friday, January 19, 2024

08.00 SESSION V - Arthroplasty

Chairmen Jörg Schilcher and Kaisa Lehtimäki

08:00 Glenohumeral prosthesis - Kaisa Lehtimäki

08:20 Treatment of tibia condyle fractures with prosthesis - Olli Komulainen

08:40 ImpAct - Improved acetabular cup fixation using multiplanar screws – Jörg Schilcher

09:20 Ankle prosthesis – Oliver Michelsson

09:40 Summary and discussion

09:50 Coffee and technical exhibition

10.10 SESSION VI - Miscellaneous

Chairmen Sikri Tukiainen and Jari Siironen

10:10 The degenerative cervical spine – Current treatment concepts - Jari Siironen

10:30 Spondylolysis in adolescents – Kati Bianchi

10:50 Women and Orthopedics – Sikri Tukiainen

11:10 Clinical examination of the injured wrist – Jarkko Vasenius

11:30 Biodegradable Materials in Orthopaedics – Arimatias Raitio

16:00 Discussion in groups

18:00 End of the course

19:00 Course dinner

Saturday, January 20, 2024

Travel day

Finnish-Austrian Orthopaedic Trauma Meetings: Schruns 1981, Bad Hofgastein 1983, Oberlech 1985, Ischgl 1987, Oberlech 1989, Obergurgl 1991, Obergurgl 1993, Oberlech 1995, Ischgl 1997, Ischgl 1999, Oberlech 2001, Oberlech 2003, Obertauern 2005, Serfaus 2007, Oberlech 2009, Zauchensee 2011, Oberlech 2013, Oberlech 2015, Oberlech 2017, Leogang 2019, Oberlech 2022