

Bulletin 1 Open Nordic Military Orienteering Championship

22.-23.9.2026

GUIDANCE TO COMPETITION CENTRE

The competition centre is located in Heposaarentie 44, 54330 Simola Lappeenranta.

Guidance begins from the road junction between Road No. 387 (Vaalimaantie) and 388 (Rikkiläntie, Simola, Vainikkala). The driving time from the signs to the competition centre is about 10 min.

Guidance to Model Event from the road junction between Road 387 and 388 to 1,7 km along Vaalimaantie to north. **Address of Model Event: Vaalimaantie 1347, Lappeenranta.**

COMPETITION RULES

Competition rules as well as directives for Finnish Championships of the Finnish Orienteering Federation (FOF), General Regulations Governing Military Championships in the Nordic framework, Regulations Governing Military in Championships in the Nordic framework, Rules of CISM 2020, guidelines of the International Orienteering Federation and instructions given by the organizers shall be followed.

The bulletin on the website at the start of the competition is final.

INDIVIDUAL COMPETITION 22.9.2026:

Category	Distance	Controls	Scale	Map size
M21	8,1	20	1:10 000	A3
W21	5,7	12	1:10 000	A3
Miehet varusmiehet	5,5	13	1:10 000	A3
Naiset varusmiehet	3,5	8	1:10 000	A3
Miehet 35	6,0	14	1:10 000	A3
Miehet 45	4,4	10	1:7 500	A3
Miehet 50	4,0	10	1:7 500	A3
Miehet 55	3,9	9	1:7 500	A3
Naiset 45	3,8	9	1:7 500	A3

TERRAIN TYPE

The competition terrain consists of typical forest found in southeastern Finland. Runnability varies: the hilltops feature areas of bare rock and allow for fast running, whereas the terrain between the hills is generally slower. Several forest roads cut across the area.

COMPETITION NUMBERS AND EMIT CONTROL SLIPS

Competition bibs will be available at the competition centre. The bibs will be organized by class in folders. Remember to take your number to the start. There are safety pins in the competition centre. Competitors are responsible for collecting and attaching their own bib. Emit Control Slips are available at the start.

Control descriptions are printed on the map. Separate control descriptions are available at the start. No holders or fastening materials for control descriptions will be provided.

Rental Emit cards are available at info in the competition centre. A rental card is reserved for competitors who have not entered an Emit card number at the time of registration. The competitors are responsible for using the Emit card marked on the start list. Rental Emit card will be returned to the Info after competition. Test your Emit card in the competition centre.

START LISTS

The start lists will be available on the event website, on the competition day at the competition centre in Info and at the start.

MAP

Mapping by Ari Torniainen in 2026. contour interval 5 m. Map scale 1:10 000. Map size A3, sealed in a plastic cover. An old map of the area (from 1985) is published on the event website. Map used in the competition will be shown in the competition centre at info and it will be removed at the beginning of competition at 11:00.

FORBIDDEN AREAS

Forbidden areas are marked on the map. Areas shown on the map with a continuous boundary line are also marked in the terrain with plastic tape.

CONTROLS AND PUNCHING SYSTEM

Emit punching system is used. Model control will be at the competition centre

QUARANTINE

There is no quarantine area in the competition.

START

There will be only one start in the competition.

First start in the Nordic Championship at 11.00. First start in the Finnish championship at 12.00.

The distance from the competition centre to the start is 750 m.

The marked route follows the road to the start. You must not stray from the marked route (on the road) leading to the start. Remember to also allow time to pick up the GPS device. There are good opportunities for warm-up near the start.

Start procedure:

- 5 min; Competitors are called by name to the start corridor 5 min before the start.
- 4 min; Competition number check
- 3 min; Emit clear
- 2 min; Control descriptions
- 1 min; Map buckets, where the competitor waits for the start moment

The map can be taken at the start moment. The competitor is responsible for taking the correct map.

Late-arriving competitors must report to the start officials. The start will close 5 minutes after the last scheduled start time listed for that start in the start list.

Emit check slips will be available at the start.

There is no equipment transport service from the start to the competition centre.

GPS TRACKING

All athletes in the Open Nordic Military Orienteering Championship use a GPS device. GPS tracking is mandatory. Refusal to use the tracking device will result in disqualification. GPS devices and vests will be distributed in the quarantine area. Competitors are responsible for returning the GPS devices after the race.

GPS tracking will be made available to the public tulospalvelu.fi/gps at 14.00. A link to the GPS tracking is available on the competition website. It is strictly prohibited (under penalty of sanctions) for support personnel and competitors to share information about the courses with competitors who have not yet started. Viewing the GPS tracking before a competitor's own run is also prohibited and carries the risk of disqualification.

REFRESHMENT POINTS

There is one water refreshment control which is marked in the control descriptions. There is water served at the start. You may bring your own drinks to the start or carry them with you during the race. Do not discard used gel packets or drink bottles in the forest. A trash bag will be available at the start where you can leave items such as extra water bottles and used gel packets.

There is no running water at the competition centre. Please bring enough water of your own!

LAST CONTROL AND FINISH

All classes have the same last control. All competitors run to the same finish. The finish uses a finish punch from where you continue to the emit check-out. The finish line closes at 17.00.

NOT FINISHING

Competitors not finishing the course must present themselves at the finish.

RETURN OF MAPS

Maps will be collected at the finish, and their return will begin after the last start time listed on the start list.

DRESSING, SHOWER AND TOILETS

There is no shower in the competition centre. Covered changing facilities are available only to a limited extent. Toilets are available both at the competition center

RESULTS AND PRIZE GIVING CEREMONIES

Results will appear in the online result services as the competition progresses. Official results, confirmed by the signature and timestamp of the competition leader or competition supervisor, will be posted on the results board at the competition centre and simultaneously published on the event website. A protest period begins upon the publication of the official results. Official results and split times will also be available on the website after the competition. Prizes will be awarded at the competition center, as announced, once the results have been confirmed.

PARKING

Parking is available along the roadside. Please follow the instructions given by the parking attendants. The distance from the parking area to the competition center is a maximum of 600 meters.

CAFE

There is a military canteen tent on the site (only on Tuesday).

FIRST AID

A first aid station is located at the competition center. In accordance with the sport's rules, every competitor is required to assist an injured fellow competitor.

INFO

Queries regarding start lists and results are handled at the Info. Matters concerning Emit cards are also handled at the Info.

LOST AND FOUND

Please hand in any found items at the Info, where inquiries can be made during the competition. Items will be returned upon verification of identifying details. After the competition, inquiries regarding lost items can be made by calling 0299460742 (Tuomas Pakkanen).

NORDIC CHAMPIONSHIP RELAY 23.9.2026:

Category	Distance	Controls	Scale	Map size
Men	6,0	14	1:10 000	A4
Women	4,5	12	1:10 000	A4

SUBMISSION OF TEAM RUNNING ORDERS

Team running orders, including Emit numbers, must be submitted by 22.9. at 18.00 to leevi.hovatov@gmail.com or in writing to the Info at the competition centre on Tuesday 22.9.

START

The start for the first leg of the men's class is at 10:00. The start for the first leg of the women's class is at 10:10.

Competitors for the first leg are called to the start area 10 minutes before the start. Maps are handed to the competitors 3 minutes before the start; looking at the map before the start signal is prohibited. The start takes place upon the announcer's signal. From the start, competitors must follow the marked route to the Start point. A potential re-start (for competitors who have not yet started their leg) is scheduled for 11:30

CHANGEOVER

The competitor from the first leg arrives at the changing area after passing the last control and the finish punch, proceeds to the exchange barrier, and hands the map corresponding to their team's number—taken from the map rack—to the second-leg runner. The departing competitor must verify that they have the map corresponding to their own number.

FINISH

Competitors reach the finish via the last control and the finish punch. The finish line is located just before the finish punch. If necessary, the finishing order is determined by the finish judge.

Heikki Pusa serves as the finish judge.

MAP

Map scale is 1:10 000. The contour interval is 5 m. Map size A4, sealed in a plastic cover. Maps are collected at the changeover/finish and returned after any potential restart.

CONTROL DESCRIPTIONS

Control descriptions are only printed on the map

GPS TRACKING

All competitors in the relay will use GPS tracking. The devices will be distributed at the competition centre starting at 9:30; please allow sufficient time to attach the device. The link to the GPS tracking will go live at 11:00. The same rules and regulations apply to the GPS tracking as in the individual competition.

OFFICIALS FOR THE INDIVIDUAL AND RELAY COMPETITION

Organizers: Army Academy / Lappeen Riento ry.

Event director Ari Torniainen 050 5120422

Deputy event director Veijo Pusa 0400 154818

Event Adviser Heikki Nousiainen

Course Setter Atte Nokka

Result Service Leevi Hovaton 045 2768863

Speaker Mikko Reitti

Competition centre and traffic control Veijo Pusa 0400 154818

Start Kari-Veli Niemi

First Aid Petri Välimetsä

Jury:

Representative of PE Jouni Ilomäki

Representative of the organizers Samuli Kontinen

A representative for the competing teams will be named later.

Event Adviser (no voting rights) Heikki Nousiainen

Secretary (no voting rights) Petri Välimetsä